

Drug-Free Schools and Communities Biennial Review

Academic Years 2020-2021 & 2021-2022

Primary Authors:

Lindsay Montgomery, Alcohol and Other Drug Program Manager

Complied by: The Drug Free Schools and Communities Act Review Committee

Primary Office Overseeing Biennial Review: Student Affairs and the Center for Young Adult Addiction and Recovery

Presidential Acknowledgement

I, Kathy Schwaig, Ph.D., President of Kennesaw State University, have reviewed and approve this Biennial Review report for the Academic Years 2020-2022 in compliance with the Drug-Free Schools and Communities Act.

Signature

2027

Date



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Statement of Alcohol and Other Drug (AOD) Program Goals Academic Years 2020 – 2021 & 2021 - 2022

- I. To establish, communicate, and maintain accountability to clear AOD policies for the campus community (students, faculty, and staff) in order to promote an educational environment free from alcohol misuse and other drug use.
- II. To develop and disseminate educational information for members of the campus community regarding alcohol and other drug issues in a collegiate environment for the purpose of preventing alcohol misuse and other drug use.
- III. To make available counseling, treatment, and outside referrals to assist members of the campus community in addressing AOD-related issues.
- IV. To implement campus policies, standards, and activities that promote and reinforce health, responsible living, respect for community, and holistic well-being of the members of the campus community.
- V. To work towards these goals in a purposeful manner with planning, record keeping, and assessment coordinated by one central office charged with this responsibility.

Effective October 1, 2014, the Board of Regents of the University System of Georgia adopted a system-wide tobacco and smoke-free campus policy. In support of that policy, Kennesaw State University created the "Breathe Easy" campaign and a dedicated taskforce to focus on policy implementation, enforcement, and education. For more information on the smoke/tobacco-free efforts of the "Breathe Easy" campaign, visit <u>http://smokefree.kennesaw.edu/</u>.

Statement of AOD Program Accomplishments Academic Years 2020 – 2021 & 2021 – 2022

- I. New AOD Education Efforts for Students
 - A. In past years, KSU has required new students to complete online training regarding sexual misconduct and Title IX issues. This online training included some information on AOD issues. After consultation and cooperation with the KSU Office of Institutional Equity, KSU will make available to all new students both a new Title IX and a separate AOD online training program during their first semester. Representatives from Center for Young Adult Addiction and Recovery (CYAAR) and the Office of Institutional Equity comprise the strategic planning team for this online education.
 - B. Department of Fraternity and Sorority Life (FSL) New AOD Programming Efforts
 - During 2021 and 2022 Greek Weeks, organizations/participating teams were asked to host a social "dry event" with the organizations on their teams, an initiative created in 2018.
 - In September of 2021, FSL hosted a campus-wide event entitled, Turning Tragedy into Progress, where the parents of an individual from Louisiana State University who had lost their lives due to hazing spoke. During their keynote, they discussed the role of alcohol and other drugs as it relates to hazing incidents.
 - Hosted a retreat for the chapter presidents and council executive board members in December 2020 and January 2021. During the retreat, several areas of alcohol standards were addressed including risk management and alcohol-free recruitment and new member programs.
 - Continue to host New Member Symposiums for both the Interfraternity Council (IFC) and the College Panhellenic Council (CPC) (separate events) that included mandatory education sessions for all new members, including sessions on alcohol and other drug awareness. In Fall 2020, 351 new members attended the symposium. In Spring 2021, 89 IFC new members attended the symposium. In Fall 2021, 385 CPC new members attended the symposium.
 - The Center for Young Adult Addiction and Recovery is one of the campus resources assisting with building an in-house Risk Management Training for FSL new members. The training will be piloted in August 2022 with over 250 new members and will cover topics related to student wellness, safety, alcohol and other drugs, and bystander intervention.

- Continue to implement a Chapter Accreditation Program (CAP) for all organizations to complete on an annual basis. CAP requires that all 34 organizations participate in at least one alcohol awareness program each year as well as hosting at least one alcohol-free (dry) event. Over 100 alcohol-free events were reported for the 2021 year.
- Host monthly meetings with the Leadership Team, comprised of chapter presidents and governing council executive board members, where risk management topics, including alcohol and other drug awareness, is incorporated into each meeting.
- C. Department of Housing and Residence Life New AOD Education Efforts
 - Housing and Residence Life performed a benchmarking survey in spring 2019 to identify residential student satisfaction and learning outcomes that included questions about residential student alcohol and drug use. Based on residents' responses, a new survey is being developed to better capture students' awareness and engagement around alcohol education.
 - A new residential curriculum was created for the 2020-2021 academic year to enhance residential student learning based on data collected during the spring 2019 benchmarking survey. The curriculum revised the department's historic approach to programming by developing four (4) learning goals and associated outcomes and strategies for residential students that focus on self-discovery, life skills, community, and social awareness. This curricular approach will be continuously enhanced to include emphasis on topics such as alcohol and drug education using data from semi-annual benchmarking surveys to inform future approaches.
- D. New AOD Efforts from Health Promotion and Wellness
 - 21st Birthday Card: A 21st birthday card program was offered to reduce risky drinking and behaviors often associated with these celebrations. The card informed and encouraged students to consider protective strategies such as planning a safe way to get home, eating a meal before going out, pacing drinks to no more than one drink per hour, designate a sober friend to keep everyone safe and intervene if necessary, and to call 911 if someone needs help.
 - Social Norming Campaign: The social norming campaign used data from Kennesaw State University's 2020 American College Health Association's National College Health Assessment and promoted healthy and responsible choices when it comes to alcohol use and traffic safety issues among students.

- 1) Posters were created and hung in student common areas such as lobbies, meeting rooms, elevators, bathrooms, and residential apartments, etc.
- 2) Card inserts were printed and placed in napkin dispensers in various dining areas on campus.
- 3) Padfolios were distributed as a part of the classroom alcohol education presentations. The padfolio front, inside, and back covers contain alcohol safety tips and social norming statistics to reinforce the message that most students at KSU make responsible decisions regarding alcohol consumption and driving. The padfolios also served as a tool for students during the alcohol education presentations to take notes.
- 4) Stickers were designed promoting the message that 9 out of 10 KSU students choose not to drink and drive. Stickers were a better choice than brochures because students are likely to post them in a visible location, such as their laptops, whereas a brochure could be easily misplaced or trashed. This item was only distributed to students attending alcohol education programs and events.
- 5) Whiteboards with social norms messaging were placed on each on-campus apartments' refrigerator so students are exposed frequently to the message that most KSU students make responsible decisions regarding alcohol consumption and driving. As with the sticker, the whiteboard was likely kept and placed in a highly visible location. Phone numbers for campus resources such as the University Police Department were also included.
- Wellness coaching was provided by Wellness Peer Mentors to help students plan for nicotine cessation from smoking, vaping, or spit tobacco. Mentors helped students prepare to cope with stress, urges to use nicotine, and other issues faced when trying to quit.
- E. New Funding Efforts for AOD Programs

During the period covered by the Biennial Review, the Division of Student Affairs piloted and funded an At-Risk Program for KSU Students. The program was created in light of increasing mental health and substance use problems identified in the general college population and the more than 87,000 American deaths caused by drug overdoses over the 12-month period ending in September 2020 (CDC 2020). The project was successful and continues to be funded by the Division of Student Affairs.

II. Availability of AOD Policies

In addition to the required annual distribution, the KSU AOD policy is posted on the "Policy at KSU" website. The KSU University handbook, as well as the employee and student handbooks are available online and include links to campus AOD policies. The student code of conduct (including AOD policies) is available online and there are links to the AOD policies in all university catalogs. The residential code of conduct, which is a section of the student code of conduct, is available to every student and identifies detailed policies about AOD in residential areas.

III. Division of Student Affairs AOD Strategic Initiatives

- A. Wellbeing@KSU was developed in response to the identified need for cohesive health and well-being efforts. This initiative helps to bridge the efforts of Counseling and Psychological Services (CPS), the Center for Young Adult Addiction and Recovery (CYAAR), Health Promotion and Wellness (HPW), and Sports and Recreation, along with other wellness-related initiatives. Wellbeing@KSU helps to coordinate events and ensures consistent messaging across departments as part of a positive social norming effort on campus.
- B. The Counseling and Psychological Services (CPS) Department has seventeen professional counselors available to work with students who have mental health and substance use concerns. CPS case managers maintain a list of referral agencies for off-campus assistance with AOD concerns and refers to the CYAAR when such assistance is more appropriate.
- C. The CYAAR provides a centralized office for AOD education and addiction prevention programs through outreach to high-risk populations, invitation by faculty and staff, as well as through individual counseling. The Center for Young Adult Addiction and Recovery has licensed professional counselors and provides screening, brief intervention, and referral to treatment.
- D. In 2020 The Center for Young Adult Addiction and Recovery added additional recovery supports, 12-step meetings, All-Recovery meetings, SMART Recovery and mutual aid support for eating disorders in addition to the existing meetings and supports that were already in place.
- E. CYAAR has developed population-specific AOD education for Fraternity and Sorority Life and Athletics by request or referral.
- F. CYAAR has received four \$500 stipends from the Georgia Prevention Project as part of the College Prevention Program initiative that focuses on prescription drug

misuse prevention on campus. These stipends have been used to provide collaborative AOD education and assessment with HPW.

IV. Mental Health Initiative (MHI)

In response to the University System of Georgia (USG) appointing a Mental Health Taskforce and prioritizing the mental health needs of students, KSU organized a comprehensive and collaborative committee deemed the Mental Health Initiative. This group works to ensure comprehensive mental health resources, creates widespread awareness campaigns, and advises various units within the university on policies related to mental and behavioral health.

- A. The Jed Foundation provides campus consultations to increase mental and behavioral health resources and decrease risk factors. As part of KSU's effort to support student wellbeing, the MHI partnered with the Jed Foundation to complete a comprehensive campus survey and develop a strategic plan for mental and behavioral health support.
- B. Christie Campus Health provides 24/7 access to digital mental health resources, including preventative applications, tele-mental health supports, and referrals to care. As part of the USG Mental Health Taskforce, KSU was granted access to Christie Campus Health resources to expand the university's capacity to support student wellbeing.
- C. Question Persuade and Referral (QPR) and Mental Health First Aid trainings were made available to all KSU faculty, staff, and students through the MHI. QPR training is a 1-hour course on how to engage and support someone who has expressed suicidal ideation or is exhibiting signs of mental distress. This training is primarily designed as a suicide prevention measure, but also increases general awareness about campus health and wellbeing resources. Mental Health First Aid is an 8-hour course that provides participants with the tools and skills to identify mental and behavioral health concerns and provide temporary support while connecting individuals with appropriate care.
- V. New AOD Staff Positions
 - A. In August 2021, Health Promotion and Wellness (HPW) added a Program Coordinator position to help expand wellness efforts. This position primarily supervises the Wellness Peer Mentors and their related efforts and activities, including awareness events and positive social norming campaigns.
 - B. In November 2018, a grant-funded position was made available by the Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) for a Peer Recovery Mentor. The DBHDD has renewed this grant every year and the CYAAR has

maintained this position since 2018. This position serves as a point-of-contact for students seeking recovery and those in recovery from substance use disorders or eating disorders. This position is a CARES-certified peer recovery specialist. The Peer Recovery Mentor provides peer mentoring and recovery supports to students in recovery from opioid use disorders, substance use, and other addictive disorders, in addition to assisting the Collegiate Recovery Program Manager and AOD Prevention Education Coordinator in recovery and education programs.

- C. In July 2020, Kennesaw State University's CARE Services coordinated the addition of a full-time AmeriCorps VISTA position to aid and expand AOD education and programming efforts. This position is a one-year contract position and provides capacity building in AOD education efforts.
- VI. In February 2022, a Program Manager of Health and Wellbeing Initiatives was hired to support the Wellbeing@KSU initiative. This position helps to coordinate interdepartmental events and initiatives and oversees the consistent messaging and social media presence of the health and wellbeing departments.
- VII. KSU's athletics programs compete in NCAA Division I in the Atlantic Sun Conference and Big South Conference. The Athletics Department has its own Alcohol and Other Drug Policy for student-athletes (SAs). See Appendix C. The policy includes both random and "for cause" drug testing for SAs.
- VIII. The office of the Dean of Students continues to update and maintain an independent website, which includes a dedicated webpage for alcohol and other drug information, creating an accessible single location for information about the KSU Alcohol and Other Drug Policy, Parental Notification Policy, and Drug-Free Schools and Communities Act Biennial Review. The weblink is: https://www.kennesaw.edu/dean-of-students/resources/index.php

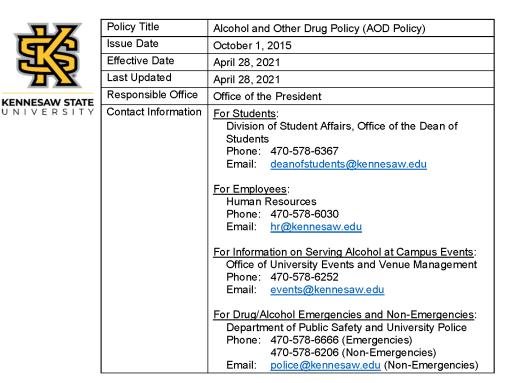
KSU AOD Policy

This AOD policy is the most up-to-date version as of December 2022. The most current version of the KSU AOD policy is available online at:

https://kennesaw.policytech.com/dotNet/documents/?docid=107&public=true

Kennesaw State University Policy: Alcohol and Other Drug Policy KSU Policy Category: Legal Affairs, Human Resources, Student Affairs

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1. Policy Purpose Statement

The purpose of the Kennesaw State University (KSU) *Alcohol and Other Drug Policy* (*AOD Policy*) is to provide guidance to the campus community and ensure compliance with federal and state laws and the Board of Regents (BOR) of the University System of Georgia (USG) policies and procedures.

2. Background

KSU is committed to providing a safe, healthy learning community for all its constituencies and to recognizing, upholding, and enforcing the laws of the state of Georgia. As a recipient of federal funds, KSU supports and complies with the provisions of the *Drug-Free Schools and Communities Act Amendments of 1989* (DFSCA), as articulated in the *Education Department General Administrative Regulations* (EDGAR), Part 86 – the Drug Free Schools and Campuses Regulations and the U.S. Department of Labor *Drug-Free Workplace Act of 1988* (see 9. Associated Policies/Regulations). Under these federal acts, the University must have an alcohol and other drug policy and distribute it to all students and employees annually.

The policy must include:

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- standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities;
- a description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- a description of the health risks associated with the use of illicit drugs and the misuse of alcohol;
- a description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry
 programs that are available to employees or students; and
- a clear statement that the institution will impose sanctions on students and employees (consistent with local, state, and federal law), and a description of those sanctions, up to and including expulsion or termination of employment, and referral for prosecution, for violations of the standards of conduct.

3. Scope (Who is Affected)

The University has one AOD policy for all campuses and all KSU employees (faculty and staff) and students; third parties providing products/services to the University; and guests, visitors, or others visiting, working, or attending activities and events on University property or at affiliated locations are affected by it. The rules, oversight, and administration of the AOD policy is the same for all campuses. Students often take classes at more than one campus, faculty and staff may work at more than one campus, and access to resources and educational efforts are the same regardless of campus location.

4. Health Risks Associated with Alcohol, Tobacco and other Drugs

Below is a helpful guide to the health-related risks associated with the use of illicit drugs and the misuse of alcohol and/or tobacco (Adapted with permission from the University of Michigan Alcohol and Drug Policy, http://alcohol-drug-policy.umich.edu/). Further details of health-related risks and information on the items below are available online at The National Institute on Drug Abuse website (http://alcohol-drug-policy.umich.edu/). Further details of health-related risks and information on the items below are available online at The National Institute on Drug Abuse website (https://www.drugabuse.gov/) and at the National Institute on Alcohol Abuse and Alcoholism (NIAAA) fact sheet (https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/alcohol-facts-and-statistics).

Alcohol

Can cause short-term effects such as loss of concentration and judgment, slowed reflexes, and disorientation leading to higher risk of accidents and problem behavior. Long-term effects include risk of liver and heart damage, malnutrition, cancer, and other illnesses. Can be highly addictive to some persons. When consumed rapidly and in large amounts, alcohol can cause coma and death.

Combining other drugs with alcohol can have unpredictable and unwanted consequences. Visit the University of Michigan's The Effects of Combining Alcohol with Other Drugs (https://uhs.umich.edu/combine) to learn more about these effects.

• Amphetamines (Adderall, Concerta, Ritalin, Methamphetamine, etc.) Can cause short-term effects such as rushed, careless behavior and pushing beyond your physical capacity, leading to exhaustion. Tolerance increases rapidly. Long-term effects

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include physical and psychological dependence, and withdrawal can result in depression and suicide. Continued high doses can cause heart problems, infections, malnutrition, and death.

• **Cannabis** (marijuana, THC products)

Can cause short-term effects such as slow reflexes and increase in forgetfulness. Alters judgment of space and distance. Aggravates pre-existing heart and/or mental health problems. Long-term health effects include permanent damage to lungs, reproductive organs and brain function. Can interfere with physical, psychological, and social development of young users.

Cocaine (crack)

Can cause short-term effects such as impaired judgment, increased breathing and heart rate, heart palpitations, anxiety, restlessness, hostility, paranoia, and confusion. Long-term effects may include damage to respiratory and immune systems, malnutrition, seizures, and loss of brain function. Highly addictive.

Designer Drugs/Synthetic Cannabinoids (bath salts, K2, spice, etc.)

Can cause short-term effects such as elevated heart rate and blood pressure, chest pain, hallucinations, seizures, violent behavior, and paranoia. May lead to lack of appetite, vomiting, and tremors. Long-term use may result in kidney/liver failure, increased risk of suicide, and death.

- Hallucinogens (PCP, LSD, ecstasy, dextromethorphan, etc.) Can cause extreme distortions of what's seen and heard. Induces sudden changes in behavior, and loss of concentration and memory. Increases risk of birth defects in user's children. Overdose can cause psychosis, convulsions, coma, and death. Frequent and longterm use can cause permanent loss of mental function.
- Inhalants (nitrous oxide, amyl nitrite, butyl nitrite, chlorohydrocarbons, hydrocarbons, etc.) Can cause short-term effects such as nausea, dizziness, fatigue, slurred speech, and hallucinations or delusions. May lead to rapid and irregular heart rhythms, heart failure, and death. Long-term use may result in loss of feeling, hearing, and vision. Can result in permanent damage to the brain, heart, lungs, liver, and kidneys.
- Opiates/Narcotics (heroin, morphine, opium, codeine, oxycodone, fentanyl, china white, etc.) Can cause physical and psychological dependence. Overdose can cause coma, convulsions, respiratory arrest, and death. Long-term use may lead to malnutrition, infection, and hepatitis. Sharing needles is a leading cause of the spread of HIV and hepatitis. Highly addictive and tolerance increases rapidly. The use of opioids with alcohol, or other prescription or illicit drugs can cause unpredictable and unwanted consequences.

Prescription Medication Misuse

Can cause a variety of health risks based on type of medication. Prescription drug misuse is the intentional or unintentional use of medication without a prescription, in a way other than prescribed, or for the experience or feeling it causes. Visit the National Institute on Drug Abuse (https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts) to learn more about the effects on your health.

Combining medications (prescribed or not prescribed) with alcohol can have unpredictable and unwanted consequences. Visit the National Institute on Alcohol Abuse and Alcoholism

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(https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/harmful-interactions-mixingalcohol-with-medicines) to learn more about these effects.

• Sedatives

Can cause reduced reaction time and confusion. Overdose can cause coma, respiratory arrest, convulsions, and death. Withdrawal can be dangerous. In combination with other controlled substances, can quickly cause coma and death. Long-term use can produce physical and psychological dependence. Tolerance can increase rapidly.

- Tobacco (cigarettes, cigars, chewing tobacco, etc.) Can cause diseases of the cardiovascular system, in particular smoking being a major risk factor for a myocardial infarction (heart attack), diseases of the respiratory tract such as Chronic Obstructive Pulmonary Disease (COPD) and emphysema, and cancer, particularly lung cancer and cancers of the larynx and mouth.
- Electronic Nicotine Delivery Systems (ENDS) (vape devices, JUUL, e-cigarettes) Nicotine is highly addictive. These products contain nicotine, potential carcinogens, and may cause addiction. ENDS can cause severe obstructive lung disease (popcorn lung) in addition to other cardiovascular and pulmonary diseases.

Visit KSU Smoke/Tobacco-Free website (<u>http://smokefree.kennesaw.edu/</u>) to learn more about cessation/recovery programs.

