## Kennesaw State University **Drug-Free Schools and Communities Act (DFSCA) Biennial Review** Academic Years 2018 – 2019 & 2019 – 2020 Published: December 2020

Alcohol, Tobacco, and Other Drug (ATOD) Education and Prevention Coalition Members & Review Committee

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Community Members:

Kennesaw Police Department – Bill Westenberger, Michael Alvarez Cobb County Alliance to Prevent Substance Abuse (CCAPSA) Georgia Prevention Project

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Report Editors: Lindsay Montgomery, Teresa Johnston, Dalida Brown

## Statement of Alcohol and Other Drug (AOD) Program Goals Academic Years 2018 – 2019 & 2019 - 2020

- I. To establish, communicate, and maintain accountability to clear AOD policies for the campus community (students, faculty, and staff) in order to promote an educational environment free from alcohol misuse and other drug use.
- II. To develop and disseminate educational information for members of the campus community regarding alcohol and other drug issues in a collegiate environment for the purpose of preventing alcohol misuse and other drug use.
- III. To make available counseling, treatment, and outside referrals to assist members of the campus community in addressing AOD-related issues.
- IV. To implement campus policies, standards, and activities that promote and reinforce health, responsible living, respect for community, and holistic well-being of the members of the campus community.
- V. To work towards these goals in a purposeful manner with planning, record keeping, and assessment coordinated by one central office charged with this responsibility.

Effective October 1, 2014, the Board of Regents of the University System of Georgia adopted a system-wide tobacco and smoke-free campus policy. In support of that policy, Kennesaw State University created the "Breathe Easy" campaign and a dedicated taskforce to focus on policy implementation, enforcement, and education. To sustain the efforts of the "Breathe Easy" campaign, the AOD Coalition incorporated tobacco into its scope and altered its name to the ATOD Coalition. The specific focus of this report is the AOD-related elements of the ATOD Coalition. For more information on the smoke/tobacco-free efforts of the "Breathe Easy" campaign, visit <a href="http://smokefree.kennesaw.edu/">http://smokefree.kennesaw.edu/</a>.

## Statement of Alcohol and Other Drug Program Accomplishments Academic Years 2018 – 2019 & 2019 – 2020

### I. New AOD Education Efforts for Students

- A. In past years, KSU has required new students to complete online training regarding sexual misconduct and Title IX issues. This online training included some information on AOD issues. After consultation and cooperation with the KSU Office of Institutional Equity, KSU will make available to all new students both a new Title IX and a separate AOD online training program during their first semester. Representatives from CYAAR and the Office of Institutional Equity comprise the strategic planning team for this online education.
- B. Department of Fraternity and Sorority Life New AOD Programming Efforts
  - During 2019 and 2020 Greek Weeks, organizations/participating teams were asked to host a social "dry event" with the organizations on their teams, an initiative created in 2018.
  - In November 2018, hosted a campus wide event entitled, Turning Tragedy into Progress, where the parents of two individuals from Pennsylvania State University and Louisiana State University who had lost their lives due to hazing spoke. During their keynote, they discussed the role of alcohol and other drugs as it relates to hazing incidents.
  - Hosted a retreat for the chapter presidents and council executive board members in December 2018 and 2019. During the retreat, several areas of alcohol standards were addressed including risk management and alcohol-free recruitment and new member programs.
  - Hosted a virtual program in June 2020 with the Center for Young Adult Addiction and Recovery to discuss alcohol with a connection to the impact of COVID-19 student's drinking habits.
  - Continue to host our New Member Symposiums for both the Interfraternity Council and the Panhellenic Council (separate events) that included mandatory education sessions for all new members, including sessions on alcohol and other drug awareness.
  - Continue to implement a Chapter Accreditation Program (CAP) for all organizations to complete on an annual basis. CAP requires that each organization participate in at least one alcohol awareness program each year, as well as hosting at least one alcohol-free (dry) event.
  - Host monthly meetings with our Leadership Team, comprised of our chapter president and governing council executive boards, where risk management is incorporated into each meeting.
  - Interfraternity Council (IFC) collaborated with the Alcohol and Other Drug Prevention Education Coordinator to address the culture of alcohol within IFC fraternities at KSU.

- C. Department of Housing and Residence Life New AOD Education Efforts
  - Housing and Residence Life performed a benchmarking survey in spring 2019 to identify residential student satisfaction and learning outcomes that included questions about residential student alcohol and drug use. Based on residents' responses, a new survey is being developed to better capture students' awareness and engagement around alcohol education.
  - A new residential curriculum was created for the 2020-2021 academic year to enhance residential student learning based on data collected during the spring 2019 benchmarking survey. The curriculum revised the department's historic approach to programming by developing four (4) learning goals and associated outcomes and strategies for residential students that focus on selfdiscovery, life skills, community, and social awareness. This curricular approach will be continuously enhanced to include emphasis on topics such as alcohol and drug education using data from semi-annual benchmarking surveys to inform future approaches.
  - D. New AOD Efforts from HPW
    - Campus Safety Day-Students had the opportunity to wear fatal vision goggles and walk the line. They were also given the opportunity to drive a golf cart with Public Safety officers while wearing the goggles. Students were also given BAC cards.
    - Dive-in Movie Kennesaw Campus: Students were provided information on safer drinking practices as well as BAC cards during a screening of Moana at the pool. Mocktails were provided.
    - REC-tacular Pool Party Kennesaw Campus: Promoted safer drinking practices as well as BAC cards during a pool party held at the Student Recreation and Activities Center. Mocktails were provided.
    - ThinkFast Interactive hosted on the Marietta Campus. Students were able to form teams of up to 5 friends to participate in an interactive trivia game.
- II. Availability of AOD Policies

In addition to the required regular distribution, the KSU AOD policy is posted on the "Policy at KSU" website. The KSU University handbook, as well as the employee and student handbooks are available online and include links to campus AOD policies. The student code of conduct (including AOD policies) is available online and there are links to the AOD policies in all university catalogs. The residential code of conduct, which is a section of the student code of conduct, is available to every student and identifies detailed policies about AOD in residential areas.

- III. Division of Student Affairs AOD Strategic Initiatives
  - A. CYAAR and HPW moved into a shared suite in the Marietta campus student center in 2019, expanding HPW to provide services on both campuses.

