

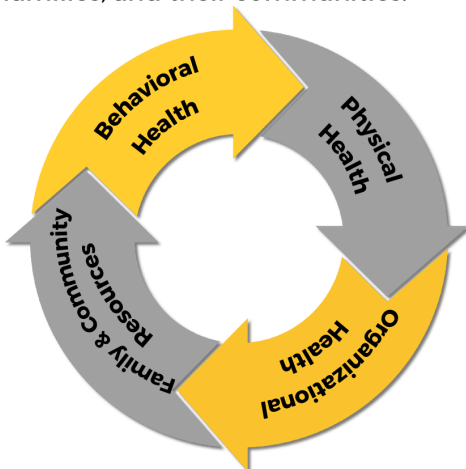


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The **Center for the Advancement of Military and Emergency Services Research (AMES Research)** at Kennesaw State University leads the development of solutions to complex occupational and behavioral health concerns that negatively impact military and emergency services personnel, their families, and the communities in which they live. We use cutting-edge, multidisciplinary scientific expertise to design and execute tailorable, scalable, and culturally aligned research. Our mission is that the AMES Research Center will be the nexus for translational military and emergency services health and wellness research implementation in the state of Georgia.

### Our Expertise

The KSU AMES Research Center utilizes interdisciplinary research by professionals who develop, refine, and test appropriate research-informed solutions to complex occupational and behavioral health concerns that are unique to military and emergency services personnel, their families, and their communities.



### The AMES Center specializes in:

- **Behavioral Health** - Understanding how behaviors affect physical and mental health and identifying mechanisms for the promotion of mental health, resilience, and well-being.
- **Physical Health** - Identifying factors to preserve and enhance physiological functioning while maintaining optimal health and performance in stressful circumstances.
- **Organizational Health** - Assesses, designs, and implement practices to improve individuals, teams, and organizational effectiveness through the prevention of stress and promotion of safety, health, and well-being.
- **Family and Community Resources** - Identify and provide support and resources based on the needs and interests of families, while developing strong communities of support for military and emergency services personnel.

### The AMES Center offers:

<b>Assessment</b>	<b>Interventions</b>	<b>Training &amp; Capacity building</b>	<b>Research Design &amp; Evaluation</b>
Design and implement tailored assessments to understand the needs, challenges, and available resources of individuals, teams, and organizations.	Provide evidence-based and population-appropriate programs and interventions to promote and increase health, resilience, well-being, and performance.	Provide strategies for helping individuals and organizations to develop and strengthen their skills and resources to advance their mission effectively and efficiently.	Conduct rigorous and tailored evaluations of existing services and programs to support continuous improvement while increasing the impact of services.

Kennesaw State University (KSU) is a member of the University System of Georgia and the third-largest university in the state. A leader in innovative teaching and learning, KSU offers undergraduate, graduate, and doctoral degrees to its nearly 43,000 students. The university's vibrant campus culture, diverse population, strong global ties, and entrepreneurial spirit draw students from throughout the region and from 126 countries across the globe. Kennesaw State is a Carnegie-designated doctoral research institution (R2), placing it among an elite group of only 6 percent of U.S. colleges and universities with an R1 or R2 status. With 11 colleges on two metro Atlanta campuses, KSU provides extensive and expansive expertise to deliver solutions to the major challenges in our community.