5. KSU Alcohol and Other Drug Education, Counseling, and Assistance Programs

Several campus offices provide programs and assistance, act as a referring agency for the University, and/or provide AOD education and assistance to students and employees. These include, but are not limited to, the following:

<u>Alcohol, Tobacco and Other Drug (ATOD) Education and Prevention Coalition</u>
 This University coalition is composed of students, alumni, faculty, and staff representing diverse constituencies from across the University and external members of the community. The coalition provides many ATOD services, including assistance in writing ATOD campus policies, conducting research, grant writing, assessing environmental issues, and establishing ATOD educational programs. The coalition also coordinates, plans, assesses, and educates the internal and external communities about ATOD-related issues.</u>

Contact Information:

ATOD Education and Prevention Coalition Phone: 470-578-2538 Email: <u>atod@kennesaw.edu</u> Website: <u>http://cyaar.kennesaw.edu/education/atod-coalition.php</u>

<u>Counseling and Psychological Services (CPS)</u>

CPS has professional counselors available to work with students who have mental health problems and issues associated with alcohol and/or other drug misuse and substance use disorders. CPS perform in-house evaluations for alcohol and other drug use. CPS has a case manager to support transition off campus for mental health needs and when returning to campus. CPS services are available to all enrolled students.

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Contact Information: Counseling and Psychological Services (CPS) Phone: 470-578-6600 Email: jgunn@kennesaw.edu Website: http://counseling.kennesaw.edu/

<u>Center for Young Adult Addiction and Recovery (CYAAR)</u>

The CYAAR has licensed professional counselors who specialize in addiction education, prevention, counseling, and recovery. The CYAAR provides a centralized office for ATOD education and addiction prevention programs through outreach to high-risk populations, invitation by faculty and staff, and through individual counseling. CYARR also perform inhouse evaluations for alcohol and drug use. The CYAAR maintains a list of referral agencies for off-campus assistance when such assistance is more appropriate. CYAAR services are available to all enrolled students.

The CYAAR is home to multiple on-campus recovery meetings per week. The CYAAR educates and trains ATOD peer educators who in turn present to the general campus population upon request. Staff specializing in substance use and addiction teach alcohol and other drug classes for students found responsible for alcohol and/or other drug-related code of conduct violations, as mandated by the Department of Student Conduct and Academic Integrity.

Contact Information:

Center for Young Adult Addiction and Recovery (CYAAR) Phone: 470-578-2538 Email: <u>recovery@kennesaw.edu</u> Website: <u>http://cyaar.kennesaw.edu/</u>

Human Resources (HR)

HR coordinates all employee-related action related to AOD violations. The Drug-Free Workplace coordinator is the assistant vice president of Human Resources. For more information on the Employee Assistance Programs (EAP) relating to drug and alcohol use, see http://hr.kennesaw.edu/benefits/employee-assistance-program.php. Employee medical insurance plans also include some level of coverage for substance misuse.

HR also implements KSU's Drug and Alcohol Testing Policy and BOR's Voluntary Disclosure of Drug Use, which can help facilitate recovery and job preservation for employees who voluntarily come forward for help. For details on these programs, see http://hr.kennesaw.edu/policies/drug-alcohol-testing.php.

<u>Contact Information:</u> Human Resources Phone: 470-578-6030 Email: <u>hr@kennesaw.edu</u> Website: <u>http://hr.kennesaw.edu/</u>

Health Promotion and Wellness (HPW)

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KSU Health Promotion and Wellness improves the health and well-being of students and employees through awareness and education. The department encourages students and employees to assume more responsibility for their health and well- being. The department's primary goal is to enhance and provide a balance in the intellectual, emotional, physical, social, environmental, and spiritual development of the whole person. The department also strives to provide an environment that is supportive of positive health practices. Programming focuses on helping students and employees reduce lifestyle risk factors. Health Promotion and Wellness participates each year in the National Collegiate Alcohol Awareness Week in October, sponsoring many interactive programs designed to educate students, faculty, and staff on issues associated with alcohol use and misuse. HPW also has received Young Adult Program grants from the Georgia Governor's Office of Highway Safety since 2008. These grants are used to promote education and awareness to young adults about safety issues, such as underage drinking, impaired driving, destructive decisions, and other high-risk behaviors to decrease crashes, injuries, and fatalities in young adult drivers and passengers.

Contact Information:

Health Promotion and Wellness Phone: 470-578-6394 Email: <u>wellctr@kennesaw.edu</u> Website: http://wellness.kennesaw.edu/

• <u>Student Health Services (WellStar)</u>

Student Health Services has multiple locations to serve student health needs. Alcohol and/or drug use is inquired about individually during most patient visits. Individual consultation regarding use of alcohol and drugs is done in both a preventive visit setting and in acute visits deemed to be alcohol/drug related. Referrals are made to CPS if medication management is needed. Student Health Services also refers and works closely with CPS, CYAAR, and Health Promotion and Wellness.

Contact Information:

Student Health Services (WellStar) Phone: 470-578-6644 Website: <u>http://studenthealth.kennesaw.edu/</u>

Housing and Residence Life

Housing and Residence Life has multiple locations across the various residential communities. It provides ATOD education to residential students throughout the year in both small and large group settings. Housing and Residence Life staff also actively monitor the KSU residential communities.

Contact Information: Residence Life Phone: 470-578-4388 Email: reslife@kennesaw.edu Website: http://ksuhousing.kennesaw.edu/

6. Exclusions or Exceptions

Currently, there is a general policy of no alcohol on campus. There are exceptions to this policy including:

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- From time to time, alcohol may be permitted at the discretion of the president through delegates. Presidential permission may be obtained only through the completion of an appropriate form obtained from University Events and Venue Management (http://events.kennesaw.edu/, 470-578-6252) and a signed agreement that includes the following statements.
 - o I will attest that no guests under the age of 21 will be in attendance.
 - Catering is required as the event caterer and must provide food along with a licensed bartender at the Host's expense.
 - o A campus police officer may be required to be in attendance at the Host's expense.
 - If a campus police officer is not required, the Host is responsible for ensuring all guests safety and monitoring of alcohol consumption.
 - Event Host is required to comply with all of Kennesaw State University's alcohol policy requirements and the State of Georgia laws.
- Within the KSU residence halls by those 21 or older who are not in either a substance-free community or a unit where all residents assigned to the unit are under 21 years of age. For complete rules, see KSU Students Code of Conduct, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
- At social events from time to time, within KSU on-campus housing specifically limited to
 registered student organizations (this may include fraternities and sororities) that maintain
 house contracts in the University Columns on the Marietta campus, when those organizations
 register the event with the KSU Department of Public Safety, Residence Life, and the Office of
 Fraternity and Sorority Life, receive permission to host the event, and follow stated rules
 relating to alcohol. See http://greeklife.kennesaw.edu/resources/chapter-resources.php.
- University courses that involve serving and tastings by those 21 or older of brews, beers, spirits, and wines for education purposes and that may be held in either state- or KSU Foundation-owned or leased properties and/or may be held at off-campus facilities and locations. Such courses require advance approval by the KSU president on a semester-by-semester basis for inclusion in the Banner system course schedule builder for registration before the course begins. Additionally, the program is required to maintain documented procedures for monitoring and recording an inventory of alcohol served and consumed during the president-approved courses and for checking identification to confirm attendees are 21 or older.
- KSU tailgating areas for sports events as approved by the KSU president and the KSU Sports
 and Entertainment Park for those 21 or older. Tailgates, picnics etc. are permitted for preapproved and scheduled events but will be not be allowed in general. When tailgating is
 approved for a specific event/ date that information and the rules related will be posted on the
 park website and at the event.
- Service and sales of alcohol at certain sporting and recreational events and concerts open to the public under the authority of the general manager of the KSU Sports and Entertainment Park may be permitted. Limits and guidelines apply. See http://sportspark.kennesaw.edu/parkinfo/policies.php.
- 7. Definitions and Acronyms

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Alcohol: Ethyl alcohol, hydrated oxide of ethyl, or spirits of wine, from whatever source or by whatever process produced.

Alcoholic beverages: Includes all alcohol, distilled spirits, beer, malt beverages, wine, or fortified wine.

Affiliated locations: Any land and/or property leased and/or utilized for KSU-sponsored activities and programs.

AOD: Acronym for alcohol and other drug and/or drugs.

ATOD: Acronym for alcohol, tobacco, and other drug and/or drugs.

Campus constituency: The people involved in or served by Kennesaw State University, including University employees and students, and/or third parties providing products/services to the University.

Institutional funds: Includes all funds controlled, held, or administered by the University. This includes all funds to which an institution holds title, including, but not limited to, student fees, auxiliary revenues, state appropriated funds, etc.

Student Activity funds: Includes all funds collected by any campus constituency for the sole purpose of funding any student activities.

University property: All land and improvements owned, occupied, leased, or controlled by the University or the University System of Georgia. This includes, but is not limited to, buildings, offices, meeting rooms, residence halls (including private rooms), parking garages, parking lots, athletic fields, stadium seating areas, and other property or locations affiliated with KSU.

Visitors and third parties: Contractors and subcontractors, spectators and guests, visitors, or others visiting, working, or attending activities and events on University property or at affiliated locations.

8. Alcohol and Other Drug (AOD) Policy

KSU expressly prohibits the use, misuse, possession, sale, or distribution of illicit drugs and alcoholic beverages on University property or at KSU-affiliated locations by any campus constituency. Alcoholic beverages may be served at off-campus activities to adults of legal drinking age for the state in which the activity is being held, providing that a responsible club or organization representative acknowledges responsibility for monitoring alcohol consumption. In addition, the University president or designee may, from time to time, permit and approve other exceptions to the KSU Alcohol and Other Drug Policy. See section 6, Exceptions or Exclusions, for more information. Student Activity funds or institutional funds may not be used for the purchase of alcoholic beverages. KSU is committed to recognizing, upholding, and enforcing the laws of the state of Georgia, which are hereby incorporated into the KSU Alcohol and Other Drug Policy. See section 11, State and Federal Regulations.

KSU is a smoke/tobacco-free campus. Smoking and all other use of tobacco and all use of ecigarettes, personal vaporizers (PV), and/or electronic nicotine delivery systems (ENDS) on property

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owned, leased, rented or in the possession or control of the University System of Georgia. For more information, see KSU Codes of Conduct, section 5.A.17.

Procedures

Procedures and guidelines related to the KSU Alcohol and Other Drug Policy are the shared responsibility of various KSU divisions/departments, including, but not limited to, those listed below. These divisions/departments are responsible for managing and publishing on their websites and/or communicating to campus the procedures, guidelines and/or forms related to this policy. See section 10, Procedures Associated with this Policy.

- i. Office of the President: The University president or designee is responsible for approving any exceptions to any campus constituency serving alcoholic beverages on University property or at affiliated locations.
- ii. Office of University Events and Venue Management: This office oversees requests to serve alcohol at events on University property or affiliated locations, and coordinates obtaining authorization and signature from the University president.
- iii. Human Resources: This department is responsible for managing procedures and guidelines related to this policy with respect to KSU employees, including sanctions for violations and providing information to employees regarding alcohol and other drug education and assistance programs. Discipline for faculty is governed by the policies of the Board of Regents and the KSU Faculty Handbook. See <u>http://www.usg.edu/policymanual/section8/C245/#p8.3.9 discipline and removal of f</u> <u>aculty members</u> and section 4.1.9 in the KSU Faculty handbook (http://handbooks.kennesaw.edu).
- iv. The Vice President for Student Affairs is responsible for managing procedures and guidelines related to this policy with respect to KSU students and student organizations, including determination of sanctions for violations, and providing information to students and student organizations regarding alcohol and other drug education and assistance programs. This includes, but is not limited to, the following departments/units within this division:
 - Office of the Dean of Students: The dean of students is responsible for oversight and distribution of policies and compliance standards related to alcohol and other drugs, including ensuring that the KSU AOD Policy is distributed annually by KSU email to each student and employee.
 - Department of Student Conduct and Academic Integrity: This department oversees conduct cases against KSU students involving allegations of academic and disciplinary misconduct, including alcohol and drug violations by students and student organizations.
- v. Alcohol Tobacco and Other Drug (ATOD) Education and Prevention Coalition: The coalition is a cross-functional team of faculty, staff, students, administrators, and community members. The coalition is responsible for championing educational and policy initiatives in service to the University and surrounding community as well as providing input for the Drug Free Schools Act's Biennial Review.
- vi. Department of Public Safety and University Police (DPS): DPS is responsible for responding to reports of illegal alcohol and other drug violations on University property

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or at affiliated locations. The DPS also communicates any report of alcohol and other drug use

- by KSU students or student organizations, whether at an activity or on an individual basis, to the dean of students or designee, who is responsible for referring the report and alleged violation to SCAI for appropriate adjudication, according to established University non-academic disciplinary procedures.
- 2) by KSU employees, to Human Resources to determine and coordinate any necessary resolution for the alleged violation.

9. Associated Policies/Regulations

- a. BOR Policy Manual, Section 4.6.3, Student Organization Responsibility for Drug Abuse
- b. BOR Policy Manual, Section 4.6.4, Alcohol and Drugs on Campus
- c. BOR Policy Manual, Section 6.10, Tobacco and Smoke-Free Campuses
- d. BOR Policy Manual, Section 8.2.17, Voluntary Disclosure of Drug Use
- e. BOR Policy Manual, Section 8.3.91, Grounds for Removal
- f. U.S. Department of Labor, Drug-Free Schools Act 1988
- g. KSU Division of Student Affairs Policies and Procedures
- h. KSU Drug and Alcohol Testing
- i. KSU Employee Handbook
- j. KSU Faculty Handbook
- k. KSU Game Day: Tailgating General Rules
- I. KSU Parental Notification Policy: Drug and Alcohol Violations
- m. <u>KSU Student Codes of Conduct</u>, Section 5: The Codes of Conduct (the Rules), A. Student Conduct, Sections 34. Alcohol, 35. Drugs, and 36. Prescription Medication
- n. <u>KSU Student Codes of Conduct</u>, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs
- o. <u>KSU Student Codes of Conduct</u>, Section 5: The Codes of Conduct (The Rules), A. Student Code of Conduct, Section 17. Smoking and Tobacco Use
- p. KSU Student Handbook
- q. NCAA Drug Testing Program
- r. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 1 General Provisions, Article 2. Definitions (O.C.G.A. § 3-1-2)
- s. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 2 State Administration and Enforcement, Article 2. Enforcement, Section 36 Arrest and prosecution of violators of title (O.C.G.A. § 3-2-36)
- t. <u>Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3</u> <u>Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 21. Sales of</u> <u>alcoholic beverages near churches, school buildings, or other sites (O.C.G.A. § 3-3-21)</u>
- u. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 22. Sale or furnishing of alcoholic beverages to intoxicated persons (O.C.G.A. § 3-3-22)
- v. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 23. Furnishing to, purchase of, or possession by persons under 21 years of age (O.C.G.A § 3-3-23)
- w. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 23.1 Procedure and penalties upon violation of Code Section 3-3-23 (O.C.G.A § 3-3-23.1)

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- x. Title IV 21st Century Schools, Part A Safe and Drug-Free Schools and Communities
- y. U.S. Code of Federal Regulations (CFR), Title 34, Subtitle A, Chapter 1, § 86, Drug and Alcohol Abuse Prevention
- z. <u>U.S. Code of Federal Regulations (CFR), Title 41, Subtitle IV, Chapter 81, § 8102 Drug-free</u> workplace requirements for Federal contractors
- aa. U.S. Department of Education, Office of Safe and Drug-Free Schools, Higher Education Center for Alcohol and Other Drug Abuse and Violence Preventions, Complying with the Drug-Free Schools and Campus Regulations [EDGAR Part 86], A Guide for College Administrators, Washington, D.C., 2006
- bb. USG Human Resources Administrative Practice Manual, Safety & Security, Drug Testing

10. State and Federal Regulations

State regulations incorporated in this KSU policy regarding the use, sale, or possession of intoxicating beverages are listed with citations to the full Official Code of Georgia Annotated (O.C.G.A.) in section 9, Associated Policies/Regulations. Summaries of these regulations include, but are not limited, to the following:

- a. O.C.G.A. § 3-1-2: Defines "alcoholic beverages" to mean all alcohol, distilled spirits, beer, malt beverages, wine, or fortified wine.
- b. O.C.G.A. § 3-2-36: Provides for criminal process against any person who violates the law in counties and municipalities where the sale of alcoholic beverages is not authorized or where alcoholic beverages are being sold contrary to law.
- c. O.C.G.A. § 3-3-21: Provides that no person knowingly or intentionally may sell or offer to sell any wine or malt beverages within 100 yards of any school building, school grounds, or college campus. Provides further that distilled spirits may not be sold within 200 yards of a school building, educational building, school grounds, or college campus.
- d. O.C.G.A. § 3-3-22: States that no alcoholic beverage shall be sold, bartered, exchanged, given, provided, or furnished to any person who is in a state of noticeable intoxication.
- e. O.C.G.A. § 3-3-23: Prohibits the furnishing to, purchasing of, or possession of alcoholic beverages by persons under 21 years of age.
- f. O.C.G.A. § 3-3-23.1: Provides that any person furnishing or possessing alcoholic beverages in violation of the previous Code Section shall be guilty of a misdemeanor. Establishes procedures for arrest by law enforcement officers.
- g. For more details on State laws regarding illicit drugs (controlled substances), and the penalties for violating those laws, see Title 16, Chapter 13 of the O.C.G.A. and Title 20, Chapter 3, Article 2, Part 3 of the O.C.G.A. O.C.G.A. § 20-3-90 (http://www.lexisnexis.com/hottopics/gacode/default.asp).
- h. O.C.G.A § 16-13-5 allows for immunity from arrest or prosecution if medical assistance is being sought by or for a person experiencing a drug overdose. This is known as the medical amnesty law.
- i. O.C.G.A. § 20-3-90 states that any student organization found responsible for knowingly permitting the sale, distribution, serving, possession, consumption, or use of marijuana or dangerous drug at any affair, function, or activity shall have its recognition as a student organization withdrawn and shall be expelled from campus for a minimum of one year.
- j. For more details on federal laws and penalties regarding controlled substances, see https://www.dea.gov/druginfo/factsheets.shtml.

11. Violations-University Sanctions

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Faculty, staff, students, visitors, and third parties are expected to adhere to the policies of the University and observe the basic standards of good conduct; meet appropriate standards of performance; and observe all local, state and federal laws relative to unlawful use of illicit drugs and alcohol. Penalties for violations of these standards range from warnings and probation to expulsion, loss of academic credit, suspension, temporary or permanent suspension, withdrawal of organization recognition, referral to the legal system for prosecution, demotion, and termination of employment. Individuals in violation of this policy are subject to a range of sanctions, including but not limited to, disciplinary action and dismissal from the University as follows:

- Any faculty or staff member, administrator, or other employee who violates the KSU Alcohol and Other Drug Policy shall be subject to disciplinary action up to and including the possibility of dismissal and referral to the appropriate federal, state, or local authorities for prosecution.
- Any student or student organization that violates the KSU Alcohol and Other Drug Policy shall be subject to disciplinary action in accordance with the KSU Student Codes of Conduct up to and including educational sanctions, possible loss of on-campus housing, suspension and/or expulsion from the University, and referral to the appropriate federal, state, or local authorities for prosecution in the courts. Any student organization shall be subject to disciplinary action up to and including educational sanctions, suspension and/or revocation of its registration with Student Activities or Fraternity and Sorority Life, and referral to the appropriate federal, state, or local authorities for prosecution.
- Any student who is a member of a University athletic team may face additional sanctions when there is an alcohol or other drug (AOD) violation, in addition to any criminal prosecution or University Student Codes of Conduct sanction, based on rules established by the National Collegiate Athletic Association (NCAA), athletics department, and/or the team.
- Any visitor or third party who is visiting, working, or attending activities and events on University property or at affiliated locations and who violates the KSU Alcohol and Other Drug Policy shall be subject to disciplinary action that could include being charged with criminal trespass from the University and/or referral to the appropriate federal, state, or local authorities for prosecution. Student and employee hosts of visitors and/or third parties may also be held responsible for the actions of their guests while involved in University activities.

Additional information regarding sanctions and situations where amnesty may apply may be found in the *KSU Student Handbook*, KSU *Student Code of Conduct*, *BOR Policy Manual*, *KSU Faculty Handbook*, and *KSU Employee Handbook* (see section 9, Associated Policies/Regulations for additional information).

12. Violations-External Sanctions

(Adapted with permission from the University of Michigan Alcohol and Drug Policy, <u>http://alcohol-drug-policy.umich.edu/.</u>)

Violations of state and federal laws may result in misdemeanor or felony convictions accompanied by the imposition of legal sanctions, which include, but are not limited to, the following:

- Fines as determined under local, state, or federal laws;
- Imprisonment, including up to life imprisonment, for possession or trafficking in drugs such as heroin, cocaine, marijuana, and prescription drugs;

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- Forfeiture of personal and real property;
- Denial of federal benefits such as grants, contracts and student loans;
- Loss of driving privileges; and
- Required attendance at substance misuse education or treatment programs.

13. Review Schedule

This policy is reviewed annually by the vice president for Student Affairs, the associate vice president and dean of students, the assistant vice president of Human Resources, and the director of University Events and Venue Management, and/or their designee(s); as well as the Alcohol, Tobacco, and Other Drug (ATOD) Education and Prevention Coalition.