- B. The Counseling and Psychological Services (CPS) Department has sixteen professional counselors available to work with students who have mental health concerns and often refer those students dealing with substance use disorders and in recovery from substance use disorders to the Center for Young Adult Addiction and Recovery (CYAAR). CPS case managers also maintain a list of referral agencies for off-campus assistance when such assistance is more appropriate.
- C. The CYAAR provides a centralized office for AOD education and addiction prevention programs through outreach to high-risk populations, invitation by faculty and staff, as well as through individual counseling. The Center for Young Adult Addiction and Recovery has two licensed professional counselors and provides screening, brief intervention, and referral to treatment.
- D. In 2018 The Center for Young Adult Addiction and Recovery added additional recovery supports, 12-step meetings, Yoga for 12-Step Recovery, Adult Children of Alcoholics, a bi-weekly Group Conscience Recovery meeting and recovery for eating disorders.
- E. CYAAR has developed population-specific AOD education for Fraternity and Sorority Life and Athletics by request or referral.
- F. CYAAR has received four \$500 stipends from the Georgia Prevention Project as part of the College Prevention Program initiative that focuses on prescription drug misuse prevention on campus. These stipends have been used to provide collaborative AOD education and assessment with HPW.
- IV. In 2018, the Alcohol and Other Drug Prevention Education Coordinator and Health Promotion Coordinator began serving as co-facilitators for the KSU Alcohol, Tobacco and Other Drug (ATOD) Education and Prevention Coalition. This coalition provides many AOD services, including assistance in the writing of AOD campus policies, conducting research and grant writing, assessing environmental issues, and establishing AOD educational programs.
- V. New AOD Staff Positions
  - A. Beginning in August 2018 funding was provided to hire a full-time Alcohol and Other Drug Prevention Education Coordinator, whose responsibilities are primarily related to AOD programming, research, and assessment for the Division of Student Affairs.
  - B. In November 2018, a grant-funded position was made available by the Georgia Department of Behavioral Health for a Peer Recovery Mentor. This position serves as a point-of-contact for students seeking recovery and those in recovery from substance use disorders or eating disorders. This position is a CARES certified peer recovery specialist. The Peer Recovery Mentor provides peer mentoring and recovery supports to students in recovery from opioid use disorders, substance use, and other addictive disorders, assists the Collegiate Recovery Program Coordinator and AOD Prevention Education Coordinator in recovery and education programs.
  - C. In July 2020, Kennesaw State University's CARE Services coordinated the addition of full-time Americorp Vista positions to provide assistance and expansion for AOD

education and programming. These positions are one-year contract positions and will provide capacity building in AOD education efforts.

- VI. KSU's athletics programs compete in NCAA Division I in the Atlantic Sun Conference and Big South Conference. The Athletics Department has its own Alcohol and Other Drug Policy for student-athletes (SAs). See Appendix C. The policy includes both random and "for cause" drug testing for SAs. In addition, the Athletic Department collaborates with CYAAR to provide population specific AOD education to all SAs.
- VII. The office of the Dean of Students continues to update and maintain an independent website, and within that department site maintains a dedicated webpage for alcohol and other drug information, creating an easy and accessible single location for comprehensive information about the ATOD Coalition, KSU Alcohol and Other Drug Policy, Parental Notification Policy, and Drug-Free Schools and Communities Act Biennial Review. The weblink is:

http://deanofstudents.kennesaw.edu/resources/information.php .

## Kennesaw State University AOD Policy

This AOD policy is the most up-to-date version as of December 2020. The most current version of the KSU AOD policy is available online at:

https://kennesaw.policytech.com/dotNet/documents/?docid=20&public=true .

Kennesaw State University Policy: Alcohol and Other Drug Policy KSU Policy Category: Legal, Operations, Personnel, Students

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Policy Title	Alcohol and Other Drug Policy (AOD Policy)		
Issue Date	October 1, 2015		
Effective Date	January 17, 2019		
Last Updated	January 17, 2019		
Responsible Office	Office of the President		
Contact Information	For Students:		
	Division of Student Affairs, Office of the Dean of Students		
	Phone: (470) 578-6367		
	Email: <u>deanofstudents@kennesaw.edu</u>		
	Tel: 41 40		
	For Employees:		
	Human Resources		
	Phone: (470) 578-6030		
	Email: <u>hr@kennesaw.edu</u>		
	Fundation of the Alexandratic Community Fundation		
	For Information on Serving Alcohol at Campus Events:		
	Office of University Events Phone: (470) 578-6252		
	Email: events@kennesaw.edu		
	Ernall. <u>events(@kernesaw.euu</u>		
	For Drug/Alcohol Emergencies and Non-Emergencies:		
	Department of Public Safety and University Police		
	Phone: (470) 578-6666 (Emergencies)		
	(470) 578-6206 (Non-Emergencies)		
	Email: police@kennesaw.edu (Non-Emergencies)		
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### 1. Policy Purpose Statement

The purpose of the Kennesaw State University (KSU) *Alcohol and Other Drug Policy* (*AOD Policy*) is to provide guidance to the campus community and ensure compliance with federal and state laws and the Board of Regents (BOR) of the University System of Georgia (USG) policies and procedures.

### 2. Background

KSU is committed to providing a safe, healthy learning community for all its constituencies and to recognizing, upholding, and enforcing the laws of the state of Georgia. As a recipient of federal funds, KSU supports and complies with the provisions of the *Drug-Free Schools and Communities Act Amendments of 1989* (DFSCA), as articulated in the *Education Department General Administrative Regulations* (EDGAR), Part 86 – the Drug Free Schools and Campuses Regulations and the U.S. Department of Labor *Drug-Free Workplace Act of 1988* (see 9. Associated Policies/Regulations). Under these federal acts, the University must have an alcohol and other drug policy and distribute it to all students and employees annually.

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The policy must include:

- standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities;
- a description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- a description of the health risks associated with the use of illicit drugs and the misuse of alcohol;
- a description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students; and
- a clear statement that the institution will impose sanctions on students and employees (consistent with local, state, and federal law), and a description of those sanctions, up to and including expulsion or termination of employment, and referral for prosecution, for violations of the standards of conduct.

