



# AMES IN ACTION

## APRIL 2024



### PROMOTING RESEARCH ON PUBLIC SAFETY WELLNESS



#### WHAT DID AMES DO?

The AMES Clinical Core, including Dr. Bianca Channer, Katherine Moore, and Phaina Dubuisson, recently presented at KSU's Wellstar College of Health and Human Services 2024 Research and Engagement Day. Their presentation focused on summarizing the AMES Model for conducting Organizational Health Assessments to promote wellness among public safety personnel.

#### HOW DOES THIS APPLY TO THE MILITARY, VETERANS, EMERGENCY SERVICES, AND/OR THE COMMUNITY?

Promoting wellness within public safety workplaces requires an approach that is tailored to the specific job stressors and culture of emergency services. The AMES Model uses Organizational Health Assessments to determine priorities for each agency and to deliver behavioral health trainings that are customized to their needs, their workplace, and work experiences.

#### HOW CAN YOU APPLY THIS INFORMATION?



##### COLLABORATE FOR TAILORED SERVICES

Using an anonymous survey like an Organizational Health Assessment is a great way to determine the needs and priorities of employees. Contact AMES if you'd be interested in partnering on an Organizational Health Assessment or tailored behavioral health trainings in your agency.



##### USE YOUR VOICE

The AMES Model emphasizes gathering the opinions of public safety employees to offer options for the order of trainings. If you are a public safety employee, don't be afraid to speak up about wellness topics that would interest you. This could help leadership or coordinators prioritize wellness options and offerings.