Procedures for Distributing AOD Policy Annually to Students and Employees

- I. KSU students are provided with a campus-assigned email address. When a student accesses the Owl Express KSU registration system, he/she receives the following message: "Welcome to the KSU Owl Express System! Please note that students are responsible for reviewing ALL official communication sent from KSU to their campus-assigned email address. Please check your email account often for important information from the university." Distribution to KSU students is accomplished by email to the student's campus-assigned email address once each semester. This fulfills the annual distribution requirement and notifies new students who may enroll for the first time in any semester.
- II. KSU employees (faculty and staff) are provided with a campus-assigned email address. Annual distribution to KSU employees is accomplished by email to the employee's campus-assigned email address minimally once each year, with reminder notices distributed each semester.
- III. Each KSU employee (faculty and staff) interacts with the Human Resources Department to complete required documentation upon beginning employment. At that time, each new employee receives information about KSU's AOD policy.
- IV. The KSU AOD policy is referenced, and a link is provided to the full policy in the university undergraduate and graduate catalogues, the KSU University Handbook, the Employee Handbook, and the Student Handbook.
- V. The student code of conduct, which contains significant portions of KSU's AOD policy, is also included in the online Student Handbook. The code of conduct is also published on the Student Conduct and Academic Integrity (SCAI) webpage (which is linked to the KSU webpage), and in all KSU catalogues.
- VI. To increase awareness of AOD efforts among students, KSU's AOD policy is distributed to parents of currently enrolled KSU students at least once annually through the Parent and Family Programs electronic newsletter. In addition to policy information, parents are encouraged to discuss AOD-related topics with their students.

Description of Ongoing Education Programs and Systems to Prevent AOD Use and Misuse (Program Elements)

I. Alcohol Availability

- A. Currently, there is a general policy of no alcohol on campus. There are limited exceptions to this policy including:
 - From time to time, alcohol may be permitted at the discretion of the president. Presidential permission may be obtained only through the completion of an appropriate form obtained from University Events (<u>https://events.kennesaw.edu/</u>, (470)-578-6252) and a signed agreement that includes the following statements:
 - \circ I will attest that no guests under the age of 21 will be in attendance.
 - Catering is required as the event caterer and must provide food along with a licensed bartender at the host's expense.
 - A campus police officer may be required to be in attendance at the host's expense.
 - If a campus police officer is not required, the host is responsible for ensuring all guests safety and monitoring of alcohol consumption.
 - Event host is required to comply with all of Kennesaw State University's alcohol policy requirements and the State of Georgia laws.
 - The residential communities that are not substance-free allow persons aged 21 or older to possess and use alcohol within the confines of their private residential space. Alcohol in these communities must be in individual containers; no kegs are allowed. No open containers of alcohol are allowed in these residential communities outside the confines of units specifically housing residents over the age of 21 (even within the non-substance free communities, persons over the age of 21 may not drink within the unit of residents who are all under 21). For complete rules, see KSU Students Code of Conduct, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
 - University courses that involve serving and tastings by those 21 or older of brews, beers, spirits, and wines for education purposes and that may be held in either state- or KSU Foundation-owned or leased properties and/or may be held

at off-campus facilities and locations. Such courses require advance approval by the KSU president on a semester-by-semester basis for inclusion in the Banner system course schedule builder for registration before the course begins. Additionally, the program is required to maintain documented procedures for monitoring and recording an inventory of alcohol served and consumed during the president-approved courses and for checking identification to confirm attendees are 21 or older.

- KSU tailgating areas for sports events as approved by the KSU president and the KSU Sports and Entertainment Park for those 21 or older. Tailgates, picnics etc. are permitted for pre-approved and scheduled events, but will be not be allowed in general. When tailgating is approved for a specific event/ date that information and the rules related will be posted on the park website and at the event.
- Service and sales of alcohol at certain sporting and recreational events and concerts open to the public under the authority of the general manager of the KSU Sports and Entertainment Park may be permitted. Limits and guidelines apply. See <u>http://sportspark.kennesaw.edu/park-info/policies.php</u>.
- Each of the organizations within Fraternity and Sorority Life follow the policies and procedures of their inter/national organizations as it relates to being able to host events with alcohol. Organizations within the College Panhellenic Council and Interfraternity Council are able to host events with alcohol while the Multicultural Greek Council and the National Pan-Hellenic Council cannot host events with alcohol.
- B. State law and university policy, with a few exceptions, prohibit the sale or manufacture of alcohol on campus.
- C. Neither student activity funds, nor institutional funds may be used for the purchase of alcoholic beverages.

II. Marketing and Promotion of Alcohol

Alcohol advertising in student media is accepted, but limited. KSU Student Media, which includes the Sentinel, KSU's student newspaper, has an acceptance policy for alcohol advertising. It states, "Alcohol Advertising of beer and wine is acceptable but must conform with Georgia law and Kennesaw State University Alcohol Policy and Guidelines. Advertising of alcohol should avoid demeaning sexual or discriminatory portrayals and not encourage high-risk consumption nor place emphasis on quantity nor frequency of use. Alcohol should not be the only or central theme of an advertisement. Use of brand names and prices are discouraged. All advertisements of alcohol must contain reference to enforcement of the Georgia state drinking age."

In Spring 2020 the Division of Student Affairs conducted a review of the policy and paid advertising. The results indicated that while the policy allows for alcohol advertising, there were no alcohol ads or funds received by student media during 2018 through 2020. A review of other University System of Georgia student media alcohol advertising policies indicated that publications are encouraged to eliminate or minimize all alcohol advertising while several schools have no policy.

III. Alcohol-Free Options

Events and activities on campus are frequent and alcohol free.

- IV. Normative Environment
 - A. More than half of all the beds currently in on-campus housing on both the Kennesaw and Marietta campuses are in substance-free communities where alcohol is prohibited, regardless of age.
 - B. WELL 2000 (Foundations of Health and Wellness) is a class that undergraduate, degree-seeking students have the option to take. A portion of the course includes information on alcohol misuse and drug use issues as they relate to personal fitness and health. Most WELL 2000 courses have Peer Health Owls, certified peer educators trained by Health Promotion and Wellness, present to the class about alcohol and other drugs, as well as student sexual health issues. An elective course, HPE 3300 (Personal Health Behaviors) covers the issues of alcohol and drug use in more depth.
 - C. KSU students pursuing science or math degrees are required to complete SCM 2000 (Culture and Success in Science and Mathematics). As part of this curriculum, peer educators (students who are trained by staff of the Center for Young Adult Addiction and Recovery) present on AOD issues. The peer educators are trained to answer commonly asked questions, as well as refer students to CYAAR counselors if they are concerned about the student's substance-related behaviors. Professors may also request an additional presentation or request that a CYAAR staff member visit their class.
 - D. Pro-wellness, anti-substance misuse messages are promoted through campus media throughout the year.
 - E. The Kennesaw State University Department of Public Safety conducts AOD educational programming throughout the year. See Appendix E for programming.
 - F. Resident Assistants conduct AOD educational programming within on-campus housing areas during the course of the academic year. See Appendix F for programming.

- G. The Center for Young Adult Addiction and Recovery provides a comprehensive framework for students seeking support and education in addiction and recovery. By providing AOD and addiction prevention education, clinical counseling, assessment, referral, and peer supports, all students at KSU have access to services. The Center provides training and education in the field for undergraduate and graduate researchers, as well as internships in counseling and collegiate recovery programming. Ongoing services for alcohol and other drug education include peer education, education programs by request, mandated education programs called Wise Choices Workshops, and Naloxone training as intervention services in the rising opioid epidemic. The Collegiate Recovery Program supports students in recovery as they live an abstinence-based lifestyle while attaining an education. Sober events and programming, and recovery-informed academic advising are available to students in recovery.
- H. The Center for Young Adult Addiction and Recovery (CYAAR) has developed an ambassador program that provides students with the opportunity to develop and host AOD prevention and education events. CYAAR Ambassadors are trained on the basics of motivational interviewing, positive social norming, destigmatizing language, and campus resources. After training, CYAAR Ambassadors are given the opportunity to volunteer for various campus events and are invited to plan AOD prevention and education programming during the monthly planning meeting.
- Health Promotion and Wellness (HPW) has been awarded 15 grants from the Governor's Office of Highway Safety (GOHS) since 2008. To date, a total of \$222,809 has been awarded. The GOHS Young Adult Drinking and Driving Program is designed to reduce the incidence of alcohol-impaired driving by persons between the ages of 21 and 34. The grant funded peer health educator training, social norming campaigns, classroom presentations, outreach programming, and a portion of the NHCA III survey. See Appendix B for programming.
- J. HPW BAC ZONE Cards help individuals reduce risks associated with alcohol consumption by providing personalized, easy-to-use information about the effects of blood alcohol concentration (BAC). Three levels are defined: Stay in Your Green Zone, Danger Blue Zone, and Serious Risk Red Zone. Cards are individualized based on the sex and body weight of the student. Information on the card and protective folder include BAC facts, defines a standard drink, effects of alcohol, and harm reduction tips. The cards/folders are given out to students during alcohol education events and programs.
- K. HPW Peer Health OWLs (Outreach and Wellness Leaders) are trained using the BACCHUS Initiatives of NASPA Certified Peer Educator curriculum as well as trained on ATOD issues.

- L. HPW social norming messages were promoted to influence student behavior on staying sober on the roads. Posters were created and hung in student common areas such as lobbies, meeting rooms, elevators, bathrooms, and residential apartments, etc. Card inserts were printed and placed in napkin dispensers in various dining areas on campus. Padfolios were distributed as a part of the classroom alcohol education presentations. Stickers were designed promoting the message that 9 out of 10 KSU students choose not to drink and drive. Whiteboards with social norms messaging were placed on each on-campus apartments' refrigerator so students are exposed frequently to the message that most KSU students make responsible decisions regarding alcohol consumption and driving.
- M. Language is included in the Registered Student Organization Manual regarding sponsorship by and events held at locations where alcohol is served. Included in the Fundraising Policy is a statement which says, in part: "However, RSOs are not permitted to host percentage nights or similar events if profits come from the sale of alcohol." and "Sponsorship support from tobacco companies is not permitted at KSU. Sponsorship by alcohol companies is subject to additional review and written authorization by the Vice President and Chief Business Officer."
- N. KSU's athletics programs compete in NCAA Division I in the ASUN and Big South Conferences. The Athletics Department has its own Alcohol and Drug Policy for Student-Athletes (SAs). See Appendix C. The policy includes both random and "for cause" drug testing for SAs.
- O. The Athletics Department does mandatory student athlete (SA) drug and alcohol programs funded by grants from the NCAA, ASUN, and the KSU Athletic Department.
- P. During academic years 2020-2021 and 2021-2022, new students attending KSU were required to complete two free, online, and interactive educational programs designed to educate students about consent, sexual assault, dating violence, domestic violence, stalking, healthy relationships, bystander intervention, and alcohol and other drugs. These educational programs, called *Sexual Assault Prevention* and *AlcoholEdu*, include information about how alcohol and drugs are often contributing factors in interpersonal violence and sexual misconduct. New students were asked to complete the courses prior to or during the beginning of their first semester. These programs are managed by the KSU Office of Institutional Equity.
- Q. In partnership with the Medical Association of Georgia, KSU added a prescription medication drop box on the Kennesaw campus in October 2014 and the Marietta campus in May 2016, providing a safe and anonymous resource for disposal of medications 24 hours a day, 365 days a year. The drop boxes continue to be available for the campus community.

- During the 2020-2021 academic year, approximately 60 pounds of medication were collected and safely destroyed.
- During the 2021-2022 academic year, approximately 23 pounds of medication were safely destroyed.
- R. Additionally, KSU participates in the national DEA Rx Take Back days twice per year. Take Back days are advertised in the greater Kennesaw area in pharmacies, assisted living facilities, and through the DEA take back finder website. Take Back days are held in April and October each year. During the 2020-2021 school year, COVID impacted the ability to participate. The DEA cancelled the April 2020 participation day, and KSU did not participate in the October take back. In April 2021, KSU participated and collected more than 55 pounds of medication to be destroyed. During the 2021-2022 school year take backs, 52 pounds of medication were collected and safely destroyed.

V. Policy Enforcement

- A. The Departments of Student Conduct and Academic Integrity (SCAI) and Housing and Residence Life have collaborated to produce a residential code of conduct that is consistent with and fully integrated into the overarching student code of conduct so that AOD violations by residential and commuter students are resolved as consistently as possible in a university student conduct system that is educational in nature.
 - The residential code of conduct is a subsection within the KSU student code of conduct.
 - The SCAI and the Housing and Residence Life Departments use the same software system to keep unified records of disciplinary incidents. This began in August 2006. A new software system was adopted in fall 2011 and historic data from the previous system was transported and integrated into the new system. This enables both departments to ensure that repeat offenders receive appropriate sanctions.
 - KSU conducted a review of cases where students were found responsible for AOD violations and the sanctions imposed during academic years 2020-2021 and 2021-2022 and determined that sanctions were consistently applied. See Appendix H.
- B. The campus student conduct procedure is meant to be educational and developmental in nature for the accused student as well as protective of the overall academic functioning of the community (including the residence halls). Whenever, after a disciplinary hearing, it is determined that a student has violated the code of

conduct, the university imposes a sanction. The sanction is tailored to the individual based on the idea of graduated discipline, the level of acceptance of responsibility, the likelihood that the student will violate the code again, and how others in similar circumstances have been sanctioned. The overwhelming majority of KSU students who are referred for discipline for AOD violations are on-campus residents. First time alcohol offenders generally receive educational sanctions such as referral to an educational workshop conducted by the Center for Young Adult Addiction and Recovery (Wise Choices) and a reflective essay. Second time offenders usually receive a referral to a more intensive AOD sanction: counseling for evaluation and possible referral to treatment, while third time offenders are usually removed from housing and prohibited from visiting housing property. Non-residential students receive similar sanctions, with educational sanctions for first time offense and referrals to counseling for evaluation and possible referral to treatment for additional violations. University conduct action is independent and in addition to any off-campus court action that might ensue should a student receive a citation or arrest. See Appendix H for more information.

- C. KSU has its own Public Safety Department and it enforces AOD laws. Upon request, the KSU Police will respond and issue citations or arrest AOD violators. Every known student violator of AOD laws and policies is referred to the university student disciplinary process.
- D. Resident Assistants enforce the residential code of conduct (including those sections dealing with AOD issues). RAs conduct rounds several times a night and are on-call 365 days a year.
- E. There are ten residential communities on two campuses. Each community has professional staff members, Community Coordinators and Assistant Directors, living within the community and available to assist RAs in planning AOD programming and enforcing the residential code of conduct.
- F. Approximately once each month, the SCAI Department reviews all the past month's disciplinary cases (both residential and non-residential) for the purpose of updating the KSU police on incidents that must be included in the university's Annual Security and Fire Safety Report (ASFS Report), in compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act). The ASFS Report includes AOD code of conduct violations that are considered crimes as outlined by the Clery Act. The KSU Public Safety Department produces and publishes this report, available online at <u>police.kennesaw.edu</u>. See Appendix D for latest ASFS Report.

Summary of AOD Education Programs Strengths and Weaknesses

I. Strengths

- A. The university remains compliant with regard to the Drug-Free Schools and Communities Act and has implemented programs to prevent alcohol and other drug misuse and the illegal distribution of illicit drugs by employees and students, as evidenced by the data in this biennial review.
- B. Alcohol and Other Drug (AOD) policies are reviewed annually and are clear and easily understandable.
- C. Alcohol on university property is limited and currently there are few offenses beyond the residence halls.
- D. The CYAAR provides a full continuum of care serving students seeking support and services for alcohol and drug use, misuse, and recovery. The CYAAR provides mutual aid supports, including 12-step recovery meetings, SMART Recovery, and All-Recovery meetings, along with peer recovery supports. The CYAAR has developed several AOD education workshops, which are presented in multiple cross-campus settings. The CYAAR is directly involved in the implementation of online education tools for the entire campus community and the training of peer educators who present about AOD issues in the classroom. In addition, the CYAAR has multiple research projects underway investigating collegiate recovery programs, risk perception, and expanded services for students seeking help and recovery from substance use disorders.
- E. KSU remains committed to a unified conduct process with a single database integrating all conduct and behavioral response concerns.
- F. There is recognition by the current university administration of AOD issues/concerns on the campus as evidenced by the funding of positions to specifically address AOD prevention and education. In addition, the adoption of an amnesty policy within the student code of conduct to encourage reporting of AOD concerns for the safety of students supports university recognition of AOD concerns.
- G. The university formerly had an ATOD coalition that collaborated with various campus partners to support alcohol, tobacco, and other drug-related efforts. With the creation of the Mental Health Initiative, the ATOD Coalition was absorbed into the new, more comprehensive group.

- H. Health Promotion and Wellness has been awarded 15 grants from the Governor's Office of Highway Safety with the first award starting in the 2007-2008 school year. A total of \$222,809 has been awarded. The grant's purpose is to reduce the number of crashes, injuries, and fatalities in young drivers aged 21-34 years on Georgia roadways. These funds are used to educate students on alcohol as they relate to highway safety issues.
- KSU provides risk perception education and Naloxone training programs aimed at raising awareness around high-risk behaviors related to AOD and the reduction of addiction in the collegiate population. The CYAAR staff continues to train students who are in recovery as AOD peer educators and CYAAR Ambassadors, utilizing one of the most effective tools in collegiate learning - peer education.
- J. Faculty and staff have the option of completing Recovery Ally Training through the Center for Young Adult Addiction and Recovery. Faculty and staff who participate in Recovery Ally Training are better equipped to support students who are presenting with substance use issues, may come to them for help, or are in recovery from substance use disorder. This training influences how faculty and staff handle substance use on campus, have conversations about substance use, as well as influence how policies and procedures affect students who are in or seeking recovery on campus. This has huge implications in substance use prevention, intervention, and harm reduction on campus.
- K. In the fall of 2018, the SCAI department planned out a three-year assessment cycle for the reflection paper, one of the most assigned sanctions. Staff from the CYAAR were invited to participate in the review since many of the reflection papers were assigned in conjunction with the Wise Choices Workshop or the substance use disorder assessment (both provided by CYAAR for specific alcohol and drug policy violations). Professional staff from Housing and Residence Life were also invited to join the review team due to the significant number of AOD code of conduct policy violations in on-campus housing properties.

After the first year, the reflection paper review team determined there was a need for a unique reflection paper to address student learning outcomes from interactions with CYAAR versus students who received a reflection paper sanction for other policy violations. Therefore, in the summer of 2019, when the reflection paper prompt was revised, a separate, but similar, prompt was created to specifically address students' participation with Wise Choices or substance use assessment. A checklist was created for the reflection paper review team to determine if the students were achieving the goals of the assignment.

During the 2019-2020 academic year, the reflection paper review team continued to review submitted papers utilizing the checklist. Checklist data was reviewed in July 2020 to determine if the prompts needed further adjustment and learning outcomes

were created for both reflection paper sanctions. During the 2020-2021 academic year, another review of completed reflection papers took take place to determine if these outcomes have been achieved and whether further edits are required. During this review, it was determined that learning objectives were being met, and a yearly review of reflection papers will continue.

- L. On November 30, 2021, KSU Hosted the Attorney General's Statewide Opioid Taskforce. This group works to share up-to-date information and data, as well as collaborate on AOD prevention and education efforts, treatment opportunities, and recovery support services. The Taskforce was created to combat the deadly opioid epidemic. After the Taskforce meeting, the Attorney General and his staff visited the CYAAR to learn more about on-campus recovery support services.
- M. On September 23, 2021, CYAAR hosted a town hall in conjunction with the Georgia Council on Substance Abuse (GCSA). In honor of recovery month, representatives from CYAAR and GCSA livestreamed a discussion about recovery support efforts, raising awareness, and the importance of advocacy.
- N. University System of Georgia Interim Chancellor Teresa McCartney visited CYAAR to learn about recovery support services on December 7, 2021. This helped to raise awareness about an integrated model of prevention, intervention, and on-going support to address substance use and other addictive disorders. As a result, CYAAR and CARE Services sent representatives to address the Board of Regents to further the message about comprehensive student support.
- O. In an effort to reduce prescription medication misuse, the Center for Young Adult Addiction and Recovery has launched a prescription lock box initiative that allows students to check out a lockbox that they can secure in their residence. Similarly, the CYAAR has begun distributing locking pill bottles so that students can set a unique 4digit code to help restrict access to medications.

II. Weaknesses

- A. With the rapid growth of the university, particularly in programs and populations that are at higher risk historically (such as fraternities and sororities, student athletes, and traditional-aged residential first-year students), the university needs to assess whether current resources and approaches are sufficient to meet the growing demands.
- B. The KSU 1101 and WELL 1000 classes that were required courses for degree-seeking students at KSU prior to fall 2019 are no longer required. KSU 1101 and WELL 1000 were the primary venue for peer educators from CYAAR and HPW. The number of students receiving AOD peer education in their first year has significantly decreased

since these classes are no longer required, leaving a gap in an evidence-based approach to AOD education.