### 3. Scope (Who is Affected)

The University has one AOD policy for all campuses and all KSU employees (faculty and staff) and students; third parties providing products/services to the University; and guests, visitors, or others visiting, working, or attending activities and events on University property or at affiliated locations are affected by it. The rules, oversight, and administration of the AOD policy is the same for all campuses. Students often take classes at more than one campus, faculty and staff may work at more than one campus, and access to resources and educational efforts are the same regardless of campus location.

#### 4. Health Risks Associated with Alcohol, Tobacco and other Drugs

Below is a helpful guide to the health-related risks associated with the use of illicit drugs and the misuse of alcohol and/or tobacco (Adapted with permission from the University of Michigan *Alcohol and Drug Policy*, <u>http://alcohol-drug-policy.umich.edu/</u>). Further details of health-related risks and information on the items below are available online at The National Institute on Drug Abuse website (<u>https://www.drugabuse.gov/</u>) and at the National Institute on Alcohol Abuse and Alcoholism (NIAAA) fact sheet (<u>https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/alcohol-facts-and-statistics</u>).

#### Alcohol

Can cause short-term effects such as loss of concentration and judgment, slowed reflexes, and disorientation leading to higher risk of accidents and problem behavior. Long-term effects include risk of liver and heart damage, malnutrition, cancer, and other illnesses. Can be highly addictive to some persons. When consumed rapidly and in large amounts, alcohol can cause coma and death.

Combining other drugs with alcohol can have unpredictable and unwanted consequences. Visit the University of Michigan's *The Effects of Combining Alcohol with Other Drugs* (<u>https://uhs.umich.edu/combine</u>) to learn more about these effects.

Amphetamines (Adderall, Concerta, Ritalin, etc.)
 Can cause short-term effects such as rushed, careless behavior and pushing beyond your physical capacity, leading to exhaustion. Tolerance increases rapidly. Long-term effects include physical and psychological dependence, and withdrawal can result in depression and

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suicide. Continued high doses can cause heart problems, infections, malnutrition, and death.

• Cannabis (marijuana)

Can cause short-term effects such as slow reflexes and increase in forgetfulness. Alters judgment of space and distance. Aggravates pre-existing heart and/or mental health problems. Long-term health effects include permanent damage to lungs, reproductive organs and brain function. Can interfere with physical, psychological, and social development of young users.

• Cocaine (crack)

death.

Can cause short-term effects such as impaired judgment, increased breathing and heart rate, heart palpitations, anxiety, restlessness, hostility, paranoia, and confusion. Long-term effects may include damage to respiratory and immune systems, malnutrition, seizures, and loss of brain function. Highly addictive.

- Designer Drugs/Synthetic Cannabinoids (bath salts, K2, spice, etc.) Can cause short-term effects such as elevated heart rate and blood pressure, chest pain, hallucinations, seizures, violent behavior, and paranoia. May lead to lack of appetite, vomiting, and tremors. Long-term use may result in kidney/liver failure, increased risk of suicide, and
- Hallucinogens (PCP, LSD, ecstasy, dextromethorphan, etc.) Can cause extreme distortions of what's seen and heard. Induces sudden changes in behavior, and loss of concentration and memory. Increases risk of birth defects in user's children. Overdose can cause psychosis, convulsions, coma, and death. Frequent and longterm use can cause permanent loss of mental function.
- Inhalants (nitrous oxide, amyl nitrite, butyl nitrite, chlorohydrocarbons, hydrocarbons, etc.) Can cause short-term effects such as nausea, dizziness, fatigue, slurred speech, and hallucinations or delusions. May lead to rapid and irregular heart rhythms, heart failure, and death. Long-term use may result in loss of feeling, hearing, and vision. Can result in permanent damage to the brain, heart, lungs, liver, and kidneys.
- Opiates/Narcotics (heroin, morphine, opium, codeine, oxycodone, fentanyl, china white, etc.) Can cause physical and psychological dependence. Overdose can cause coma, convulsions, respiratory arrest, and death. Long-term use may lead to malnutrition, infection, and hepatitis. Sharing needles is a leading cause of the spread of HIV and hepatitis. Highly addictive and tolerance increases rapidly. The use of opioids with alcohol, or other prescription or illicit drugs can cause unpredictable and unwanted consequences.

### Prescription Medication Misuse

Can cause a variety of health risks based on type of medication. Prescription drug misuse is the intentional or unintentional use of medication without a prescription, in a way other than prescribed, or for the experience or feeling it causes. Visit the National Institute on Drug Abuse (<u>https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts</u>) to learn more about the effects on your health.

Combining medications (prescribed or not prescribed) with alcohol can have unpredictable and unwanted consequences. Visit the National Institute on Alcohol Abuse and Alcoholism (<u>https://pubs.niaaa.nih.gov/publications/Medicine/medicine.htm</u>) to learn more about these effects.

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• Sedatives

Can cause reduced reaction time and confusion. Overdose can cause coma, respiratory arrest, convulsions, and death. Withdrawal can be dangerous. In combination with other controlled substances, can quickly cause coma and death. Long-term use can produce physical and psychological dependence. Tolerance can increase rapidly.

• Tobacco (cigarettes, cigars, chewing tobacco, etc.) Can cause diseases of the cardiovascular system, in particular smoking being a major risk factor for a myocardial infarction (heart attack), diseases of the respiratory tract such as Chronic Obstructive Pulmonary Disease (COPD) and emphysema, and cancer, particularly lung cancer and cancers of the larynx and mouth. Nicotine is highly addictive. E-cigarettes contain nicotine, potential carcinogens, and may cause addiction.

Visit KSU Smoke/Tobacco-Free website (<u>http://smokefree.kennesaw.edu/</u>) to learn more about cessation/recovery programs.

#### 5. KSU Alcohol and Other Drug Education, Counseling, and Assistance Programs

Several campus offices provide programs and assistance, act as a referring agency for the University, and/or provide AOD education and assistance to students and employees. These include, but are not limited to, the following:

- <u>Alcohol, Tobacco and Other Drug (ATOD) Education and Prevention Coalition</u> This University coalition is composed of students, alumni, faculty, and staff representing diverse constituencies from across the University and external members of the community. The coalition provides many ATOD services, including assistance in writing ATOD campus policies, conducting research, grant writing, assessing environmental issues, and establishing ATOD educational programs. The coalition also coordinates, plans, assesses, and educates the internal and external communities about ATOD-related issues. <u>Contact Information</u>: ATOD Education and Prevention Coalitions Phone: 470-578-2538 Email: <u>atod@kennesaw.edu</u> Website: http://cyaar.kennesaw.edu/education/atod-coalition.php
- <u>Counseling and Psychological Services (CPS)</u> CPS has professional counselors available to work with students who have mental health problems and issues associated with alcohol and/or drug misuse. CPS has counselors who are designated substance use specialists and have been certified in Prime for Life. <u>Contact Information</u>: Counseling and Psychological Services (CPS) Phone: (470) 578-6600 Email: jgunn@kennesaw.edu Website: <u>http://counseling.kennesaw.edu/</u>
- <u>Center for Young Adult Addiction and Recovery (CYAAR)</u> The CYAAR has licensed professional counselors who specialize in addiction education, prevention, counseling, and recovery. The CYAAR provides a centralized office for ATOD education and addiction prevention programs through outreach to high-risk populations,

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invitation by faculty and staff, and through individual counseling. The counselors specializing in substance use and addiction teach alcohol and other drug classes for students found responsible for alcohol and/or other drug-related code of conduct violations, as mandated by the Department of Student Conduct and Academic Integrity. CPS and the CYARR also perform in-house evaluations for alcohol and drug use. The CYAAR maintains a list of referral agencies for off-campus assistance when such assistance is more appropriate. CPS and CYAAR services are available to all enrolled students.

The CYAAR is home to multiple on-campus 12-step meetings per week, weekly Al-Anon meetings, and a Celebration Recovery meeting, where students in recovery share their story with others. The CYAAR has developed an education workshop, Trends in Addiction, Abuse, Use, and Treatment, which has been presented in multiple major settings and has trained peer educators to present about ATOD issues to a variety of classes. The CYAAR educates and trains ATOD peer educators who in turn present to the general campus population upon request.

Contact Information: Center for Young Adult Addiction and Recovery (CYAAR) Phone: (470) 578-2538 Email: <u>recovery@kennesaw.edu</u> Website: <u>http://cyaar.kennesaw.edu/</u>

<u>Human Resources (HR)</u>

HR coordinates all employee-related action related to AOD violations. The Drug-Free Workplace coordinator is the assistant vice president of Human Resources. For more information on the Employee Assistance Programs (EAP) relating to drug and alcohol use, see <a href="http://hr.kennesaw.edu/benefits/employee-assistance-program.php">http://hr.kennesaw.edu/benefits/employee-assistance-program.php</a>. Employee medical insurance plans also include some level of coverage for substance abuse.

HR also implements KSU's *Drug and Alcohol Testing Policy* and BOR's Voluntary Disclosure of Drug Use, which can help facilitate recovery and job preservation for employees who voluntarily come forward for help. For details on these programs, see <u>http://hr.kennesaw.edu/policies/drug-alcohol-testing.php</u>. <u>Contact Information:</u> Human Resources Phone: (470) 578-6030 Email: hr@kennesaw.edu

Website: http://hr.kennesaw.edu/

<u>Health Promotion and Wellness</u>

KSU Health Promotion and Wellness improves the health and well-being of students and employees through awareness and education. The department encourages students and employees to assume more responsibility for their health and well- being. The department's primary goal is to enhance and provide a balance in the intellectual, emotional, physical, social, environmental, and spiritual development of the whole person. The department also strives to provide an environment that is supportive of positive health practices. Programming focuses on helping students and employees reduce lifestyle risk factors. Health Promotion and Wellness participates each year in the National Collegiate Alcohol Awareness Week in October, sponsoring many interactive programs designed to educate students, faculty, and staff on issues associated with alcohol use and misuse. The center also has received Young Adult Program grants from the Georgia Governor's Office of Highway Safety since 2008.

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These grants are used to promote education and awareness to young adults about safety issues, such as underage drinking, impaired driving, destructive decisions, and other high-risk behaviors to decrease crashes, injuries, and fatalities in young adult drivers and passengers.

Contact Information: Health Promotion and Wellness Phone: (470) 578-6394 Email: <u>wellctr@kennesaw.edu</u> Website: <u>http://wellness.kennesaw.edu/</u>

<u>Student Health Services (WellStar)</u>

Student Health Services has multiple locations to serve student health needs. Alcohol and/or drug use is inquired about individually during most patient visits. Individual consultation regarding use of alcohol and drugs is done in both a preventive visit setting and in acute visits deemed to be alcohol/drug related. Referrals are made to CPS if medication management is needed. Student Health Services also refers and works closely with CPS, CYAAR, and Health Promotion and Wellness.

<u>Contact Information</u>: Student Health Services (WellStar) Phone: (470) 578-6644 Website: <u>http://studenthealth.kennesaw.edu/</u>

Residence Life

Residence Life has multiple locations across the various residential communities. It provides ATOD education to residential students throughout the year in both small and large group settings. Residence Life staff also actively monitor the KSU residential communities.

<u>Contact Information</u>: Residence Life Phone (470) 578-4388 Email: <u>reslife@kennesaw.edu</u> Website: <u>http://ksuhousing.kennesaw.edu/</u>

#### 6. Exclusions or Exceptions

Currently, there is a general policy of no alcohol on campus. There are exceptions to this policy including:

- From time to time, alcohol may be permitted at the discretion of the president. Presidential permission may be obtained only through the completion of an appropriate form obtained from University Events (<u>http://events.kennesaw.edu/</u>, 470-578-6252) and a signed agreement that includes the following statements.
  - o I will attest that no guests under the age of 21 will be in attendance.
  - Catering is required as the event caterer and must provide food along with a licensed bartender at the Host's expense.
  - A campus police officer may be required to be in attendance at the Host's expense.
  - If a campus police officer is not required, the Host is responsible for ensuring all guests safety and monitoring of alcohol consumption.
  - Event Host is required to comply with all of Kennesaw State University's alcohol

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policy requirements and the State of Georgia laws.