- C. New off-campus student housing continues to be introduced into the local real estate market contiguous to the campuses, but independent from the university, posing challenges in enforcing campus AOD policies and straining resources. This raises concerns about the conduct occurring within these communities and the safety of KSU students.
- D. In the summer of 2018, the decision was made by the Interfraternity Council organizations living in the University Columns to not renew their leases with the Department of Housing and Residence Life. This was a decision made by the organizations and not due to being asked to leave the Columns. The decision to no longer maintain the University Columns as a Greek residential community has unfortunately impacted our ability as a university to track and/or monitor any issues or incidents related to alcohol and other drugs in residential spaces due to each student in our community residing off campus.
- E. Recent turnover and organizational changes within Housing and Residence Life has resulted in lack of available data concerning AOD educational programming.
- F. In light of on-going issues related to the COVID-19 pandemic, KSU was delayed in collecting the biennial ACHA-NCHA survey. As such, there has been a brief void in the data available to make programming decisions related to the university's health and well-being efforts.
- G. As previously mentioned, the university released a series of nicotine cessation efforts (Project CONNECT, Quit Kits, Wellness Peer Mentors, SMART Recovery) during the present review period. These efforts were widely underutilized by students. There were multiple attempts to adjust, re-market, and otherwise troubleshoot the lack of engagement with nicotine cessation efforts, but ultimately it seemed that there was an overall lack of interest in these supports.

Recommendations for Revisions

- I. Coordinated research and evaluation of all university AOD efforts should be centralized and supported with university resources, including direct coordination with the Division of Student Affairs Office of Planning and Assessment and the Center for Young Adult Addiction and Recovery, as well as other departments as appropriate.
- II. With rising student population and increasing AOD-related conduct cases, it is recommended that the University fund two new permanent positions in support of AOD efforts. In FY 23 and FY 24 respectively. With a student population of approximately 44,000, the need for more than one staff member dedicated to fulltime AOD work is both a threat and weakness to providing education to the student population.
- III. Future planning is needed to reach out to all first-time new students in as timely a manner as possible. Coordinated efforts should be made to explore the possibility of requiring completion of AOD online education by all new KSU students prior to starting classes at the university.
- IV. Given increased concerns raised within the Fraternity and Sorority community about pre-gaming behaviors, an external audit should be conducted of the entire Greekletter community to determine what concerns may exist and what proactive approaches can be implemented to prevent unhealthy and unsafe behaviors from occurring.
- V. The overall number of AOD-related conduct cases continues to climb, with the previous review period (2018 2020) including 296 incidents and the present review period of (2020 2022) including 757 incidents. This is a 156% increase in the number of cases. On-going monitoring of past, current, and future trends, as well as routine environmental scans, can help determine what is driving the increase in the number of incidents and help inform prevention efforts.
- VI. Though AOD-related cases were sanctioned relatively consistently (80.1%), there is on-going variance in sanctioning between SCAI and Housing and Residence Life. As such, it is proposed that a SCAI coordinator for residential misconduct be created to centralize the administrative responsibilities of residence life conduct case work including case review, charging, hearing officer assignment, and consistency of sanctioning. This position would report to SCAI with a strong collaborative dotted line to Residence Life. Additionally, though a sanctioning rubric has been developed to strengthen the consistency of sanctioning, there should be more training related to the use of the rubric and general conduct procedures to resolve inconsistencies between SCAI and Housing and Residence Life.

Appendix A CYAAR & OTHER AOD Programming Initiatives, 2020 – 2022

SUMMER 2020

Orientation

Virtual

May 2020 – August 2020 Throughout first year orientation (Ignition), first-year students have the option to learn more about recovery support and AOD education services provided by the Center for Young Adult Addiction and Recovery.

FSL and Friends

June 12, 2020 12:00pm – 1:00pm Virtual Fraternity and Sorority Life hosted a series of virtual resource information sessions with campus partners. CYAAR shared information about recovery support, counseling services, and AOD education resources with the FSL community in this virtual space.

AUGUST 2020 (SCHOOL OPENING)

Healthy Happenings

August 26, 2020 10:30am – 1:00pm Marietta Campus Globe Area Students had the opportunity to drop in at locations across both campuses to learn about all of the health and well-being initiatives and resources at KSU. Students could also ask questions regarding COVID-19. 49 students attended.

SEPTEMBER 2020 (NATIONAL RECOVERY MONTH)

Debunking "It's just a little pot" and Other Cannabis Myths

September 1, 2020 2:30pm – 4:00pm Kennesaw Campus Commons Patio Students were able to pick up a small, potted succulent and had the opportunity to decorate the pot while learning about cannabis myths and facts. Each student also received cannabis education and CYAAR literature. 65 students attended.

Panhellenic New Member Symposium

September 12, 2020 11:10am – 11:40am & 1:35pm – 2:05pm Virtual The CYAAR Alcohol and Other Drug Prevention Education Coordinator addressed all new members of the Panhellenic Council during their New Member Symposium on the importance of alcohol and other drug safety. Topics also included campus resources and outreach opportunities. 163 students participated in session 1 and 188 students participated in session 2.

Alpha Omicron Pi Alcohol and Other Drug Awareness

September 20, 2020 5:00pm – 6:30pm Members of Alpha Omicron Pi were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the CYAAR Alcohol and Other Drug Prevention Education Coordinator. 115 students attended.

Nursing Student Naloxone Training

September 21, 2020 12:00pm – 1:00pm CYAAR, in collaboration with the Student Nursing Association (SNA), hosted Naloxone training specifically designed for nursing students. Each nursing student received a Naloxone kit provided by CYAAR after each training session. 20 nursing students were in attendance.

Recovery Month Awareness Tabling

September 22, 2020 2:30pm – 5:00pm Kennesaw Campus Commons Patio CYAAR hosted a table during KSU's Parent & Family Weekend at the Embassy Suites. The purpose of the tabling was to educate students and families about recovery support services, assessment, recovery science research opportunities, and AOD peer education opportunities offered through CYAAR. 11 students attended.

Yoga for Recovery (Recovery Month Edition)

September 23, 2020 2:00pm – 3:30pm Virtual CYAAR staff trained in yoga training and mutual aid spaces facilitated a special yoga event for students to experience a mutual aid space. This yoga and mutual aid meeting is an all-recovery space, meaning anyone who identifies as in any type of recovery and following any recovery pathway is welcome to attend. This became a weekly occurring synchronous virtual meeting in October 2020.

Kappa Delta Alcohol Awareness

September 24, 2020 7:30pm – 8:00pm Members of Kappa Delta were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the CYAAR Alcohol and Other Drug Prevention Education Coordinator. 120 students attended.

OCTOBER 2020

AOD Trivia Event

October 1, 2020 12:00pm – 2:30pm University Village Courtyard Kennesaw State University Public Safety and CYAAR collaborated to give students the opportunity to participate in AOD trivia to get prizes and giveaways. A spin wheel with AODrelated questions was used for trivia and the tables were staffed by the Alcohol and Other Drug Prevention Education Coordinator and KSU PD's C.O.R.E. Unit Sergeant to answer any questions students had. 9 students attended.

Virtual

Virtual

Virtual

Sock it to Drugs

October 6, 202012:00pm – 2:30pmUniversity Village CourtyardIn partnership with the Georgia Prevention Project's College Prevention Partnership, CYAARhosted tables in which students could pick up DIY tie-dye sock kits to have a fun activity to do athome. The kits also contained information about safe medication storage and disposal as wellas packets of DisposeRx to safely dispose of any unused medications. 53 students attended.

Debunking "It's just a little pot" and Other Cannabis Myths

October 7, 20202:30pm – 4:00pmUniversity Village CourtyardStudents were able to pick up a small, potted succulent and had the opportunity to decoratethe pot while learning about cannabis myths and facts. Each student also received cannabiseducation and CYAAR literature. 39 students attended.

Never Baked Brownies

October 13, 20202:00pm – 4:00pmMarietta Campus Globe AreaOctober 14, 202011:30am – 2:00pmKennesaw Campus GreenCYAAR handed out no-bake mug brownies in packets that also included information about
cannabis myths and facts. Students also had the opportunity to ask questions about cannabis
use and pick up copies of the T-Break Guide if they were interested in taking a break from
cannabis use. 20 students attended.

IFC New Member Symposium

October 17, 20209:30am – 10:15amVirtualThe CYAAR Alcohol and Other Drug Prevention Education Coordinator and C.O.R.E. Sergeant
addressed all new members of the Interfraternity Council during their New MemberSymposium on the importance of alcohol and other drug safety. Topics also included campus
resources and outreach opportunities. 130 students participated.

National Collegiate Alcohol Awareness Week

October 20, 202011:00am – 1:30pmKennesaw Campus GreenOctober 22, 202011:00am – 1:30pmMarietta Campus Globe AreaStudents had the opportunity to participate in pour demonstrations, pick up personalized BACcards, and packets that included standard drink size magnets, medical amnesty information,and designated driver positive social norms coasters from HPW. 15 students attended.

Peer Health Educator Naloxone Training

October 23, 20209:00am – 10:00amVirtualCYAAR staff trained the Peer Health Owls, a student group in Health Promotion and Wellness, in
the use of Naloxone and about medical amnesty. All P.H.O.s that participated received a
Naloxone kit after training. 7 students attended.Virtual

Nursing Student Naloxone Training

October 27, 202012:00pm – 1:00pmVirtualCYAAR, in collaboration with the Student Nursing Association (SNA), hosted Naloxone training
specifically designed for nursing students. Each nursing student received a Naloxone kit
provided by CYAAR after each training session. 25 nursing students were in attendance.

Masked Singer Karaoke

October 30, 20207:00pm – 9:00pmKennesaw Campus Legacy GazeboCYAAR hosted an alternative programming event on Halloween weekend to provide a safe,
substance-free, fun event for students to participate in. Halloween has historically been a high-
risk time for substance use. CYAAR provided information about safe drinking practices along
with candy and treats in goodie bags at the karaoke and costume contest. 23 students
attended.

NOVEMBER 2020

Water by the Spoonful Talkback

November 5, 20207:00pm – 10:00pmVirtualA collaboration between The College of the Arts, Department of Theater and PerformanceStudies, and the Center for Young Adult Addiction and Recovery, this virtual performance andtalkback is a Pulitzer prize-winning play that charts multiple paths towards recovery forcharacters who are haunted by war, drug addiction, and broken families. As the play travelsbetween online and real worlds, we are reminded that human connections and authenticrelationships in both worlds rescue us from despair and make us whole. The performance andtalkback, both open to the public, featured CYAAR staff members discussing pathways torecovery, resources, and the importance of stigma reduction.

Delta Sigma Phi Alcohol and Other Drug Awareness

November 15, 2020 7:00pm – 8:00pm

Hybrid – Marietta Campus Engineering Technology Center and Virtual

Members of Delta Sigma Phi were in attendance both in-person and through Zoom for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the Alcohol and Other Drug Prevention Education Coordinator. 44 students attended.

WELL 2000 AOD Education

November 17, 20202:00pm – 3:15pmKennesaw Campus Convocation CenterStudents in the Foundations of Health and Wellness class received AOD education during theirregularly scheduled class time in conjunction with substance use curriculum from the CYAARAOD Prevention Education Coordinator. 18 students attended.

JANUARY 2021

FSL Leadership Presentation

January 8, 20213:00pm – 4:00pmHybrid – Kennesaw Campus University Rooms and VirtualCYAAR staff presented to FSL chapter and council presidents and executive members aboutAOD education and health and well-being resources on campus. 53 students attended.

FEBRUARY 2021

Club Sports Leadership Meeting

February 10, 20216:00pm – 7:00pmVirtualCYAAR staff presented to club sports student leaders. Topics included the intersection of
stress/isolation in COVID-19 and substance use, bystander intervention, safe drinking practices,
university policy, and campus resources. 19 students attended.Virtual

Society of Social Workers Naloxone Training

February 20, 202110:00am – 12:00pmUniversity Village 6000 BuildingThis Naloxone training specifically for the on-campus Society of Social Workers was a two-hourtraining in how to identify opioid overdose, how to reverse the overdose using Naloxone, aswell as an overview of recovery support services, recovery allyship, and focus on stigmareduction and education surrounding opioid use. This training was specifically designed toeducate students that will be working in the social work field.

Love Your Body Week | Eating Disorders Awareness Week

February 22 – February 26, 2021Various Programs Across Both CampusesLove Your Body Week (LYBW) is a collaborative effort between multiple on-campus, well-being
departments. During LYBW, students have the opportunity to participate in a variety of
programming focused on eating disorder awareness and recovery, as well as body positivity,
and healthy physical habits. CYAAR hosted in-person engagement tables, virtual lunch tables,
Yoga for Recovery, and a Smash the Scale event with 97 total attendees.

WELL 2000 AOD Education

February 23, 20212:00pm – 3:15pm & 3:30pm – 4:45pmConvocation CenterStudents in the Foundations of Health and Wellness class received AOD education during theirregularly scheduled class time in conjunction with substance use curriculum from the CYAARAOD Prevention Education Coordinator. 32 students attended between two classes.

Leap into Leadership Student Recovery Ally Training

February 27, 2021 11:00am - 12:00pm The Department of Student Leadership and Service hosted a full-day leadership conference open to all KSU students, which featured a special presentation from CYAAR about Recovery Allyship. Attendees participated in interactive scenarios and conversation to learn how to navigate supporting students in recovery, those seeking recovery, or students who may have a problem with alcohol or other drugs. Participants also learned about substance use disorder and recovery, non-stigmatizing recovery dialects, and ways to support friends and loved ones.

MARCH 2021

Nursing Student Naloxone Training

March 2, 2021 1:00pm – 2:00pm CYAAR, in collaboration with the Student Nursing Association (SNA), hosted Naloxone training specifically designed for future healthcare workers. SNA members learn how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. 18 students attended.

Safe Spring Break

March 3, 2021 2:00pm – 4:00pm Marietta Campus Stingers Walkway 2:00pm – 4:00pm March 4, 2021 Kennesaw Campus Green Health Promotion and Wellness hosted two days of safety education ahead of spring break in collaboration with CYAAR, Counseling and Psychological Services, and Public Safety. Students learned about alcohol safety, health practices, and other safety tips through interactive games and giveaways. 39 students attended.

Tau Kappa Epsilon Drug and Alcohol Safety Presentation

March 14, 2021 6:30pm – 7:30pm **Burruss Building** Members of Tau Kappa Epsilon were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the Alcohol and Other Drug Prevention Education Coordinator. 27 students attended.

National Drug and Alcohol Facts Week

March 23, 2021	12:30pm – 2:30pm	Kennesaw Campus Green
March 24, 2021	12:30рт – 2:30рт	Carmichael Student Center Atrium
March 25, 2021	12:30pm – 2:30pm	Joe Mack Wilson Student Center Lobby
Students had the opportunity to play alcohol and other drug spin wheel trivia for giveaways. 20		
students attended.		

Virtual

Virtual

APRIL 2021

Gamma Phi Beta Alcohol Education

April 1, 2021 6:00pm - 7:00pm Members of Gamma Phi Beta were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the Alcohol and Other Drug Prevention Education Coordinator. 23 students attended.

Sigma Alpha Epsilon Alcohol Education

April 11, 2021 5:00pm – 6:00pm Social Science Building Members of Sigma Alpha Epsilon were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the Alcohol and Other Drug Prevention Education Coordinator. 30 students attended.

Suds & Buds: Real Facts – Alcohol and Cannabis Education

April 12 – 15, 2021 12:00pm – 2:00pm Various Locations Across Both Campuses Students had the opportunity to stop by CYAAR pop-up engagement tables for pour demonstrations, BAC cards, cannabis education, and giveaways during National Alcohol Awareness Month. 19 students attended.

Manifest No Stress

April 19, 2021 11:00am – 2:00pm Kennesaw Campus Green April 20, 2021 11:00am – 2:00pm Marietta Campus Stingers Walkway CYAAR hosted engagement tables in partnership with the Georgia Prevention Project's College Prevention Partnership in which students could learn about stress relief techniques that do not involve substances. This programming is specifically timed ahead of finals week at KSU, a time that students report high levels of stress and anxiety. Students who participated received bags with coloring supplies, aromatherapy supplies, information about stress reduction programs at KSU, counseling services, and notes written by other students with words of encouragement. 73 students attended.

4/20 Karaoke

April 20, 2021 6:30pm – 9:00pm Kennesaw Campus Legacy Gazebo CYAAR provided alternative programming on campus for students on April 20, a day that is nationally known for high consumption of cannabis. CYAAR hosted a karaoke night for students to perform, giving them a safe, substance-free event on a recognized high-risk day. 23 students attended.

Virtual

DEA National Prescription Take Back Day

April 24, 202110:00am – 2:00pmKennesaw Campus Visitor's Parking LotTwice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Backlocation for the Kennesaw community. Anyone in the area that has unused medications candrop them off for safe disposal. 39 pounds of pills, 10 pounds of liquids, creams, inhalers, auto-injectors, and 16 pounds of sharps were collected.

<u>MAY 2021</u>

Pharm to Table

May 26, 202111:00am – 1:00pmMarietta Campus Stingers WalkwayMay 27, 202111:00am – 1:00pmKennesaw Campus GreenStudents had the opportunity to stop by CYAAR engagement tables to pick up aromaticwindowsill plants for stress relief and learn about prescription medication safety. In addition toaromatic plants, students also received DisposeRx, a product used to safely dispose of unusedmedication at home and literature on safe medication storage. Students also learned about on-campus Rx drop boxes and medication lockbox rental from CYAAR. 35 students attended.

YEAR-ROUND

Peer Educators: The Center for Young Adult Addiction and Recovery trains Peer Educators to go to classrooms and lead discussions with and/or present to their peers on alcohol, drugs, and other student health issues. All Peer Educators receive training and can be requested by an instructor. CYAAR Peer Educators presented in 23 classrooms during the 2020 – 2021 academic year.

Naloxone Training: Faculty, staff, and students from KSU can receive free training about the effects of opioids, how to recognize an opioid overdose, and to administer the opioid overdose reversal drug Naloxone. At the end of training, participants receive a free Naloxone kit. Open Naloxone training sessions are held once a month.

Recovery Meetings: CYAAR hosts multiple weekly or bi-weekly recovery meetings year-round that are open to those in or seeking recovery. These meetings include 12-step meetings, all-recovery meetings, SMART Recovery meetings, and yoga and mutual aid meetings.

CYAAR staff members conduct clinical assessments, counseling services, and Wise Choices workshops during the academic year to provide education and intervention for code of conduct violations. Data on addiction and support services for 2020-2021 include: **180** students completed sanctioned CYAAR interventions (counseling, assessment, or Wise Choices), **145** people trained and equipped with Naloxone, **1369** Substance Use or related counseling appointments, **1** emergency AOD-related counseling sessions, and **0** referrals to treatment. In addition, CYAAR supported **82** students as part of the Collegiate Recovery Program cohort in 2020-2021.

SUMMER 2021

Orientation

May 2021 – August 2021 Kennesaw and Marietta Campuses Throughout first year orientation (New Owl Welcome), the Center for Young Adult Addiction and Recovery (CYAAR) hosted resource tables during the resource fair and had representatives on panels for students and family to learn more about recovery support and AOD education services provided by the Center for Young Adult Addiction and Recovery.

Wellness on Wheels: 50 Shades of Red, White, and Blue (Alcohol Safety Event)

July 1, 2021 11:00am – 1:00pm Marietta Campus Stingers Walkway Health Promotion and Wellness and CYAAR collaborated to host a Wellness on Wheels event focused on alcohol safety ahead of the Fourth of July holiday. Students were able to participate in drunk goggle obstacle courses, pick up holiday themed mocktails, BAC cards, alcohol safety coasters, standard drink size magnets, and other giveaways focused on alcohol safety. 9 students attended.

AUGUST 2021 (SCHOOL OPENING)

Diversity Ambassador Program Orientation

August 3, 20219:30am – 10:00amPrillaman Hall Indoor PlazaThe Office of Diversity and Inclusion trains student Diversity Ambassadors with the mission of
transforming how all students experience Kennesaw State University by equipping KSU student
leaders to advance the mission of the Division of Diverse and Inclusive Excellence of creating an
inclusive, welcoming, and equitable learning and working community at Kennesaw State.
Additionally, Ambassadors will engage the Kennesaw State student community by providing
programming and discussion designed to heighten awareness around social responsibility and
societal change. CYAAR participated in this training to equip Diversity Ambassadors in recovery
resources, destigmatizing language to use when discussing alcohol and other drug use, and how
to direct students to on-campus support for substance use concerns. 9 Diversity Ambassadors
participated.