- Within the KSU residence halls by those 21 or older who are not in either a substance-free community or a unit where all residents assigned to the unit are under 21 years of age. For complete rules, see *KSU Students Code of Conduct*, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
- At social events from time to time, within KSU on-campus housing specifically limited to
  registered student organizations (this may include fraternities and sororities) that maintain
  house contracts in the University Columns on the Marietta campus, when those organizations
  register the event with the KSU Department of Public Safety, Residence Life, and the Office of
  Fraternity and Sorority Life, receive permission to host the event, and follow stated rules
  relating to alcohol. See <a href="http://greeklife.kennesaw.edu/resources/chapter-resources.php">http://greeklife.kennesaw.edu/resources/chapter-resources.php</a>.
- University courses that involve serving and tastings by those 21 or older of brews, beers, spirits, and wines for education purposes and that may be held in either state- or KSU Foundation-owned or leased properties and/or may be held at off-campus facilities and locations. Such courses require advance approval by the KSU president on a semester-by-semester basis for inclusion in the Banner system course schedule builder for registration before the course begins. Additionally, the program is required to maintain documented procedures for monitoring and recording an inventory of alcohol served and consumed during the president-approved courses and for checking identification to confirm attendees are 21 or older.
- KSU tailgating areas for sports events as approved by the KSU president and the KSU Sports and Entertainment Park for those 21 or older. Tailgates, picnics etc. are permitted for pre-approved and scheduled events, but will be not be allowed in general. When tailgating is approved for a specific event/ date that information and the rules related will be posted on the park website and at the event.
- Service and sales of alcohol at certain sporting and recreational events and concerts open to the public under the authority of the general manager of the KSU Sports and Entertainment Park may be permitted. Limits and guidelines apply. See <u>http://sportspark.kennesaw.edu/park-info/policies.php</u>.
- 7. Definitions and Acronyms

Alcohol: Ethyl alcohol, hydrated oxide of ethyl, or spirits of wine, from whatever source or by whatever process produced.

Alcoholic beverages: Includes all alcohol, distilled spirits, beer, malt beverages, wine, or fortified wine.

Affiliated locations: Any land and/or property leased and/or utilized for KSU-sponsored activities and programs.

AOD: Acronym for alcohol and other drug and/or drugs.

ATOD: Acronym for alcohol, tobacco, and other drug and/or drugs.

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**Campus constituency:** The people involved in or served by Kennesaw State University, including University employees and students, and/or third parties providing products/services to the University.

**Institutional funds:** Includes all funds controlled, held, or administered by the University. This includes all funds to which an institution holds title, including, but not limited to, student fees, auxiliary revenues, state appropriated funds, etc.

**Student Activity funds:** Includes all funds collected by any campus constituency for the sole purpose of funding any student activities.

**University property:** All land and improvements owned, occupied, leased, or controlled by the University or the University System of Georgia. This includes, but is not limited to, buildings, offices, meeting rooms, residence halls (including private rooms), parking garages, parking lots, athletic fields, stadium seating areas, and other property or locations affiliated with KSU.

Visitors and third parties: Contractors and subcontractors, spectators and guests, visitors, or others visiting, working, or attending activities and events on University property or at affiliated locations.

#### 8. Alcohol and Other Drug (AOD) Policy

KSU expressly prohibits the use, misuse, possession, sale, or distribution of illicit drugs and alcoholic beverages on University property or at KSU-affiliated locations by any campus constituency. Alcoholic beverages may be served at off-campus activities to adults of legal drinking age for the state in which the activity is being held, providing that a responsible club or organization representative acknowledges responsibility for monitoring alcohol consumption. In addition, the University president or designee may, from time to time, permit and approve other exceptions to the KSU *Alcohol and Other Drug Policy*. See section 6, Exceptions or Exclusions, for more information. Student Activity funds or institutional funds may not be used for the purchase of alcoholic beverages. KSU is committed to recognizing, upholding, and enforcing the laws of the state of Georgia, which are hereby incorporated into the KSU *Alcohol and Other Drug Policy*. See section 11, State and Federal Regulations.

#### Procedures

Procedures and guidelines related to the KSU *Alcohol and Other Drug Policy* are the shared responsibility of various KSU divisions/departments, including, but not limited to, those listed below. These divisions/departments are responsible for managing and publishing on their websites and/or communicating to campus the procedures, guidelines and/or forms related to this policy. See section 10, Procedures Associated with this Policy.

- i. Office of the President: The University president or designee is responsible for approving any exceptions to any campus constituency serving alcoholic beverages on University property or at affiliated locations.
- ii. Office of University Events: This office oversees requests to serve alcohol at events on University property or affiliated locations, and coordinates obtaining authorization and signature from the University president.
- iii. Human Resources: This department is responsible for managing procedures and

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guidelines related to this policy with respect to KSU employees, including sanctions for violations and providing information to employees regarding alcohol and other drug education and assistance programs. Discipline for faculty is governed by the policies of the Board of Regents and the KSU Faculty Handbook. See <a href="http://www.usg.edu/policymanual/section8/C245/#p8.3.9">http://www.usg.edu/policymanual/section8/C245/#p8.3.9</a> discipline and removal of fac <a href="http://www.usg.edu/policymanual/section8/C245/#p8.3.9">ulty members</a> and section 4.1.9 in the KSU Faculty handbook (<a href="http://www.usg.edu/policymanual/section8/C245/#p8.3.9">http://www.usg.edu/policymanual/section8/C245/#p8.3.9</a> discipline and removal of fac <a href="http://www.usg.edu/policymanual/section8/C245/#p8.3.9">http://www.usg.edu