First Flight: Paint Party with Mocktails

August 5, 20213:30pm – 5:00pmJoe Mack Wilson Student Center BallroomsHPW and CYAAR collaborated to host a paint party for students participating in the First Flightprogram. This event provided students with an opportunity to relax, destress, and learn aboutsafe alcohol practices. Students were provided with mocktails, giveaways focused on alcoholsafety, and learned about healthy destressing activities. 30 students attended.

Resident Assistant Naloxone Training

August 9, 20219:00am – 1:00pmKennesaw and Marietta CampusesCYAAR provided training to all Kennesaw campus and Marietta campus Resident Assistants on
the use of Naloxone and bystander intervention. 82 RA's trained at Kennesaw, 53 RA's trained
at Marietta.

Wellstar College of Health and Human Services Wellness Fair

August 17, 202110:00am – 1:00pmPrillaman Hall Indoor PlazaThe Wellstar College of Health and Human Services hosted a wellness fair to bring attention to
wellness resources across campus. CYAAR participated in resource tabling at this fair to discuss
wellness initiatives, AOD education, and resources with students.

Extreme Student Involvement Fairs

August 18, 202111:00am – 2:00pmMarietta Campus K-FieldsAugust 19, 202111:00am – 2:00pmKennesaw Campus GreenThe Department of Student Activities coordinated involvement fairs across both campusesduring Weeks of Welcome to inform students about ways to get engaged across campus.CYAAR participated by educating students about AOD resources, Wellbeing@KSU initiatives,and involvement opportunities with CYAAR's peer education and CYAAR Ambassador programs.450 attendees at the Marietta campus and 2,140 attendees at the Kennesaw campus.

WoW-a-Palooza

August 18, 20216:00pm – 10:00pmConvocation CenterThe Department of Fraternity and Sorority Life coordinated a welcome back event for students
to learn about involvement in FSL as well as learn about campus resources. CYAAR participated
with pour demonstrations, BAC cards, and Mocktail recipe booklets. 1,747 attendees.

College Panhellenic Council New Member Symposium

August 21, 20219:00am – 4:00pmKennesaw Campus University RoomsFSL hosted a New Member Symposium that was mandatory for all new members to CPCsororities that included education sessions on alcohol and other drug awareness that wasfacilitated by CYAAR staff. 385 students attended.

Weeks of Welcome: DIY Aromatherapy

August 24, 202110:00am – 1:00pmMarietta Campus Globe AreaAugust 26, 202110:00am – 1:00pmKennesaw Campus Student Center TerraceHealth and Wellbeing departments (CYAAR, HPW, CPS, and Sports & Rec) facilitated weeklong
activities during the second Week of Welcome that included events focused on safe and
healthy study skills, stress relief, and substance-free living. CYAAR hosted bracelet making
workshops that taught students about aromatherapy using lava bead bracelets. 172 attendees
at Marietta, 235 attendees at Kennesaw.

Gamma Phi Beta Alcohol Education

August 28, 20216:00pm – 7:00pmVirtualMembers of Gamma Phi Beta were in attendance for an alcohol and other drug safety
awareness seminar that was held during the regularly scheduled chapter meeting, led by the
Alcohol and Other Drug Prevention Education Coordinator. 42 students attended.Virtual

Debunking "It's just a little pot..." and Other Cannabis Myths

August 30, 202112:00pm – 2:00pmMarietta Campus Stingers WalkwayStudents were able to pick up a small, potted succulent and had the opportunity to decoratethe pot while learning about cannabis myths and facts. Each student also received cannabiseducation and CYAAR literature. 93 students attended.

SEPTEMBER 2021 (NATIONAL RECOVERY MONTH)

Debunking "It's just a little pot..." and Other Cannabis Myths

September 2, 202112:00pm – 2:00pmKennesaw Campus Commons PatioStudents were able to pick up a small, potted succulent and had the opportunity to decoratethe pot while learning about cannabis myths and facts. Each student also received cannabiseducation and CYAAR literature. 95 students attended.

National Recovery Month Awareness Tabling

September 7, 202111:00am – 1:00pmKennesaw Campus GreenSeptember 9, 202111:00am – 1:00pmMarietta Campus Stingers WalkwayCYAAR hosted tables to celebrate National Recovery Month. Students learned about RecoveryAllyship, recovery resources on campus, and participated in a stigma-reduction social mediacampaign while picking up giveaways and literature. 9 attendees at Marietta, and 46 attendeesattendeesat Kennesaw.attendees

KSU V. GT Sober Tailgate

September 11, 202110:00am – 4:00pmUniversity Village 6000 BuildingThe Collegiate Recovery Program at CYAAR hosted a sober tailgate during the largest game of
the football season for any students interested in a substance-free tailgate. CYAAR provided
food, games, and streamed the football game open to all students.

Alpha Omicron Pi Alcohol and Other Drug Safety

September 12, 20215:30pm – 6:30pmSocial Science BuildingMembers of Alpha Omicron Pi were in attendance for an alcohol and other drug safety
awareness seminar that was held during the regularly scheduled chapter meeting, led by the
Alcohol and Other Drug Prevention Education Coordinator. 115 students attended.

Tau Kappa Epsilon Alcohol and Other Drug Safety

September 19, 20213:30pm – 4:30pmSocial Science BuildingMembers of Tau Kappa Epsilon were in attendance for an alcohol and other drug safety
awareness seminar that was held during the regularly scheduled chapter meeting, led by the
Alcohol and Other Drug Prevention Education Coordinator. 45 students attended.

Collegiate Recovery Scholarship Breakfast

September 20, 20217:30am – 9:15pmKSU CenterCYAAR hosts an annual scholarship breakfast to highlight and support the successes of students
in recovery from addiction. This annual event is a fundraiser and an opportunity to educate the
faculty, staff, and various stakeholders about addiction and recovery.

Interfraternity Council New Member Symposium

September 25, 202110:00am – 1:00pmSocial Science BuildingFSL hosted a New Member Symposium that was mandatory for all new members to IFCfraternities that included education sessions on alcohol and other drug awareness that wasfacilitated by CYAAR staff. Approximately 130 students attended.

Nursing Student Naloxone Training

September 27, 202112:00pm – 1:00pmPrillaman HallMembers of the Student Nursing Association (SNA) at KSU have the opportunity 3 times per
year to register for Naloxone training aimed specifically at future healthcare workers. SNA
members learn how to identify an opioid overdose, how to reverse an overdose using naloxone,
proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and
stigma reduction surrounding opioid use. 21 students attended.

Field Day for Recovery

September 28, 20211:00pm – 4:00pmKennesaw Campus GreenCYAAR hosted a Field Day event held on the Campus Green during National Recovery Month
with games, races, music, and activities focused on bringing awareness to addiction
recovery. Students also participated in a positive social norming campaign survey in conjunction
with the Georgia Prevention Project's College Prevention Partnership. 120 students attended.

WELL 2000 AOD Education

September 20, 20212:00pm – 3:15pm & 3:30pm – 4:45pmConvocation CenterStudents in the Foundations of Health and Wellness class received AOD education during theirregularly scheduled class time in conjunction with substance use curriculum from the CYAARAOD Prevention Education Coordinator. 34 students attended between two classes.

OCTOBER 2021

Mental Health Fair

October 5, 202110:00am – 2:00pmJoe Mack Wilson Student Center BallroomsOctober 7, 202110:00am – 2:00pmKennesaw Campus University RoomsDepartments from across campus collaborated to host a mental health fair to promote mentalhealth resources and activities. CYAAR tabled with aromatherapy supplies and informationabout recovery support services and AOD education. 38 attendees at Marietta, and 144attendees at Kennesaw.

Communities Talk: Town Hall Meetings to Prevent Underage Drinking

October 6, 20216:00pm – 7:00pmVirtualThe Substance Abuse and Mental Health Services Administration (SAMHSA) sponsored a TownHall that was focused on solving the problem of underage drinking and other drug use. The planwas to meet with parents and students to discuss policies surrounding alcohol on campus. 15people registered, but 0 attended.

Pharm to Table

October 11, 20212:00pm – 4:00pmMarietta Campus Stingers WalkwayOctober 12, 20212:00pm – 4:00pmKennesaw Campus GreenStudents had the opportunity to stop by CYAAR engagement tables to pick up aromaticwindowsill plants for stress relief and learn about prescription medication safety. In addition toaromatic plants, students received DisposeRx, a product used to safely dispose of unusedmedication at home and literature on safe medication storage. Students also learned about on-campus Rx dropboxes and medication lockbox rental from CYAAR. 60 attendees at Marietta,and 78 attendees at Kennesaw.

HAMSA/Hillel/CRP Narcan Training

October 12, 20216:30pm – 7:30pmUniversity Village 6000 BuildingHelping Atlantans Manage Substance Abuse (HAMSA), a division of Jewish Family and CareerServices donated Narcan (Naloxone) to train members of Kennesaw State's Hillel chapter andCRP students in the use of Naloxone. The training was facilitated by CYAAR staff. HAMSA alsoprovided giveaways and literature about their services to attendees. 12 students attended.

National Collegiate Alcohol Awareness Week Tabling

October 19, 202112:00pm – 2:00pmCarmichael Student Center AtriumCYAAR Ambassadors hosted tables during NCAAW which students could participate in pour
demonstrations and receive personalized BAC cards as well as packets including standard drink
size magnets, medical amnesty information, and designated driver positive social norms
coasters from HPW. 14 students attended.

Fall Festival

October 20, 20213:00pm – 6:00pmKennesaw Campus GreenHealth Promotion and Wellness hosts an annual Fall Festival alcohol education event on the
Campus Green to teach students about safer drinking and the effects of alcohol. This event is
part of the National Collegiate Alcohol Awareness Week. Various tables from different
departments are present to teach about safer drinking or about campus resources that relate to
safer drinking practices. CYAAR hosts a table each year with AOD trivia, games, giveaways, and
information about CYAAR resources. 237 students attended.

DEA National Prescription Take Back Day

October 23, 202110:00am – 2:00pmKennesaw Campus Visitor's Parking LotTwice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Backlocation for the Kennesaw community. Anyone in the area that has unused medications candrop them off for safe disposal. 102 gross pounds collected. 39 pounds of pills, 42 pounds ofinhalers, auto-injectors, and liquids.

Nursing Student Naloxone Training

October 26, 202112:00pm – 1:00pmPrillaman HallMembers of the Student Nursing Association (SNA) at KSU have the opportunity 3 times per
year to register for Naloxone training aimed specifically at future healthcare workers. SNA
members learn how to identify an opioid overdose, how to reverse an overdose using naloxone,
proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and
stigma reduction surrounding opioid use. 18 students attended.

Phi Mu AOD Education and Naloxone Training

October 31, 20211:00pm – 2:30pmSocial Science BuildingMembers of Phi Mu sorority requested CYAAR staff to come present during their new membereducation about alcohol and other drug safety as well as train new members and chapterexecutives on the use of Naloxone. 21 students attended.

NOVEMBER 2021

Wellness Workshop: ATOD Paint Party

November 11, 202112:00pm – 1:00pmStudent Recreation & Activities CenterHealth Promotion and Wellness and CYAAR partnered to host a paint party with mocktails as a
de-stress activity. Students learned about safe drinking practices and healthy ways to cope with
stress. 12 students attended.

Recovery Ally and Naloxone Training in academic classes

November 30, 20213:30pm - 6:00pmConvocation CenterCYAAR staff delivered Student Recovery Ally Training and Naloxone Training to students inFundamentals of Behavioral Health Care. 36 students attended.

DECEMBER 2021

Recovery Ally and Naloxone Training in academic classes

December 2, 202112:30pm – 3:00pmPrillaman HallCYAAR staff delivered Student Recovery Ally Training and Naloxone Training to students in
Fundamentals of Behavioral Health Care. 19 students attended.

JANUARY 2022

Chill Student Involvement Fairs

January 11, 202211:00am – 2:00pmJoe Mack Wilson Campus Student CenterJanuary 14, 202211:00am – 2:00pmCarmichael Student CenterCampus departments, RSOs, clubs, and other organizations tabled in the student centers tobring awareness to students about involvement opportunities across campus. Campusdepartments with locations in the student centers held open houses. CYAAR participated in theCYAAR location in the Wilson Student Center on the Marietta Campus, and the sharedWellbeing@KSU space in the Carmichael Student Center with HPW, CPS, and Sports & Rec atthe Kennesaw Campus. CYAAR Ambassadors represented CYAAR promoting the CYAARAmbassador program, Wellbeing@KSU services and resources, and recovery support services.190 students attended at Marietta, and 401 students attended at Kennesaw.

Gamma Phi Beta Alcohol Education

January 23, 20224:45pm - 6:15pmBurruss BuildingMembers of Gamma Phi Beta were in attendance for an alcohol and other drug safety
awareness seminar that was held during the regularly scheduled chapter meeting, led by the
Alcohol and Other Drug Prevention Education Coordinator. 90 students attended.

Student Advocacy Resource Fair

January 31, 2022 11:00am – 2:00pm Kennesaw Campus University Rooms The Student Advocacy Resource Fair is the signature event that kicks off the 5th Annual Owl Creed Week. Various KSU departments and student organizations attended to showcase their advocacy support services. CYAAR participated, highlighting on-campus recovery support services and educating students on stigma-reduction and recovery allyship. 129 students attended.

FEBRUARY 2022

Applying the Owl Creed to Being a Recovery Ally

February 1, 202212:00pm – 2:00pmCarmichael Student Center AtriumFebruary 2, 202212:00pm – 2:00pmJoe Mack Wilson Student Center LobbyCYAAR hosted tables in high traffic areas during the annual Creed Week to educate students
about how to apply our Owl Creed to being an effective ally to students in recovery or seeking
recovery from substance use disorder and eating disorders. Students also learned how to have
a conversation with a friend they might be worried about and how to find that friend help. 10
students attended at Kennesaw, and 19 students attended at Marietta.

Interfraternity Council General Body Naloxone Training

February 15, 20223:30pm – 4:30pmAcademic Learning CenterCYAAR staff facilitated Naloxone training and Naloxone kits for the IFC executive committeeand all IFC chapter presidents. 19 students attended.

American Medical Student Association Naloxone Training

February 15, 20225:00pm – 6:00pmClendenin BuildingCYAAR staff facilitated Naloxone training and Naloxone kits for the American Medical StudentAssociation chapter at Kennesaw State. 20 students attended.

WELL 2000 AOD Education

February 17, 20222:00pm – 3:15pm & 3:30pm – 4:45pmConvocation CenterStudents in the Foundations of Health and Wellness class received AOD education during theirregularly scheduled class time in conjunction with substance use curriculum from the CYAARAOD Prevention Education Coordinator. 41 students attended between two classes.

Love Your Body Week | Eating Disorders Awareness Week

February 21 – 25, 2022 Love Your Body Week (LYBW) is a collaborative effort between multiple on-campus, well-being departments. During LYBW, students have the opportunity to participate in a variety of programming focused on eating disorder awareness and recovery, as well as body positivity, and healthy physical habits. CYAAR hosted in-person engagement tables, Yoga for Feeding the Soul Meetings, a Smash the Scale event, an Open Mic Night, and a Talkback event in partnership with the College Panhellenic Council. 336 students attended.

Interfraternity Council New Member Symposium

February 26, 20229:00am – 1:00pmPrillaman HallFSL hosted a New Member Symposium that was mandatory for all new members to IFCfraternities that included education sessions on alcohol and other drug awareness that wasfacilitated by CYAAR staff. 82 students attended.

Tau Kappa Epsilon and Sigma Alpha Epsilon AOD Education

February 27, 20225:00pm - 6:00pmSocial Science BuildingMembers of Tau Kappa Epsilon and Sigma Alpha Epsilon invited CYAAR staff to present on
alcohol and other drug safety at a collaborative event involving both chapters during their
regularly scheduled chapter meeting time. 58 students attended.

MARCH 2022

Safe Spring Break

March 3, 20222:00pm - 5:00pmKennesaw Campus GreenHealth Promotion and Wellness hosted an event on the Campus Green featuring safetyeducation ahead of spring break in collaboration with CYAAR, Counseling and PsychologicalServices, and Public Safety. Students learned about alcohol safety, health practices, and othersafety tips through interactive games and giveaways. 173 students attended.

Austin Residence Complex Spring Break Safety Event

March 4, 202212:00pm – 2:00pmARC AmphitheaterCYAAR partnered with the Austin Residence Complex on campus to provide residents in ARCwith giveaways to keep them safe during spring break. The "Spring Break Survival Kits" includedbeach towels, hydration packets, BAC cards, sunscreen, standard drink size magnets, and othersupplies. Students participated in pour demonstrations to teach standard drink size and AODtrivia. 47 students attended.

Beta Theta Pi Naloxone Training

March 20, 20224:00pm – 5:00pmJoe Mack Wilson Student Center BallroomsMembers of Beta Theta Pi fraternity as well as chapter advisors received Naloxone trainingfrom CYAAR staff. Members of the chapter's executive team received Naloxone kits so thatNaloxone would be present at all chapter events and meetings. 18 students attended.

Send Silence Packing

March 22, 20229:00am – 4:00pmKennesaw Campus GreenDivision of Student Affairs, Counseling and Psychological Services, and the Wellbeing@KSUcollaborative was honored to bring the Active Minds Send Silence Packing® exhibit to KSU. Formore than a decade, Active Minds' acclaimed Send Silence Packing® exhibit has traveled thecountry to end the silence that surrounds mental health and suicide and connected visitors withresources for support and action.

The all-day exhibit included personal stories from individuals who have lost a loved one to suicide and is designed to raise awareness about the impact of suicide, connect individuals to mental health resources, and inspire action for suicide prevention. Passersby are invited to walk among the Send Silence Packing backpacks to see the photographs and read the stories attached to them. Many of the backpacks were donated by families who lost a loved one to suicide. CYAAR hosted a table at the event to bring awareness to recovery support services at KSU as well as provide alcohol and other drug education to attendees.

National Drug and Alcohol Facts Week

March 23, 202212:00pm – 2:30pmJoe Mack Wilson Student Center LobbyMarch 24, 202212:00pm – 2:30pmCarmichael Student Center AtriumCYAAR Ambassadors hosted tables on both campuses during National Drug and Alcohol FactsWeek featuring AOD trivia. Students who participated were able to receive prizes andgiveaways for answering questions about AOD safety. 34 students attended at Kennesaw.Students attended at Kennesaw.

Health Fair

March 29, 202211:00am – 4:00pmKennesaw Campus University RoomsOn-campus departments and off-campus community health partners came together to bring
health screenings and resources to students during the Health Fair. CYAAR hosted a table that
provided students with AOD education information and recovery support resources. 244
students attended.

<u>APRIL 2022</u>

Never Baked Brownies

April 13, 202212:00pm – 2:30pmMarietta Campus Stingers WalkwayApril 14, 202212:00pm – 2:30pmCarmichael Student Center RotundaCYAAR Ambassadors hosted tables in high traffic areas ahead of April 20, a historically high-risktime for cannabis use, to educate students about cannabis laws and policies, and health effectsof cannabis use. Students were able to receive no-bake mug brownie mixes with literatureabout cannabis use after participating in cannabis trivia. 20 students attended at Marietta, and53 students attended at Kennesaw.53 students attended at Kennesaw.

Pharm to Table

April 18, 202212:00pm – 2:00pmMarietta Campus Stingers WalkwayStudents had the opportunity to stop by CYAAR engagement tables to pick up aromaticwindowsill plants for stress relief and learn about prescription medication safety. In addition toaromatic plants, students also received DisposeRx, a product used to safely dispose of unusedmedication at home and literature on safe medication storage. Participants had the opportunityto pick up SafeRx locking pill bottles for safe medication storage. Students also learned abouton-campus Rx drop boxes and medication lockbox rental from CYAAR. 34 students attended.

4/20 Karaoke

April 20, 20226:30pm – 9:00pmKennesaw Campus Legacy GazeboCYAAR provided alternative programming on campus for students on April 20, a day that is
nationally known for high consumption of cannabis. CYAAR hosted a karaoke night for students
to perform, giving them a safe, substance free event on a recognized high-risk day. 44 students
attended.

Pharm to Table

April 25, 202212:00pm – 2:00pmKennesaw Campus GreenStudents had the opportunity to stop by CYAAR engagement tables to pick up aromatic
windowsill plants for stress relief and learn about prescription medication safety. In addition to
aromatic plants, students also received DisposeRx, a product used to safely dispose of unused
medication at home and literature on safe medication storage. Participants had the opportunity
to pick up SafeRx locking pill bottles for safe medication storage. Students also learned about
on-campus Rx dropboxes and medication lockbox rental from CYAAR. 85 students attended.

Alpha Phi Alpha Alcohol Education

April 25, 20227:00pm – 9:00pmSocial Science BuildingAlpha Phi Alpha fraternity requested that the AOD Prevention Education Coordinator fromCYAAR come present at an annual event hosted by Alpha Phi Alpha, open to other members ofNPHC and MGC organizations, called the Canon Dozier Alcohol Awareness event. Participantswere able to learn about safe drinking practices through the presentation, as well as use BACgoggles to emphasize the dangers of drunk driving. All participants received BAC cards,information about CYAAR, and standard drink size magnets. 49 students attended.

Naloxone Training for Fundamentals of Behavioral Healthcare

April 26, 20223:30pm – 4:45pmAcademic Learning CenterCYAAR staff trained students in IHS 3240 on how to identify opioid overdose, how to use
naloxone, and discussed stigma reduction around opioid use. All participants who wanted to be
equipped with Naloxone were given kits. 33 students attended.

Paws & Relax

April 27, 202211:00am – 1:00pmKennesaw Campus GreenHPW hosted an event in which students could learn different stress reduction techniques ahead
of finals from multiple departments. CYAAR provided supplies and information about
aromatherapy for stress relief and study skills through making aromatherapy lava bead
bracelets. Students were able to make essential oil bracelets, get stress relief giveaways from
other departments, and play with therapy dogs. 318 students attended.

Naloxone Training for Fundamentals of Behavioral Healthcare

April 28, 2022 12:30pm – 1:45pm Prillaman Hall CYAAR staff trained students in IHS 3240 on how to identify opioid overdose, how to use naloxone, and discussed stigma reduction around opioid use. All participants who wanted to be equipped with Naloxone were given kits. 40 students attended.

DEA National Prescription Take Back Day

April 30, 2022 10:00am – 2:00pm Kennesaw Campus Visitor's Parking Lot Twice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Back location for the Kennesaw community. Anyone in the area that has unused medications can drop them off for safe disposal. 13 pounds of medication were collected. MAY 2022

Pi Kappa Phi AOD Education

May 1, 2022 7:00pm – 8:00pm Burruss Building Members of Pi Kappa Phi were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the Alcohol and Other Drug Prevention Education Coordinator. 60 students attended.

Advancing Connections for Recovery Conference

May 25 – 27, 2022 CYAAR hosted a conference at Kennesaw State University in partnership with the Riley's Wish Foundation. This 3-day conference focused on research and treatment of co-occurring substance use and other mental health disorders on the first day, allyship and activism on the second day, and on-going recovery support and the markers of recovery on the third day. Registration was free for KSU students, staff, and faculty. 69 attendees.

JUNE 2022

Summer Safety

June 22, 2022 10:00am – 12:00pm Student Recreation & Activities Center HPW hosted a summer safety event in partnership with CYAAR, Public Safety, and Wellbeing@KSU to educate students on summer safety tips such as hydration, sun safety, and substance use. 18 students attended.

Stonewall Riots Celebration: Pride Carnival

June 25, 2022 1:00pm – 4:00pm Kennesaw Campus Green The LGBTQ Resource Center, UNITY Center, Housing and Residence Life, and the Presidential Commission on LGBTQ Initiatives hosted an event in conjunction with campus partners, including CYAAR to celebrate the anniversary of the Stonewall Riots. The Pride Carnival included bouncy houses, a food truck, carnival games, prizes, and resource tables. CYAAR provided information on substance use and medication safety specifically for concerns in the LGBTQ. population. 95 students attended.

KSU Center

YEAR-ROUND

Peer Educators: Health Promotion and Wellness and the Center for Young Adult Addiction and Recovery train Peer Educators to go to classrooms and lead discussions with and/or present to their peers on alcohol, drugs, and other student health issues. All Peer Educators receive training and can be requested by an instructor. CYAAR Peer Educators presented in 27 classrooms during the 2021 – 2022 academic year.

Naloxone Training: Faculty, staff, and students from KSU can receive free training about the effects of opioids, how to recognize an opioid overdose, and to administer the opioid overdose reversal drug Naloxone. At the end of training, participants receive a free Naloxone kit. Open Naloxone training sessions are held once a month.

Recovery Ally Training: All KSU faculty and staff have the opportunity to take Recovery Ally Training, a 3-hour course taught by CYAAR staff and designed to educate KSU employees to support students who are presenting with substance use issues, may come to them for help, or are in recovery from substance use. This training influences how faculty and staff handle substance use on campus, have conversations about substance use, as well as influence how policies and procedures affect students who are in recovery on campus.

CYAAR Also developed a Recovery Ally course for student participants during the 2021 – 2022 academic year. Student Recovery Ally is a 75-minute course that helps students have conversations with friends about substance use concerns and recovery as well as creating a recovery-ready campus. Student Recovery Ally is offered once a month.

Recovery Meetings: CYAAR hosts multiple weekly or bi-weekly recovery meetings year-round that are open to those in or seeking recovery. These meetings include 12-step meetings, all-recovery meetings, SMART Recovery meetings, and yoga and mutual aid meetings.

CYAAR staff members conduct clinical assessments, counseling services, and Wise Choices workshops during the academic year to provide education and intervention for code of conduct violations.

Data on addiction and support services for 2021-2022 include: **225** students completed sanctioned CYAAR interventions (counseling, assessment, or Wise Choices), **510** people trained and equipped with Naloxone, **1,262** Substance Use or related counseling appointments, **0** emergency AOD-related counseling session, and **2** referrals to treatment. In addition, CYAAR supported **67** students as part of the Collegiate Recovery Program cohort in 2021-2022.

Appendix B Health Promotion and Wellness Review of AOD Programs 2020 – 2022

<u>July 2020</u>

Programming was virtual since KSU is closed for on-campus instruction. Social Media posts were created and posted to various platforms.

7/4/20 - Have a happy and safe 4th of July KSU!

7/9/20 - Slow Down Mocktail

7/16/20 - State the Facts Challenge

7/26/20 - Reshare of GOHS designated driver post.

August 2020

8/20/20: ThinkFast Interactive was hosted on the Kennesaw Campus. Students were able to participate in an interactive trivia game, highway safety edition. (25 attended the event).

Based on recommendations to limit personal contact and encourage safe social distancing, programming was mostly virtual. Social Media posts were created and posted to various platforms.

8/6/20 - Healthy Ways to Relieve Stress - Use this list of activities of things to do besides drinking.

8/13/20 - Alcohol Facts: Black Out vs. Brown Out

8/18/20 - ThinkFast Interactive Event Promotion

8/21/20 - Remember, #ClickItOrTicket 8/21/2020 - ThinkFast reminder and RSVP Link

8/27/2020 - Seat belt survey – 81% of KSU Students wore a seat belt while driving.

September 2020

9/22/20 ATOD Classroom Presentation (7 attended; program request in documentation, unable to get sign in list from professor)

9/24/20 ATOD Classroom Presentation (8 attended; program request in documentation, unable to get sign in list from professor)

Based on recommendations to limit personal contact and encourage safe social distancing, programming is mostly virtual. Social Media posts were created and posted to various platforms.

9/3/20 - Driving playlist to avoid distracted driving.

9/9/20 - Reshare of the Driving high DUI video.

9/10/20 - Safe Driving Tips - Be safe when you're on the road.

9/16/20 - Reshare from GOHS - If you're meeting friends for drinks after work, someone has to be the #designateddriver.

9/28/2020 - Georgia is a hands-free state. Don't text and drive.

October 2020

Based on recommendations to limit personal contact and encourage safe social distancing, programming was mostly virtual. Social Media posts were created and posted to various platforms.

10/2/20 - Reminder, don't drink and drive. Have a DD.

10/14/20 - Pedestrian safety

10/21/20 - Fall Festival-Scary Good Mocktails

10/21/20 - Mocktail recipes.

10/23/2020 - Don't be a monster, make Halloween plans for a DD.

10/30/2020 - Drug impaired driving is deadly.

November 2020

11/11/20: Met with Residence Life directors and assistant directors to gain support and feedback on social norms campaign and 21st birthday card initiative.

11/18/20: Met with Residence Life senior resident advisors of University Village to gain feedback on social norms campaign and 21st birthday card initiative.

Social Media posts were created and posted to various platforms.

11/11/20 - Two words for young adults: buckle up

11/11/20 - Drive sober message.

11/17/20 - Retweet GOHS Thanksgiving message-12 deaths are too many

11/20/20 - Get to Thanksgiving safely

December 2020

12/1/20: Met with Residence Life senior resident advisors of Austin Residence Complex to gain feedback on social norms campaign and 21st birthday card initiative.

12/1/20: Met with Parent and Family Programs director to gain feedback on 21st birthday card initiative. Parents will be able to request a card for their student and promoted by Parent and Family Programs.

12/16/20 and 12/17/20: Certified peer educator training was held (2 students attended; 2 students passed).

Based on recommendations to limit personal contact and encourage safe social distancing, programming was mostly virtual. Social Media posts were created and posted to various platforms.

12/4/20 - Have a safe and happy weekend Owls!

12/14/20 - Stay off Santa's naughty list: Designate a sober driver to get you home safely after drinking. Buzzed Driving Is Drunk Driving

12/21/20 - Keep the holidays merry and bright: Stay safe and sober by refusing to drive while impaired.

12/31/2020 - I think we are all celebrating an end to 2020! Be safe this #NewYearsEve and don't drink and drive.

January 2021

Social Media posts were created and posted to various platforms.

1/4/21 - We hope you managed to #KeepSafeandUnited during the holiday break. Remember to always wear your seatbelt.

1/11/21 - Re-Tweet of GOHS: Here are four things that can help make your 2021better (and safer)

1/15/21 - Welcome back to campus! Make sure you are safely crossing the busy streets by paying attention to traffic signals and using crosswalks. #BeSafe #LookBothWays

1/28/21 - Make a plan ahead of time to designate a sober driver. #DriveSober #designateddriver

February 2021

2/10/21 and 2/11/21: Certified Peer Educator Training held; (7 participants; all passed and are certified)

02/16/21 ATOD Classroom Presentation (5 participants)

2/22/21: Launched 21st birthday card initiative with Residence Life and Parent and Family Programs (11 cards mailed in February).

Launched social norms campaign via social media channels.

Social Media posts were created and posted to various platforms.

2/4/21 - There's no need to consult the playbook. The winning play is always to designate a sober driver. Fans Don't Let Fans Drive Drunk.

2/12/21 - If you feel different you drive different!

2/19/21 - Always make sure to have a designated driver or use a rideshare option to get home. Be safe Owls.

2/26/21 - Remember to alternate alcoholic drinks with non-alcoholic drinks, especially water, to stay hydrated.

March 2021

Ongoing: 21st birthday cards were mailed to students living in on-campus housing (42 cards mailed in March).

03/04/21 Safe Spring Break: Partnered with the Center for Young Adult Addiction and Recovery to provide education on standard drink sizes and ways to make safe choices over spring break. Students were able to participate in an obstacle course in which they made their way through by answering alcohol and highway safety related questions correctly. (Marietta Campus: 19 participants; Kennesaw Campus: 20 participants).

Social Media posts were created and posted to various platforms.

3/2/21 - Safe Spring Break promotion

3/5/21 - Buckle Up Your Seatbelt

3/15/21 - Luck Won't Keep You Out of A Jam

3/24/21 - Retweeted GOHS posts on Twitter

3/26/21 - Hands Free promotion

<u>April 2021</u>

Ongoing: 21st birthday cards were mailed to students living in on-campus housing (44 cards mailed in April).

Seatbelt survey completed (400 cars surveyed; 92.3 % compliance).

Social Media posts were created and posted to various platforms.

4/3/21 - Social Norm Promotion: 9 out of 10 KSU Owls do not drive after drinking alcohol

4/9/21 - Your phone can wait. Safety can't. #JustDrive

4/16/21 - Designated Driver/Rideshare App Promotion

4/19/21 - Hand Free promotion

4/20/21 - If you feel different, you drive different

4/20/21 - If you feel different, you drive different

4/30/21 - Alcohol and memory/be the designated driver

4/30/21 - Seatbelts save lives. Promotion of KSU Seatbelt Survey Results

AOD Classroom Presentations:

4/9/19 x 2 presentations reaching 38 students

4/10/19 x 2 presentations reaching 50 students

4/16 19 x 3 presentations reaching 104 students

4/18/19 x 2 presentations reaching 44 students

4/16/19: We've Got Your BAC – Kennesaw Campus: Students had the opportunity to wear Fatal Vision Goggles while trying to navigate their way through cones. Students also had the opportunity to participate in Pour Me a Drink, which allows students to see a standard drink size. (13 students attended)

<u>May 2021</u>

Ongoing: 21st birthday cards were mailed to students living in on-campus housing (41 cards mailed in May).

5/25/21: ATOD Classroom Presentation (9 participants)

Social Media posts were created and posted to various platforms.

5/7/21 - May is Motorcycle Safety Awareness Month. Make sure you wear a helmet and share the road.

5/14/21 - Seatbelts save lives! Shared KSU seatbelt survey results.

5/14/21 - Seatbelts save lives! Plus, it's the law!

5/21/21 - There's a helmet for every head, no matter the shape or size.

5/28/21 - Don't be a hard-head, unless you're talking about your helmet.

<u>June 2021</u>

Ongoing: 21st birthday cards were mailed to students living in on-campus housing (37 cards mailed in June).

06/16/21: Wellness on Wheels: Summer Rules for Staying Cool. Participants were provided education on how to stay safe during the summer, including making safe choices with alcohol. (20 participants attended.)

Social Media posts were created and posted to various platforms.

6/4/21 - Motorcycle Safety: Motorcyclists don't always use their brakes, so watch out and leave space!

6/11/21 - Seatbelts save lives! Shared KSU seatbelt survey results.

6/18/21 - Always designate a sober driver....

6/21/21 - Motorcycle/scooter safety.

6/28/21 - Fifty Shades of Red, White, and Blue! Alcohol awareness event promotion

<u>July 2021</u>

Ongoing: 21st birthday cards were mailed to students living in on-campus housing (30 cards mailed in July).

7/1/21: Wellness on Wheels: 50 Shades of Red, White, and Blue: Students were provided alcohol education, BAC cards, and social norm coasters. They were also able to participate in a paint activity using the fatal vision goggles and a walk the line activity. Students were also served a "Patriotic Punch" mocktails. The University Police Department was invited to participate but did not show up for the event (9 participants attended).

Social Media posts/ads were created and posted to various platforms.

7/1/21 - Promotion of Wellness on Wheels alcohol awareness event sponsored by the PHEs

7/1/21 - Shared Patriotic Punch mocktail recipe

7/2/21 - Drive sober or get pulled over

7/8/21 - Be a designated driver

7/12/21 - Vehicle theft prevention

7/28/21 - Buckle Up Owls!

August 2021

Social norming yard signs, napkin dispenser inserts, and posters were distributed across both campuses.

8/5/21: Paint Party with Mocktails: Freshman students in the First Flight program were given a canvas, paint, and frozen mocktails. They were provided with a prompt, but most students chose to create their own design. Students were given alcohol education, BAC cards, and social norm coasters and cups. (30 students attended).

8/10/21 & 08/11/21: Certified Peer Educator Training (5 students passed certification exam-2 students were already certified).

Social Media posts/ads were created and posted to various platforms.

8/3/21 - Save these DD tips for later!

8/13/21 - Way to go Owls! Make sure to buckle up every time you ae in the car

8/20/21 - Did you know that 1 in 4 owls choose not to drink alcohol?

8/27/21 - If you ride your bike around campus, make sure to use hand signals and wear a helmet

September 2021

9/21/21: ATOD Classroom Presentation (9 students attended).

9/23/21: ATOD Classroom Presentation (13 students attended).

Social norming whiteboards, yard signs, napkin dispenser inserts, and posters were distributed across both campuses.

Social Media posts/ads were created and posted to various platforms.

9/3/21 - If you ride your bike around campus, make sure to use hands signals

9/10/21 - Heads up, Owls! Make sure to use the sidewalks and designated crosswalks

9/17/21 - Be the DD. Make sure you have a sober driver

9/24/21 - Arrive alive! Make sure to check your speed

October 2021

10/6/21: SAMHSA sponsored ATOD Town Hall that was hosted on Zoom. The plan was to meet with parents and students to discuss policies surrounding alcohol on campus. (15 people registered, but 0 attended).

10/20/21: Fall Festival: Students visited various stations on the Campus Green to learn about harm reduction strategies and various campus resources. The stations included: Keep Track of Your BAC (Blood Alcohol Concentration), Pour Me a Drink, Mock DUI, Plinko Trivia, and GOHS Roll Over Simulator. Campus resource tables included Health Promotion and Wellness, Counseling and Psychological Services, and Center for Young Adult Addiction and Recovery. Students learned about safer drinking practices and traffic safety. Students learned to calculate and measure standard drink units, recognize the signs of alcohol poisoning, campus policies regarding alcohol, and campus resources (237 students participated). A description of the stations are below:

Mock DUI: Participants wore Fatal Vision Goggles and walked through an obstacle pathway. Students were given resource books and pamphlets on being a designated driver and never drinking and driving.

Pour Me a Drink: Participants learned how to pour a standard drink size. They were given a pitcher of water and a wine, beer, and mixed drink glasses. They were told to pour what they thought was a standard drink of each, and then measured to see how accurate they were to the standard drink size. This helped students understand how to keep track of their blood alcohol concentration with each drink.

Keep Track of your BAC: It was explained how to use a BAC card in order to calculate their estimated blood alcohol concentration. They received their own BAC cards, as well as a resource sleeve that included tips on how to stay in the green zone.

Plinko Trivia: Students played Plinko and were asked questions related to safer drinking practices and learned about the dangers of drinking games.

GOHS Roll Over Simulator: Crash dummies were placed in a Ford Ranger truck without wearing safety belts. A 35-mph rollover crash was simulated and students observed the results of not being properly restrained. Crash dummies were buckled in a second time demonstrating the importance of wearing safety belts in a vehicle.

Social Media posts/ads were created and posted to various platforms.

10/1/21 - 9 out of 10 KSU Owls wear their seatbelt! Make sure to buckle up Owls!

10/8/21 - October is National #PedestrianSafety Month!

10/15/21 - It's #PedestrianSafety Month and we're urging ALL drivers to put the phone down and watch out for pedestrians.

10/18/21 - Fall Festival - Get ready for Fall Festival on the Kennesaw Campus Green Wednesday, October 20th from 3-6 pm!

10/19/21 - Fall Festival Mocktails- Stop by Fall Festival for tasty mocktails, games, and giveaways!

10/22/21 - Don't let your drive home become a cautionary tale. It's never safe to get behind the wheel after drinking. Designate a sober driver BEFORE the #Halloween party.

10/29/21 - If you're sipping a potion, drinking something boo-zy, or indulging in a witch's brew, don't get behind the wheel. Call a sober friend, ride share, or taxi – they'll get you home safely and ensure your #Halloween fun doesn't end in a nightmare. #BuzzedDriving is drunk driving.

November 2021

11/3/21: That's the Spirit (Marietta Campus): Participants wore fatal vision goggles, based on BAC level they wanted to try, and attempted to play cornhole. This was to simulate how handeye coordination is impaired when under the influence of alcohol. For giveaways, there were brochures on alcohol and drinking and driving, padfolios with KSU social norms and campus resources, and social norm stickers were distributed (26 students participated).

11/11/21: ATOD Paint Party: Students were provided mocktails and campus resource information. After the presentation, students participated in a paint party. Center for Young Adult Addiction and Recovery provided mocktail recipe books and Health Promotion and Wellness provided social norm stickers (12 students participated).

11/16/21: That's the Spirit (Kennesaw Campus): Participants wore fatal vision goggles, based on BAC level they wanted to try, and attempted to play cornhole. This was to simulate how handeye coordination is impaired when under the influence of alcohol. For giveaways, there were brochures on alcohol and drinking and driving, padfolios with KSU social norms and campus

Social Media posts/ads were created and posted to various platforms.

11/2/21 - You can't beat a fun paint party! Come relax for an afternoon of painting, mocktails, and alcohol awareness tips.

11/4/21 - ATOD Paint Party - Grab a friend for mocktails and painting!

11/12/21 - Be safe while walking to class Owls! Make sure not to cross in front or behind vehicles and use the crosswalk to cross safely.

11/19/21 - We're all looking forward to many #Friendsgiving and #Thanksgiving celebrations after a long time apart—make sure you include your seat belt in your holiday plans. #BuckleUp. Every Trip. Every Time.

11/24/21 - We're thankful for YOUR safe driving choices. Drive safely this Thanksgiving holiday, and every day. #BuzzedDriving is drunk driving.

December 2021

12/15-21 & 12/16/21: NASPA Certified Peer Educator Training was held. Six students attended and passed the certification exam.

Social Media posts/ads were created and posted to various platforms.

12/3/21 - Make sure to buckle your seat belt owls!

12/10/21 - Be safe as you return home this holiday season. Buckle Up and Drive Sober!

12/17/21 - Be safe and plan ahead this holiday season. Never drink and drive. Designate a sober driver before you leave or use rideshare apps.

12/24/21 - If you feel different, you drive different. Be safe and have a Merry Christmas

12/31/21 - Plan ahead by selecting the DD or ensuring your rideshare apps are up to date. We want every Owl to return home safely.

January 2022

Social Media posts were created and posted to various platforms.

1/7/22 - No texting or holding your phone to talk, Georgia is a hands-free state. It can wait.

1/12/22 - As you settle into your new schedule, please remember to use crosswalks and be alert when crossing the busy intersections.