- iv. The Vice President for Student Affairs is responsible for managing procedures and guidelines related to this policy with respect to KSU students and student organizations, including determination of sanctions for violations, and providing information to students and student organizations regarding alcohol and other drug education and assistance programs. This includes, but is not limited to, the following departments/units within this division:
  - Office of the Dean of Students: The dean of students is responsible for oversight and distribution of policies and compliance standards related to alcohol and other drugs, including ensuring that the KSU AOD Policy is distributed annually by KSU email to each student and employee.
  - Department of Student Conduct and Academic Integrity: This department oversees conduct cases against KSU students involving allegations of academic and disciplinary misconduct, including alcohol and drug violations by students and student organizations.
  - 3) Student Life: This unit of the Office of the Dean of Students, which includes the Department of Student Activities and the Department of Fraternity and Sorority Life, is responsible for informing all student organizations, and current student leaders and advisors about the requirements of the KSU AOD Policy and any related procedures. Violation of this policy by any student organization or student leaders associated with student organizations must be reported to Student Life as soon as possible, preferably within 24 hours of the alleged violation. Student Life sends reports to Student Conduct and Academic Integrity (SCAI) for possible disciplinary action.
- v. Alcohol Tobacco and Other Drug (ATOD) Education and Prevention Coalition: The coalition is a cross-functional team of faculty, staff, students, administrators, and community members. The coalition is responsible for championing educational and policy initiatives in service to the University and surrounding community.
- vi. Department of Public Safety and University Police (DPS): DPS is responsible for responding to reports of illegal alcohol and other drug violations on University property or at affiliated locations. The DPS also communicates any report of alcohol and other drug use
  - by KSU students or student organizations, whether at an activity or on an individual basis, to the dean of students or designee, who is responsible for referring the report and alleged violation to SCAI for appropriate adjudication, according to established University non-academic disciplinary procedures.
  - 2) by KSU employees, to Human Resources to determine and coordinate any necessary resolution for the alleged violation.
- 9. Associated Policies/Regulations
  - a. BOR Policy Manual, Section 4.6.3, Student Organization Responsibility for Drug Abuse

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- b. BOR Policy Manual, Section 4.6.4, Alcohol and Drugs on Campus
- c. BOR Policy Manual, Section 8.2.18, Voluntary Disclosure of Drug Use
- d. BOR Policy Manual, Section 8.3.91, Grounds for Removal
- e. U.S. Department of Labor, Drug-Free Workplace Act of 1988
- f. KSU Division of Student Affairs Policies and Procedures
- g KSU Drug and Alcohol Testing Policy
- h. KSU Employee Handbook
- i. KSU Faculty Handbook
- . KSU Game Day: Tailgating General Rules
- k. KSU Parental Notification Policy: Drug and Alcohol Violations
- I. KSU Student Codes of Conduct, Section 5: The Codes of Conduct (the Rules), A. Student Conduct, Sections 34. Alcohol, 35. Drugs, and 36. Prescription Medication
- m. <u>KSU Student Codes of Conduct</u>, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
- n. KSU Student Handbook
- o. NCAA Drug Testing Program
- p. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 1 General Provisions, Article 2. Definitions (O.C.G.A. § 3-1-2)
- q. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 2 <u>State Administration and Enforcement, Article 2. Enforcement, Section 36 Arrest and</u> prosecution of violators of title (O.C.G.A. § 3-2-36)
- r. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 21. Sales of alcoholic beverages near churches, school buildings, or other sites (O.C.G.A. § 3-3-21)
- s. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 22. Sale or furnishing of alcoholic beverages to intoxicated persons (O.C.G.A. § 3-3-22)
- t. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, <u>Chapter 3</u> Regulation of Alcoholic Beverages Generally, <u>Article 2. Prohibited Acts, Section 23.</u> Furnishing to, purchase of, or possession by persons under 21 years of age (O.C.G.A § 3-3-23)
- u. <u>Official Code of Georgia Annotated</u> (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 23.1 Procedure and penalties upon violation of Code Section 3-3-23 (O.C.G.A § 3-3-23.1)
- v. Title IV 21<sup>st</sup> Century Schools, Part A Safe and Drug-Free Schools and Communities
- w. U.S. Code of Federal Regulations (CFR), Title 34, Subtitle A, Chapter 1, § 86, Drug and Alcohol Abuse Prevention
- x. <u>U.S. Code of Federal Regulations (CFR), Title 41, Subtitle IV, Chapter 81, § 8102 Drug-free</u> workplace requirements for Federal contractors
- y. U.S. Department of Education, Office of Safe and Drug-Free Schools, Higher Education Center for Alcohol and Other Drug Abuse and Violence Preventions, Complying with the Drug-Free Schools and Campus Regulations [EDGAR Part 86], A Guide for College Administrators, Washington, D.C., 2006
- z. USG Human Resources Administrative Practice Manual, Safety & Security, Drug Testing

#### 10. State and Federal Regulations

State regulations incorporated in this KSU policy regarding the use, sale, or possession of intoxicating beverages are listed with citations to the full Official Code of Georgia Annotated (O.C.G.A.) in section 9, Associated Policies/Regulations. Summaries of these regulations include,

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but are not limited, to the following:

- a. O.C.G.A. § 3-1-2: Defines "alcoholic beverages" to mean all alcohol, distilled spirits, beer, malt beverages, wine, or fortified wine.
- b. O.C.G.A. § 3-2-36: Provides for criminal process against any person who violates the law in counties and municipalities where the sale of alcoholic beverages is not authorized or where alcoholic beverages are being sold contrary to law.
- c. O.C.G.A. § 3-3-21: Provides that no person knowingly or intentionally may sell or offer to sell any wine or malt beverages within 100 yards of any school building, school grounds, or college campus. Provides further that distilled spirits may not be sold within 200 yards of a school building, educational building, school grounds, or college campus.
- d. O.C.G.A. § 3-3-22: States that no alcoholic beverage shall be sold, bartered, exchanged, given, provided, or furnished to any person who is in a state of noticeable intoxication.
- e. O.C.G.A. § 3-3-23: Prohibits the furnishing to, purchasing of, or possession of alcoholic beverages by persons under 21 years of age.
- f. O.C.G.A. § 3-3-23.1: Provides that any person furnishing or possessing alcoholic beverages in violation of the previous Code Section shall be guilty of a misdemeanor. Establishes procedures for arrest by law enforcement officers.
- g. For more details on State laws regarding illicit drugs (controlled substances), and the penalties for violating those laws, see Title 16, Chapter 13 of the O.C.G.A. and Title 20, Chapter 3, Article 2, Part 3 of the O.C.G.A. O.C.G.A. § 20-3-90. (http://www.lexisnexis.com/hottopics/gacode/default.asp)
- h. O.C.G.A § 16-13-5 allows for immunity from arrest or prosecution if medical assistance is being sought by or for a person experiencing a drug overdose. This is known as the medical amnesty law.
- i. O.C.G.A. § 20-3-90 states that any student organization found responsible for knowingly permitting the sale, distribution, serving, possession, consumption, or use of marijuana or dangerous drug at any affair, function, or activity shall have its recognition as a student organization withdrawn and shall be expelled from campus for a minimum of one year.
- j. For more details on federal laws and penalties regarding controlled substances, see <u>https://www.dea.gov/druginfo/factsheets.shtml</u>.

### 11. Violations-University Sanctions

Faculty, staff, students, visitors, and third parties are expected to adhere to the policies of the University and observe the basic standards of good conduct; meet appropriate standards of performance; and observe all local, state and federal laws relative to unlawful use of illicit drugs and alcohol. Penalties for violations of these standards range from warnings and probation to expulsion, loss of academic credit, suspension, temporary or permanent suspension, withdrawal of organization recognition, referral to the legal system for prosecution, demotion, and termination of employment. Individuals in violation of this policy are subject to a range of sanctions, including but not limited to, disciplinary action and dismissal from the University as follows:

- Any faculty or staff member, administrator, or other employee who violates the KSU *Alcohol* and Other Drug Policy shall be subject to disciplinary action up to and including the possibility of dismissal and referral to the appropriate federal, state, or local authorities for prosecution.
- Any student or student organization that violates the KSU Alcohol and Other Drug Policy

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shall be subject to disciplinary action in accordance with the KSU *Student Codes of Conduct* up to and including educational sanctions, possible loss of on-campus housing, suspension and/or expulsion from the University, and referral to the appropriate federal, state, or local authorities for prosecution in the courts. Any student organization shall be subject to disciplinary action up to and including educational sanctions, suspension and/or revocation of its registration with Student Activities or Fraternity and Sorority Life, and referral to the appropriate federal, state, or local authorities for prosecution.

- Any student who is a member of a University athletic team may face additional sanctions when there is an alcohol or other drug (AOD) violation, in addition to any criminal prosecution or University *Student Codes of Conduct* sanction, based on rules established by the National Collegiate Athletic Association (NCAA), athletics department, and/or the team.
- Any visitor or third party who is visiting, working, or attending activities and events on University property or at affiliated locations and who violates the KSU *Alcohol and Other Drug Policy* shall be subject to disciplinary action that could include being charged with criminal trespass from the University and/or referral to the appropriate federal, state, or local authorities for prosecution. Student and employee hosts of visitors and/or third parties may also be held responsible for the actions of their guests while involved in University activities.

Additional information regarding sanctions and situations where amnesty may apply may be found in the KSU *Student Handbook*, KSU *Student Code of Conduct, BOR Policy Manual, KSU Faculty Handbook*, and *KSU Employee Handbook* (see section 9, Associated Policies/Regulations for additional information).

#### 12. Violations-External Sanctions

# (Adapted with permission from the University of Michigan Alcohol and Drug Policy, <u>http://alcohol-drug-policy.umich.edu/.</u>)

Violations of state and federal laws may result in misdemeanor or felony convictions accompanied by the imposition of legal sanctions, which include, but are not limited to, the following:

- Fines as determined under local, state, or federal laws;
- Imprisonment, including up to life imprisonment, for possession or trafficking in drugs such as heroin, cocaine, marijuana, and prescription drugs;
- Forfeiture of personal and real property;
- · Denial of federal benefits such as grants, contracts and student loans;
- Loss of driving privileges; and
- · Required attendance at substance abuse education or treatment programs.

#### 13. Review Schedule

This policy is reviewed annually by the vice president for Student Affairs, the associate vice president and dean of students, the assistant vice president of Human Resources, and the director of University Events and/or their designee(s); as well as the Alcohol, Tobacco, and Other Drug (ATOD) Education and Prevention Coalition.

## Procedures for Distributing AOD Policy Annually to Students and Employees

- I. KSU students are provided with a campus-assigned email address. When a student accesses the Owl Express KSU registration system, he/she receives the following message: "Welcome to the KSU Owl Express System! Please note that students are responsible for reviewing ALL official communication sent from KSU to their campus-assigned email address. Please check your email account often for important information from the university." Distribution to KSU students is accomplished by email to the student's campus-assigned email address once each semester. This fulfills the annual distribution requirement and notifies new students who may enroll for the first time in any semester.
- II. KSU employees (faculty and staff) are provided with a campus assigned email address. Annual distribution to KSU employees is accomplished by email to the employee's campus-assigned email address minimally once each year, with reminder notices distributed each semester.
- III. Each KSU employee (faculty and staff) interacts with the Human Resources Department to complete required documentation upon beginning employment. At that time, each new employee receives information about KSU's AOD policy.
- IV. The KSU AOD policy is referenced and a link is provided to the full policy in the university undergraduate and graduate catalogues, the KSU University Handbook, the Employee Handbook, and the Student Handbook.
- V. The student code of conduct, which contains significant portions of KSU's AOD policy, is also included in the online Student Handbook. The code of conduct is also published on the Student Conduct and Academic Integrity (SCAI) webpage (which is linked to the KSU webpage), and in all KSU catalogues.
- VI. To increase awareness of AOD efforts among students, KSU's AOD policy is distributed to parents of currently enrolled KSU students at least once annually through the Parent and Family Programs electronic newsletter. In addition to policy information, parents are encouraged to discuss AOD-related choices with their students.

## Description of Ongoing Education Programs and Systems to Prevent AOD Use and Misuse (Program Elements)

- I. Alcohol Availability
  - A. Currently, there is a general policy of no alcohol on campus. There are limited exceptions to this policy including:
    - From time to time, alcohol may be permitted at the discretion of the president. Presidential permission may be obtained only through the completion of an appropriate form obtained from University Events (<u>https://events.kennesaw.edu/</u>, (470)-578-6252) and a signed agreement that includes the following statements:
      - $\circ$  I will attest that no guests under the age of 21 will be in attendance.
      - Catering is required as the event caterer and must provide food along with a licensed bartender at the host's expense.
      - A campus police officer may be required to be in attendance at the host's expense. If a campus police officer is not required, the host is responsible for ensuring all guests safety and monitoring of alcohol consumption.
      - Event host is required to comply with all of Kennesaw State University's alcohol policy requirements and the State of Georgia laws.
    - The residential communities that are not substance-free allow persons aged 21 or older to possess and use alcohol within the confines of their private residential space. Alcohol in these communities must be in individual containers; no kegs are allowed. No open containers of alcohol are allowed in these residential communities outside the confines of units specifically housing residents over the age of 21 (even within the non-substance free communities, persons over the age of 21 may not drink within the unit of residents who are all under 21). For complete rules, see KSU Students Code of Conduct, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
    - University courses that involve serving and tastings by those 21 or older of brews, beers, spirits, and wines for education purposes and that may be held in either state- or KSU Foundation-owned or leased properties and/or may be held at off-campus facilities and locations. Such courses require advance approval by the KSU president on a semester-by-semester basis for inclusion in the Banner system course schedule builder for registration before the course begins. Additionally, the program is required to maintain documented procedures for monitoring and recording an inventory of alcohol served and consumed during the president-approved courses and for checking identification to confirm attendees are 21 or older.
    - KSU tailgating areas for sports events as approved by the KSU president and the KSU Sports and Entertainment Park for those 21 or older. Tailgates, picnics etc. are permitted for pre-approved and scheduled events, but will be not be allowed in