1/21/22 - Remember to buckle up, OWLS! Seatbelts save lives.

1/29/22 - Always make a plan before you go out. Designate a sober driver or use a rideshare app to get home safely.

February 2022

A listserve was created of students turning 21 during the month of February where an electronic version of the 21st Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (426 cards were emailed; 11 cards were physically mailed to students).

02/15/22: 02/16/21 ATOD Classroom Presentation (15 participants).

Social Media posts were created and posted to various platforms. (Total Reach 6,504)

2/4/22 - Some game plans are worth sharing. DD for Super Bowl

2/11/22 - Don't be afraid to call a foul! DD-Don't Drink and Drive.

2/14/22 - Practice Safe Text. Don't drink and drive

2/22/22 - Safe spring break party promo.

March 2022

A listserv was created of students turning 21 where an electronic version of the 21st Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (533 cards were emailed; 15 cards were physically mailed to students).

03/03/22 - Safe Spring Break was hosted. Students were given information on how to be safe over spring break. They used the fatal vision goggles on the golf cart with University Police Department and were able to visit several tables that provided alcohol education. Center for Young Adult Addiction and Recovery participated. Social norms coasters and cups were distributed. (173 attended).

3/29/22: The Wellness Peer Mentors tabled at the Health Fair and conducted a "Pin the Wings on the Owl" game. This game simulates the visual impairment one may experience after drinking using the Fatal Vision goggles. (244 attended).

03/30/22 – The Wellness Peer Mentors conducted a tabling event and conducted a "Pin the Wings on the Owl" game. This game simulates the visual impairment one may experience after drinking using the Fatal Vision goggles. (11 attended)

Social norms coasters were delivered to Residence Life for distribution to all apartments. A total of 2,206 apartments received a set of coasters with the following messaging:

- a. Most KSU Owls Consumed 2 or Fewer Drinks while they were drinking socially
- b. Most KSU Owls Don't drive after using marijuana
- c. 9 out of 10 KSU Owls do NOT drive after drinking alcohol
- d. Most KSU Owls who consume alcohol do NOT drink with the intentions of getting drunk
- e. 1 in 4 KSU Owls choose NOT to drink alcohol

Social Media posts were created and posted to various platforms.

3/2/22 - Stop by the Campus Green and test your skills in the Wellness Wagon. Learn tips about staying safe over Spring Break!

3/4/22 - Be safe this #SpringBreak and drink responsibly.

3/11/22 - Plan ahead and give yourself time to get to campus safely. Watch your speed.

3/17/22 - St. Paddy's Day checklist.

3/25/22 - Drive safely and remember the goal is to arrive safely at your destination on every trip.

<u>April 2022</u>

A listserv was created of students turning 21 where an electronic version of the 21st Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (492 cards were emailed; 24 cards were physically mailed to students).

April - Seatbelt survey was conducted. (400 cars surveyed: 90% compliance)

Social Media posts were created and posted to various platforms.

4/8/22 - It's not about skill; multitasking is a myth. When you're behind the wheel, put your phone away and just drive.

4/15/22 - Georgia is a hands-free state. Place your phone in a bag and silence it, so you aren't tempted to check it for notifications.

4/20/22 - On 4/20 and every day, don't drive high: If You Feel Different, You Drive Different. It's that simple.

4/20/22 - Friends don't let friends drive drunk — or high. If your friend is high, take away their car keys.

4/29/22 - Be a great copilot! Make sure to speak up if the person driving becomes distracted. Help the driver out by taking on the tasks of being the DJ for the radio, or adjusting the climate in the vehicle. Helping to operate the GPS is another great way to keep the driver focused on the road.

<u>May 2022</u>

A listserv was created of students turning 21 where an electronic version of the 21st Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (515 cards were emailed; 11 cards were physically mailed to students).

May 25 and May 26- Conducted CPE training for newly hired PHEs. Two completed and passed the certification.

Social Media posts were created and posted to various platforms.

5/4/22 - Way to go, Owls! Keep wearing your seatbelt. Every trip, every time.

5/13/22 - Avoid drinking games, so you aren't consuming large amounts of alcohol.

5/20/22 - Arrive alive by wearing your seatbelt and adhering to the speed limit.

5/27/22 - Enjoy the long weekend Owls, and be safe!

<u>June 2022</u>

A listserv was created of students turning 21 where an electronic version of the 21st Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (474 cards were emailed; 9 cards were physically mailed to students).

06/22/22: Summer Safety event was hosted on the Kennesaw campus. Students were educated on how to be safe if/when they consumed alcohol. Information on how to be safe in the heat and how to stay properly hydrated was also included. Center for Young Adult Addiction and Recovery and University Police Department also participated and led activities with students. (18 students attended).

Social Media posts were created and posted to various platforms. (Total Reach 1,177)

6/3/22 - Today is #WorldBicycleDay and this is your friendly reminder to wear a helmet every time you ride. #KSUWellness #KennesawStateUniversity.

6/10/22 - Almost 40% of your car is blocked by blind spots, so stay alert and check for motorcycles! #MotorcycleSafety

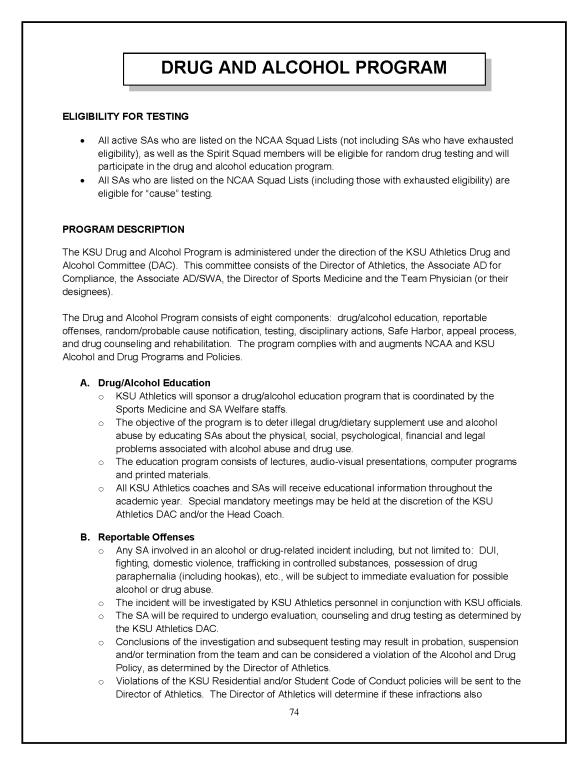
6/17/22 - If you see flashing lights on the side of the road, slow down and #MoveOver. It's the law.

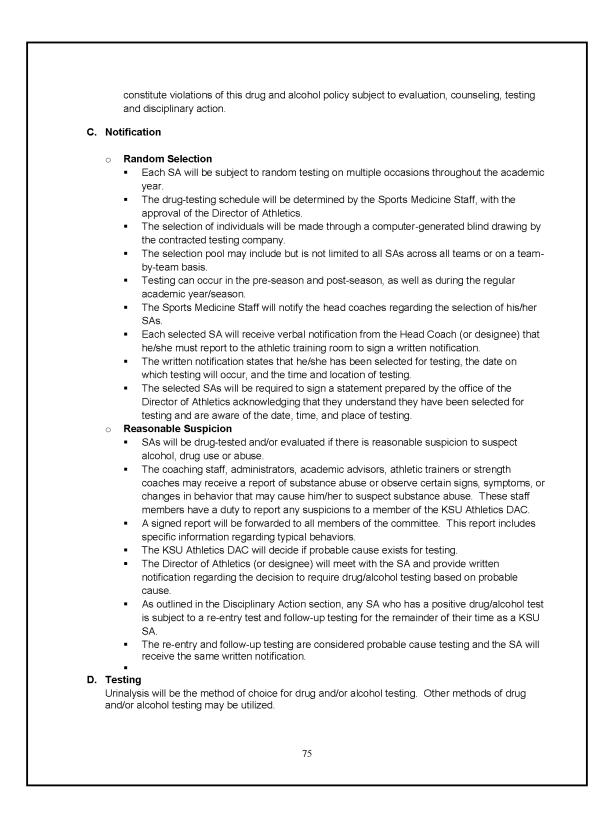
6/21/22 - Summer Safety event promotion

6/24/22 - Make sure to buckle up. Every trip, every time.

Appendix C Kennesaw State University Athletics Department Drug and Alcohol Program

Pages 74 – 83 of the Student-Athlete Handbook





E. Consent Forms:

Each SA must sign an NCAA Consent Form, provided by the compliance office, and a KSU Athletics alcohol-drug testing authorization form provided by the Sports Medicine office, each year. These forms will be kept on file in the respective offices. A SA who does not sign the authorization forms will not be permitted to participate in practice or competition.

F. Banned Substances:

- The KSU Athletics drug testing will include but is not limited to the substances listed on the 2017-18 NCAA Banned Drug Classes List.
- o KSU Athletics may test for cut-off levels lower than that of the NCAA drug testing program.
- Note: A student-athlete will be in violation of this policy if he/she tests positive for a
 prescription drug that has not been prescribed to him/her. Prescription medications must be
 disclosed prior to testing. Physician documentation will be required.

G. Collection Methodology

- KSU Athletics has contracted with a drug testing company and certified commercial laboratories to perform the collection and testing of KSU SAs.
- o The testing companies' protocols will be followed for collection.
- Direct observation of the SA during collection is required per NCAA testing protocol.
- The SA must provide an acceptable (unadulterated) sample for testing or face disciplinary action.
- Members of the KSU Sports Medicine staff have been trained as sports drug-testing collectors and may perform the collection services.
- The collectors will follow the testing company's procedures, guidelines and chain of custody requirements for the urine sample.

H. Positive Results

- All drug-testing results are delivered to the Director of Athletics, Associate AD/SWA, the Director of Sports Medicine and the Drug Testing Coordinator.
- o The Associate AD/SWA reports the results to the KSU Athletics DAC.
- The committee will determine if a positive test constitutes a violation of this drug and alcohol policy.
- The KSU Director of Athletics (or designee) will meet with the SA to review the positive test and consequences.
- The SA will then be referred to the Associate AD/SWA (or designee) who will review the established policy and procedures, including the appeal process, appropriate disciplinary actions, and explain the program of evaluation, counseling and future testing.
- The respective Head Coach will then be notified and will meet with the SA to inform him/her of any disciplinary action over and above the KSU Athletics' required sanctions.
- A contract which states the specific disciplinary actions, including action by the Head Coach, will be signed by the SA, Head Coach and Associate AD/SWA.

I. Confidentiality

- Only the Drug Testing Coordinator has the drug-testing rosters, which matches SA names with numbered results.
- Only the KSU Athletics DAC, Head Coach and Substance Abuse Counselor are informed of the identity of the SA with a positive test.



 Other individuals (Assistant Coaches, Strength Staff, Athletic Trainers, Academic Staff, Medical Staff, etc.) will be informed only on a need-to-know basis. As part of the treatment program, the SA may be required to participate in group counseling sessions which may affect confidentiality. CAA Year Round Drug Testing The KSU Athletics will participate in the NCAA Year Round Drug Testing Program. A copy of the NCAA Year Round Testing Program is on file in the Athletic Training Room and Compliance office. A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly. CAA Championship Drug Testing In the event that a team/individual qualifies for an NCAA Championship event (Regional or National), they are subject to NCAA Championship Drug Testing. A copy of the NCAA Year Round Testing Program is on file in the Athletic Training Room and Compliance office. A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly. CAA Championship Drug Testing In the event that a team/individual qualifies for an NCAA Championship event (Regional or National), they are subject to NCAA Championship Drug Testing. A copy of the NCAA Year Round Testing Program is on file in the Athletic Training Room and Compliance office. A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly. isciplinary Actions All offenses are cumulative throughout the SA's eligibility. NCAA Year Round and Championship Testing Program • A positive drug test in the NCAA Drug Testing Program will result in sanctions determined by the NCAA. • KSU has no input in the NCAA's decision-making or control over the sanctions. • A positive test result in the NCAA program may be considered a positive test result in the KSU program, per the KSU Athletics DAC.
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A positive test result in the NCAA program may be considered a positive test result in the
 KSU Athletics disciplinary actions will be in addition to the NCAA's sanctions.
 KSU Athletics Alcohol and Drug Disciplinary Policy The team physician may suspend the SA from all athletic participation if medically
 The team physician may suspend the SA from all athletic participation if medically indicated following a positive drug test result.
 Any student-athlete with a positive drug test will be required to meet with a substance abuse counselor.
 Any student-athlete with a positive drug test may be
 Subject to follow-up drug-testing for the remainder of eligibility at KSU.
 Negative re-entry drug-test prior to reinstatement for games/contests.
 Following the first positive drug test, the SA may be screened again. Since particular drugs can remain in the human bady for extended pariade of
 Since certain drugs can remain in the human body for extended periods of time, the SA will be tested until he/she receives a negative test result. However, each test must show evidence of no increased drug use or it can be considered as another effective.
be considered as another offense.Once a negative test is obtained, any subsequent positive test will be treated as an
additional offenseParent/Guardian may be notified by the Director of Athletics

<u>Category I</u>

Any of the following acts by a student-athlete shall be AUTOMATICALLY considered as Category I Misconduct:

- Violation of a Department of Athletics policy
- Violation of University policies, rules, and/or regulations including:
 - Kennesaw State University Code of Conduct
 - o Academic dishonesty in violation of University, college, school, or department standards
 - o Willfully giving false or malicious information to a University official

Category I Misconduct will be determined by:

- The Director of Athletics or representative based on specific and credible information that the student-athlete has violated a KSUAA policy
- A University official or hearing body based on official procedures, that the student-athlete has violated a University or college policy, rule, and/or regulation.

Category I Sanctions may include, but are not limited to:

- warning;
- written reprimand with or without conditions;
- suspension from practice;
- suspension from competition;
- suspension from access to athletic department service.
- reduction or removal of athletic scholarship

Category II

Any of the following acts by a student-athlete shall be AUTOMATICALLY considered as Category II <u>Misconduct:</u>

- Violation of a criminal law that is **NOT** classified as a felony by the State of Georgia, including laws pertaining to alcohol
- Violation of a term of probation imposed by a University official that does not constitute a higher Category misconduct
- Violation of a Department of Athletics policy 2nd offense

Category II Misconduct is determined when:

- The student-athlete is convicted of, does not contest or received deferred judgment for a crime that is not a felony.
- Student-athlete is found by a court to have violated a term of court-imposed probation or other condition, and the conduct underlying violation of probation does not constitute a higher Category misconduct.
- The student-athlete is determined by Director of Athletics or representative to have violated a term of probation or other condition imposed by the Department of Athletics more than one time.

Category II Sanctions may include, but are not limited to:

- written reprimand with or without conditions;
- requirements for restitution;
- conditions to encourage personal rehabilitation;
- conditions related to satisfactory academic performance;
- suspension from practice;

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- suspension from competition;
- suspension from access to athletic department services;
- reduction or removal of athletic scholarship

Category III

Any of the following acts by a student-athlete shall be AUTOMATICALLY considered as Category III Misconduct:

- Violation of a criminal law that IS classified as a felony by the State of Georgia
- Violation of a term of probation or other condition imposed by a court in a criminal proceeding
- Violation of a Department of Athletics policy 3rd offense
- Category III Misconduct is determined when:
 - The student-athlete is convicted of, does not contest, or received a deferred judgment for a crime that is classified as a felony by the State of Georgia.
 - The student-athlete is found by a court to have violated a court-imposed term of probation or other condition.
 - The student-athlete is found by the Department of Athletics to have violated a term of probation or other condition more than two times.

Category III Sanctions may include, but are not limited to:

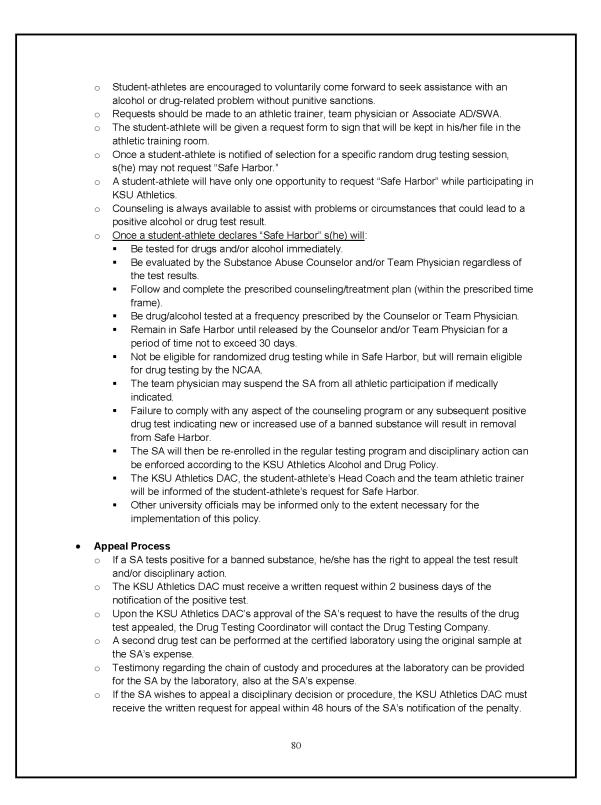
- suspension from practice;
- suspension from competition;
- suspension from receiving athletic department services;
- Director of Athletics or representative may take preliminary action to expel/disqualify a studentathlete from participation in practice or competition and/or athletic department services if verified that felony charges have been filed against a student-athlete or there is specific, credible information that a Category III misconduct has taken place
- reduction or removal of athletic scholarship
 - Failure to Report for a Test
 - Any SA who does not report for drug-testing at the designated time on the scheduled date, will be reported to the KSU Athletics DAC.
 - The SA will be charged with a positive drug test and will be subject to the appropriate disciplinary actions.
 - <u>Contract</u>
 - The SA will sign a Disciplinary Action Contract.
 - This contract will outline disciplinary actions and procedures the SA must follow as part of the Alcohol and Drug Program.
 - Failure to comply with the contract can result in suspension or termination from the team.
 - Falsification of Test Results

Any attempt to falsify test results by providing false information, altering a urine sample, manipulating test results, or any other conscientious effort to circumvent the drug-testing process will result in an automatic dismissal from participation in Kennesaw State University's athletic program.

Safe Harbor

The Safe Harbor program is designed to provide student-athletes an opportunity to voluntarily come forward to deal with a drug or alcohol-related problem without affecting their athletic eligibility.





 to avoid using a banned substance. If no alternative is available, the SA must obtain documentation from the physician that includes the specific condition, the prescribed medication, the dosage of the medication and results of testing performed to diagnose the condition. Prescription medications should be disclosed in the Initial or Interim Health History Forms. All documentation should be submitted to the Sports Medicine Department to be stored i the SA's file. In the event of a positive drug test, the appropriate prescription medication documentation will be forwarded to the Drug Testing Company for comparison to the drug testing results. If the documentation is appropriate and the drug test results match the medication and dosage level, the drug test will be deemed negative. If the drug test results are not congruent with the prescribed medication/dosage, the drug test will be deemed positive and all disciplinary actions and the appeals process will be in effect. Drug Counseling and Rehabilitation KSU Athletics will require all SAs who test positive on their drug test or who have a self-admitted drug, alcohol or related problem to go through a comprehensive evaluation, counseling and rehabilitation program to help them overcome the problem. The initial step of the program will be to meet with the Team Physician and/or Substance Abuse Counselor (Student Success Services/Center for Young Addiction and Recovery) to evaluate the problem and establish a treatment plan. The SA will be required to attend counseling sessions and follow the treatment plan prescribed. To be the future drug use, weekly random drug tests may be required following the advice of the Counselor. 	0	The KSU Athletics DAC may assemble an Appeals Committee to conduct a hearing in a
 Process following medical clearance by the Team Physician. Once the SA is cleared, the Head Coach will still have the discretion to determine participation in team activities. <u>Appeals Committee</u>: The Appeals Committee will consist of three members of the KSU Athletic Board. The three members must include one athletic department staff member and two faculty members. <u>Medical Exceptions</u> A SA may be prescribed a medication that contains a banned substance for a specific medical condition. The SA should first check with the physician to see if an alternative treatment is available to avoid using a banned substance. If no alternative is available, the SA must obtain documentation from the physician that includes the specific condition, the prescribed medication, the dosage of the medication and results of testing performed to diagnose the condition. Prescription medications should be disclosed in the Initial or Interim Health History Forms. All documentation should be submitted to the Sports Medicine Department to be stored i the SA's file. In the event of a positive drug test, the appropriate prescription medication and dosage level, the drug test excits are not congruent with the prescribed medication/dosage, the drug testing results. If the documentation is appropriate and the drug test results match the medication and dosage level, the drug test will be deemed negative. If the drug test results are not congruent with the prescribed medication/dosage, the drug test will be deemed positive and all disciplinary actions and the appeals process will be i effect. Drug Counseling and Rehabilitation KSU Athletics will require all SAs who test positive on their drug test or who have a self-admitted drug, alcohol or related problem to go through a comprehensive evaluation, counseling and rehabilitation program to help them overcome the problem. <li< td=""><td></td><td></td></li<>		
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 Extensive counseling or in-patient treatment may be recommended and/or required with 	0	Extensive counseling or in-patient treatment may be recommended and/or required with
certain individuals.		

• Financial Responsibilities

- SAs who abuse drugs or alcohol may require long-term counseling and in-patient comprehensive care to help them deal with their problem.
- Financial responsibilities must be determined prior to any form of long-term counseling (including semester breaks when counseling is to be continued off campus), in-patient therapy, or hospitalization.
- o The SA or his/her parent(s) or guardian will be responsible for these costs.

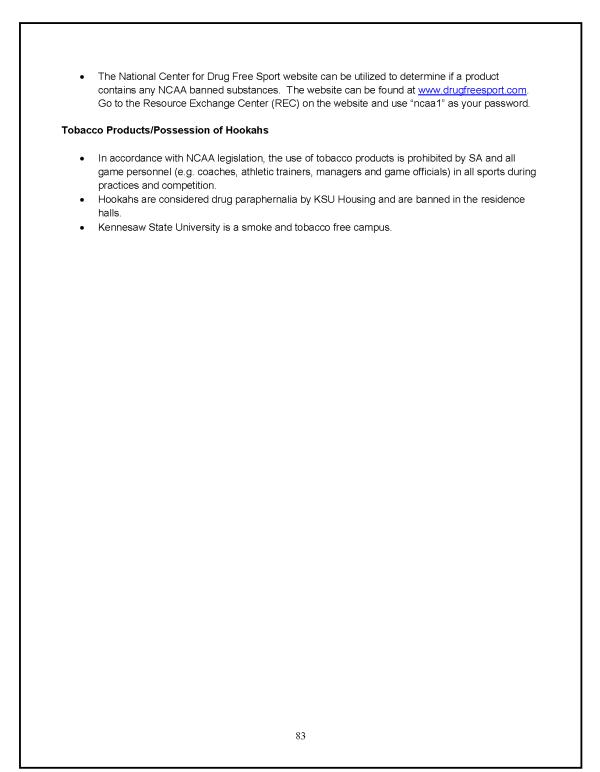
Tobacco Products

- In accordance with NCAA legislation, the use of tobacco products is prohibited by SAs and all game personnel (e.g. coaches, athletic trainers, managers and game officials) in all sports during practices and competition.
- KSU Staff and SAs are not permitted to use any tobacco products in KSU Athletics facilities or while conducting KSU Athletics business.
- Hookahs are considered drug paraphernalia by KSU Housing and are banned in the residence halls.
- The possession and/or use of a hookah by a student-athlete is a violation of the KSU Athletics Drug and Alcohol Policy.

Dietary Supplements

- According to NCAA policy, KSU Athletics can only provide non-ergogenic nutritional supplements provided that they do not contain any NCAA banned substances.
- Permissible supplements include: carbohydrate/electrolyte drinks, energy bars, carbohydrate donors, vitamins and minerals.
- Any SA who takes supplements or medications from any other source must complete the
 Student-Athlete Supplement Disclosure Form.
- SAs should discuss any dietary supplements with the athletic trainer prior to use of the product.
- The athletic trainer has a list of banned drugs and common banned supplements.
- SA must be aware that many legal dietary supplements contain substances banned by the NCAA. Many SA assume if a product is purchased in a health food store, they must be allowed to take it under the NCAA rules. THIS IS NOT TRUE! Reliance on the advice of the clerk at the store, the distributor at the gym, or anyone who is not part of the athletic program, can result in erroneous information about whether the product contains any NCAA-banned substances. False information can result in a positive drug test. Remember that labeling on these products can be misleading and inaccurate because the industry is not regulated.
- SA can improve their strength and performance through proper nutrition, conditioning and rest. According to NCAA policy, KSU Athletics can only provide non-ergogenic nutritional supplements provided that they do not contain any NCAA banned substances. Permissible supplements include: carbohydrate/electrolyte drinks, energy bars, carbohydrate boosters, vitamins and minerals.
- Any SA who takes supplements or medications from any other source must complete the Student-Athlete Supplement Disclosure Form. Please make sure you discuss any dietary supplements with the athletic trainer prior to use of the product. The athletic trainer has a list of banned drugs and common banned supplements. Feel free to see the athletic trainer with any questions.







2022-23 NCAA Banned Substances

NCAA Division I Bylaw 12 and NCAA Divisions II and III Bylaw 14 require that schools provide drug education to all student-athletes. The athletics director or athletics director's designee shall disseminate the list of banned-drug classes to all student-athletes and educate them about products that might contain banned drugs. All student-athletes are to be notified the list may change during the academic year, that updates may be found on the NCAA website (ncaa.org) and informed of the appropriate athletics department procedures for disseminating updates to the list. It is the student-athlete's responsibility to check with the appropriate or designated athletics and/or medical staff before using any substance.

The NCAA bans the following drug classes:

- 1. Stimulants.
- 2. Anabolic agents.
- 3. Alcohol and beta blockers (banned for rifle only).
- 4. Diuretics and masking agents.
- 5. Narcotics.
- 6. Cannabinoids.
- 7. Peptide hormones, growth factors, related substances and mimetics.
- 8. Hormone and metabolic modulators.
- 9. Beta-2 agonists.

Note: Any substance chemically/pharmacologically related to any of the classes listed above and with no current approval by any governmental regulatory health authority for human therapeutic use (e.g., drugs under pre-clinical or clinical development or discontinued, designer drugs, substances approved only for veterinary use) is also banned. All drugs within the banned-drug class shall be considered to be banned regardless of whether they have been specifically identified. Examples of substances under each class can be found at <u>ncaa.org/drugtesting</u>. There is no complete list of banned substances.

Substances and Methods Subject to Restrictions:

- 1. Blood and gene doping.
- 2. Local anesthetics (permitted under some conditions).
- 3. Manipulation of urine samples.
- 4. Tampering of urine samples.
- 5. Beta-2 agonists (permitted only by inhalation with prescription).

NCAA Nutritional/Dietary Supplements:

Before using any nutritional/dietary supplement product, a student-athlete should review the product and its label with the appropriate athletics department and/or medical staff.

- 1. Many nutritional/dietary supplements are contaminated with banned substances not listed on the label.
- 2. Nutritional/dietary supplements, including vitamins and minerals, are not well-regulated and may cause a positive drug test.
- 3. Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
- 4. Any product containing a nutritional/dietary supplement ingredient is taken at your own risk.

As part of its responsibility to provide education about banned substances, athletics department staff should consider providing information about supplement use and the importance of to having nutritional/dietary products evaluate by qualified staff members before consuming. The NCAA has identified Drug Free Sport AXIS^M (AXIS) as the service designated to facilitate student-athlete and institutional review of label ingredients in medications and nutritional/dietary supplements. Contact AXIS at 816-474-7321 or dfsaxis.com (password ncaa1, ncaa2 or ncaa3).

THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES. DO NOT RELY ON THIS LIST AS EXHAUSTIVE OR TO CONFIRM OR RULE OUT ANY LABEL INGREDIENT THAT MAY CONTAIN A POTENTIAL BANNED SUBSTANCE.

Many nutritional/dietary supplements are contaminated with banned substances not listed on the label. It is the studentathlete's responsibility to check with the appropriate or designated athletics and/or medical staff before using any substance.

Drug Classes	Some Examples of Substances in Each Class		
Stimulants	Amphetamine (Adderall) Caffeine (Guarana) Cocaine Dimethylbutylamine (DMBA; AMP) Dimethylhexylamine (DMHA; Octodrine) Ephedrine Heptaminol Hordenine Methamphetamine <i>Exceptions: Phenylephrine and Pseudoephedrin</i>	Methylhexanamine (DMAA; Forthane) Methylphenidate (Ritalin) Mephedrone (bath salts) Modafinil Octopamine Phenethylamines (PEAs) Phentermine Synephrine (bitter orange) et are not banned.	
Anabolic Agents	Androstenedione Boldenone Clenbuterol Clostebol DHCMT (Oral Turinabol) DHEA (7-Keto) Drostanolone Epitrenbolone Etiocholanolone Methandienone	Methasterone Nandrolone (19-nortestosterone) Norandrostenedione Oxandrolone SARMS [Ligandrol (LGD-4033); Ostarine; RAD140; S- 23] Stanozolol Stenbolone Testosterone Trenbolone	
Alcohol and Beta	Alcohol	Pindolol	
Blockers (banned for rifle only)	Atenolol Metoprolol Nadolol	Propranolol Timolol	
Diuretics and Masking Agents	Bumetanide Spironolactone (Canrenone) Chlorothiazide Furosemide Exceptions: Finasteride is not banned.	Hydrochlorothiazide Probenecid Triamterene Trichlormethiazide	
Narcotics	Buprenorphine Dextromoramide Diamorphine (heroin) Fentanyl, and its derivatives Hydrocodone Hydromorphone Methadone	Morphine Nicomorphine Oxycodone Oxymorphone Pentazocine Pethidine	
Cannabinoids	Marijuana Synthetic cannabinoids (Spice; K2; JWH-018 Tetrahydrocannabinol (THC, Delta-8)	; JWH-073)	
Peptide Hormones, growth factors, related substances and mimetics	Growth hormone (hGH) Human Chorionic Gonadotropin (hCG) Erythropoietin (EPO) Exceptions: Insulin, Synthroid and Forteo are n	IGF-1 (colostrum; deer antler velvet) Ibutamoren (MK-677) not banned.	
Hormone and Metabolic Modulators	Anti-Estrogen (Fulvestrant) Aromatase Inhibitors [Anastrozole (Arimidex); ATD (androstatrienedione); Formestane; Letrozole] PPAR-d [GW1516 (Cardarine); GW0742] SERMS [Clomiphene (Clomid); Raloxifene (Evista); Tamoxifen (Nolvadex)]		
Beta-2 Agonists	Bambuterol Formoterol Higenamine	Norcoclaurine Salbutamol Salmeterol	

Any substance that is chemically/pharmacologically related to one of the above drug classes, even if it is not listed as an example, is also banned.

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting AXIS at 816-474-7321 or <u>dfsaxis.com</u> (password ncaa1, ncaa2 or ncaa3).

Appendix D Clery Totals for AOD Incidents

Extracted from KSU Annual Security and Fire Safety Report (ASFR) Full Report Available Online: <u>https://online.flippingbook.com/view/534291/44-45/</u>

KENNESAW CAMPUS

NUMBER OF ARRESTS FOR SELECTED OFFENSES

(THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2019	6	5	0	0	6
Violations	2020	11	9	0	8	19
	2021	7	2	0	3	10
Drug	2019	18	4	0	13	31
Violations	2020	22	7	0	2	24
	2021	31	5	0	8	39

NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2019	173	169	0	0	173
Violations	2020	180	180	0	0	180
	2021	141	139	0	0	141
Drug	2019	88	41	0	0	94
Violations	2020	77	49	0	0	77
	2021	154	65	0	0	155

MARIETTA CAMPUS

NUMBER OF ARRESTS FOR SELECTED OFFENSES

(THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor Law	2019	1	0	0	0	1
Violations	2020	0	0	0	0	3
	2021	3	0	0	0	0
Drug	2019	7	4	0	9	16
Violations	2020	3	3	0	8	11
	2021	0	0	0	3	3

NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2019	5	4	0	0	5
Violations	2020	17	17	0	0	17
	2021	37	37	0	0	37
Drug	2019	21	17	0	0	21
Violations	2020	22	20	0	3	25
	2021	25	20	0	0	25

Appendix E Department of Public Safety Drug and Alcohol Awareness Programming 2020 – 2022



Kennesaw State University Department of Public Safety

Drug and Alcohol Awareness Programing By KSU POLICE

The Kennesaw State University Department of Public Safety has taken on the initiative to become a teaching police department. We have set out to educate our community about the services that our department provides to the KSU Community. We are currently facilitating trainings and presentations on many subjects such as sexual assault victim services, drug and alcohol awareness, community policing, emergency management, and active shooter response.

The KSU DPS Office of Victim Services is led by Director Tanya Smith who has spearheaded the initiative to train all our campus police officers on how to use the lifesaving drug known as Naloxone. Every sworn Kennesaw State University police officer is trained and equipped with Naloxone in the event a suspect overdose occurs on campus or in the surrounding community. As part of the new officer onboarding process, the officer is required to attend a training segment that teaches the officer to identify potential signs of an overdose, identify how Naloxone works, proper administration of Naloxone, and continuous assessment of the person until advance medical service personnel arrive on the scene. Officers are required to notify their supervisor and submit a Naloxone reporting form that captures details of the overdose event and outcome to the department's Naloxone program coordinator. The officer is issued a replacement Naloxone kit immediately. Director Tanya Smith has been commissioned to facilitate this same training for other universities and agencies in Georgia.

The KSU DPS Community Outreach, Recruitment, and Engagement Unit (C.O.R.E.), consisting of Sergeant Charles Dickens, and Corporal Miranda McDaniel provides trainings and instructional presentations to many departments and student organizations of the KSU Community, upon request, as well as community programming.

The Kennesaw State University Department of Public Safety is dedicated to providing a safe and secure community conducive to the free exchange of ideas within an academic setting. To accomplish this mission, we strive to focus on collaborative partnerships and the provision of professional services in the areas of crime prevention, law enforcement, security, and emergency preparedness.

List of Drug and Alcohol Programming hosted by KSU DPS

November 2020:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 120 – First Year Students

February 2021:

Drug and Alcohol Awareness Educational opportunity for KSU Students: IFC New Members

Drug and Alcohol Awareness Educational opportunity for KSU Students: Fraternity and Sorority Life Students

Drug and Alcohol Awareness Educational opportunity for KSU Students: 58 – First Year Students

March 2021:

Drug and Alcohol Awareness Educational opportunity for KSU Students: Alpha Rho Chi Members

Drug and Alcohol Awareness Educational opportunity for KSU Students: 52 – First Year Students

August 2021:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 38 - Inclusive Learning

Drug and Alcohol Awareness Educational opportunity for KSU Students: 22 - Cobb County SETS Students

Drug and Alcohol Awareness Educational opportunity for KSU Students: 283 – Panhellenic New Member Symposium

Drug and Alcohol Awareness Educational opportunity for KSU Students: 36 – First Year Students

September 2021:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 270 – First Year Students

November 2021:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 136 – First Year Students

January 2022:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 26 – International Student Community

February 2022:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 16 – First Year Students

June 2022:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 9 – Student Health Fair Participants

Readily Available Training for Officers:

<u>The University System of Georgia's Board of Regents</u> Alcohol and Drug Addiction Awareness 1 hour

<u>Georgia Peace Officer Standards and Training</u> Fentanyl Informational Briefing Peace Officer's Guide to Low THC Oil Registry

Drug Awareness

Naloxone Opiate Overdose Response 1hr Training for KSU Employees: Sworn Police

Appendix F Housing and Residence Life AOD Programming 2020 - 2022

Date

Program Title

3/4/2022 ARC Spring Break Safety Event

CYAAR partnered with the Austin Residence Complex on campus to provide residents in ARC with giveaways to keep them safe during spring break. The "Spring Break Survival Kits" included beach towels, hydration packets, BAC cards, sunscreen, standard drink size magnets, and other supplies. Students participated in pour demonstrations to teach standard drink size and AOD trivia. 47 students attended.

3/24/2022 You Booze, You Lose

This is an alcohol awareness event where residents learn more about the dangers revolving around alcohol. Once residents have visited at least 3 workshop tables, they got access to the "Club." Tables focused on drink sizes, dangers of doing activities while drunk (beer goggles), drinking facts, a mock trial, drugs and alcohol. 43 students attended.

* The Department has shifted program models resulting in a change in approach. As of Fall 2020, Housing and Residence Life is implementing a robust residential curriculum, entitled the Residential Experience Model. The learning goals and outcomes are as follows:

LEARNING OUTCOMES

Learning Goal- Self-Discovery:

- Identify personal goals
- List resources that can aid in their growth
- Articulate their values
- Examine who they are, includes:
 - o Identities
 - o Lifestyle preferences
 - o Intrinsic characteristics

Learning Goal- Life Skills:

- Identify their own role in a situation
- List resources to solve a problem/difficult situation
- Describe potential solutions to a problem/difficult situation
- Distinguish how potential choices impact others
- Explain reasoning behind decisions
- Demonstrate skills needed to be able to live independently
 - Financial: the need to budget and pay for the cost of living
 - Wellbeing: balancing the multiple facets of life (healthy eating, cleanliness, managing time)
 - o Safety: acquiring skills to safely navigate life in a residential setting

Learning Goal- Community:

- Be an active member of their community
- Identify their potential impact on a community
- Describe healthy relationships
- Uphold community expectations
- Address conflict in their community

Learning Goal- Social Awareness:

- Describe the meaning of social equity
- Identify challenges faced by individuals from diverse backgrounds
- Demonstrate ability to advocate for others
- Utilize KSU and community resources

Appendix G Student Conduct and Academic Integrity Summary of AOD Cases 2020 – 2022

Between July 3, 2020 and June 12, 2022 SCAI recorded 757 incidents regarding 710 students who were charged with a substance-related violation. Demographic information can be found in the table below. Most students in violation were between 18 and 20 years of age (91.6%). No other demographic information was available. There were an average 2.93 charges per incident, and an average 2.46 sanctions per incident.

	KSU FALL 2021 POPULATION (N =	TOTAL SCAI POPULATION (N =
	42,983)	757)
FEMALE	51.26% (22,032)	44.9% (340)
MALE	48.74% (20,951)	55.1% (417)
FRESHMAN	27.1% (11,650)	75.3% (570)
SOPHOMORE	19.51% (8,385)	16.6% (126)
JUNIOR	18.17% (7,808)	4.6% (35)
SENIOR	23.06% (9,912)	3.0% (23)
GRADUATE	9.33% (4,010)	0

Analysis by academic class found that freshmen were significantly more likely to receive more charges per incident and fewer sanctions per incident when compared to sophomores and juniors. This suggests that freshmen were more likely to violate a greater number of campus policies, but faced fewer consequences compared to some of their peers. Analysis by gender showed that male students were significantly more likely to receive more charges per incident and more sanctions per incident when compared to female students. This suggests that while they were more likely to violate a greater number of campus policies, they received a comparable proportion of sanctions in light of these violations.

44.3% of all incidents involved alcohol as the only substance and 46.9% involved other drugs, with 8.9% of incidents including both. The most common charge was *"Being present where an alcohol violation is occurring, regardless of whether the resident/guest is using or possessing alcohol (5.B.1.I)*", with 35% of cases receiving that as at least one of the charges. 24% were charged with *"All other drug violations (5.A.35.b)"*; 23.5% *"The use or possession of alcohol by anyone under the legal drinking age of 21 (5.B.1.a)"*; and 19.4% with *"The possession, manufacture, sale, or distribution of illegal drugs <u>on</u> campus (5.A.35.a)." The top five sanctions were Wise Choices (56%), CYAAR reflection paper (55.5%), written reprimand (40.8%), disciplinary probation (28.8%), and other educational or developmental remedy (22.3%).*

Analysis indicated students with charges involving illegal substances received more sanctions on average. Yet, the alcohol charge group on average received significantly more

charges per incident and significantly less sanctions per incident when compared to the other drug charge group and the group of incidents involving both alcohol and other drugs.

The table below illustrates the number of cases in each semester of the biennial review period, as well as the average number of charges and sanctions per incident. There was an 8% increase in the number of cases from AY21 to AY22. However, the average number of charges per incident was significantly higher in AY21 when compared to AY22 while the average number of sanctions per incident increased slightly in the second year. This suggests that while the number of incidents increased, the severity and complexity of the incidents decreased, though the consequences remained relatively unchanged.

SEMESTER	# OF CASES	AVG. # OF CHARGES	AVG. # OF SANCTIONS
FALL 2020	204	3.31	2.35
SPRING 2021	149	3.46	2.38
FALL 2021	206	2.65	2.54
SPRING 2022	175	2.5	2.54

Of the 710 students who received alcohol and other drug related charges over the biennial review period, 46 were charged with a second offense and two with a third, a recidivism rate of 6.49%, with freshmen males more likely to re-offend.

In a consistency review, 80.1% of cases were given comparable sanctions when compared to other cases involving the same set of violations. In particular, there was significant variance between cases sanctioned by Student Conduct and Academic Integrity (SCAI) and those sanctioned by Housing and Residence Life (HRL), with SCAI incidents averaging 2.24 charges per incident and HRL averaging 3.38 charges per incident. However, SCAI averaged 3.09 sanctions per incident whereas HRL averaged 2.08 sanctions per incident. This suggests that there is considerable inconsistency in sanctioning practices between SCAI and HRL.

Kennesaw State University **Drug-Free Schools and Communities Act (DFSCA) Biennial Review** Academic Years 2020 – 2021 & 2021 – 2022 Published: December 2022

Review Committee

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