general. When tailgating is approved for a specific event/ date that information and the rules related will be posted on the park website and at the event.

- Service and sales of alcohol at certain sporting and recreational events and concerts open to the public under the authority of the general manager of the KSU Sports and Entertainment Park may be permitted. Limits and guidelines apply. See <a href="http://sportspark.kennesaw.edu/park-info/policies.php">http://sportspark.kennesaw.edu/park-info/policies.php</a>.
- Each of the organizations within Fraternity and Sorority Life follow the policies and procedures of their inter/national organizations as it relates to being able to host events with alcohol. Organizations within the College Panhellenic Council and Interfraternity Council are able to host events with alcohol while the Multicultural Greek Council and the National Pan-Hellenic Council cannot host events with alcohol.
- B. State law and university policy, with a few exceptions, prohibit the sale or manufacture of alcohol on campus.
- C. Neither student activity funds, nor institutional funds may be used for the purchase of alcoholic beverages.

## II. Marketing and Promotion of Alcohol

Alcohol advertising in student media is accepted, but limited. KSU Student Media, which includes the Sentinel, KSU's student newspaper, has an acceptance policy for alcohol advertising. It states, "Alcohol Advertising of beer and wine is acceptable but must conform with Georgia law and Kennesaw State University Alcohol Policy and Guidelines. Advertising of alcohol should avoid demeaning sexual or discriminatory portrayals and not encourage high-risk consumption nor place emphasis on quantity nor frequency of use. Alcohol should not be the only or central theme of an advertisement. Use of brand names and prices are discouraged. All advertisements of alcohol must contain reference to enforcement of the Georgia state drinking age."

In Spring 2020 the Division of Student Affairs conducted a review of the policy and paid advertising. The results indicated that while the policy allows for alcohol advertising, there were no alcohol ads or funds received by student media during 2018 through 2020. A review of other University System of Georgia student media alcohol advertising policies indicated that publications are encouraged to eliminate or minimize all alcohol advertising while several schools have no policy.

III. Alcohol-Free Options

Events and activities on campus are frequent and alcohol free.

- IV. Normative Environment
  - A. More than half of all the beds currently in on-campus housing on both the Kennesaw and Marietta campuses are in substance-free communities where alcohol is prohibited, regardless of age. In fall 2015, The "Outfit" was established as an on-campus recovery Living-Learning Community option for students participating in the Collegiate Recovery Program.

- B. WELL1000 (Foundations for Healthy Living) is a class that undergraduate, degree-seeking students have the option to take. A portion of the course includes information on alcohol misuse and drug use issues as they relate to personal fitness and health. Most WELL 1000 courses have Peer Health Owls, certified peer educators trained by Health Promotion and Wellness, present to the class about alcohol and other drugs, as well as student sexual health issues. An elective course, HPE 3300 (Personal Health Behaviors) covers the issues of alcohol and drug use in more depth.
- C. KSU has several versions of a First-Year Seminar. Incoming freshmen students have the option to take one of these first-year seminars or participate in a learning community, the majority of which have a first-year seminar embedded within the community. Peer educators (students who are trained by staff of the Center for Young Adult Addiction and Recovery) present on AOD issues to the KSU first-year seminars. The peer educators are trained to answer commonly asked questions, as well as refer students to CYAAR counselors if they are concerned about the student's substance-related behaviors. Professors may also request an additional presentation or request that a CYAAR staff member visit their class.
- D. Pro-wellness, anti-substance misuse messages are promoted through campus media throughout the year.
- E. The Kennesaw State University Department of Public Safety conducts AOD educational programming throughout the year. See Appendix E for programming.
- F. Resident Assistants conduct AOD educational programming within on-campus housing areas during the course of the academic year. See Appendix F for programming.
- G. The Center for Young Adult Addiction and Recovery provides a comprehensive framework for students seeking support and education in addiction and recovery. By providing AOD and addiction prevention education, clinical counseling, assessment, referral, and peer supports, all students at KSU have access to services. The Center provides training and education in the field for undergraduate and graduate researchers, as well as internships in counseling and collegiate recovery programming. Ongoing services for Alcohol and Other Drug Education include peer education, education programs by request, mandated education programs called Wise Choices Workshops, and Naloxone training as intervention services in the rising opioid epidemic. The Collegiate Recovery Program supports students in recovery as they live an abstinence-based lifestyle while attaining an education. Sober events and programming, recovery-informed academic advising, and recovery-based housing are available to students in recovery.
- H. Health Promotion and Wellness (HPW) has been awarded 13 grants from the Governor's Office of Highway Safety (GOHS) since 2008. To date, a total of \$186,230 has been awarded. The GOHS Young Adult Drinking and Driving Program is designed to reduce the incidence of alcohol-impaired driving by persons between the ages of 21 and 34. The grant funded peer health educator training, social norming campaigns, TIPS University training, classroom presentations, outreach

programming, and a portion of the NHCA III survey. See Appendix B for programming.

- I. HPW BAC ZONE Cards help individuals reduce risks associated with alcohol consumption by providing personalized, easy-to-use information about the effects of blood alcohol concentration (BAC). Three levels are defined: Stay in Your Green Zone, Danger Blue Zone, and Serious Risk Red Zone. Cards are individualized based on the gender and body weight of the student. Information on the card and protective folder include BAC facts, defines a standard drink, effects of alcohol, and harm reduction tips. The cards/folders were given out to students during alcohol education events and programs.
- J. HPW Peer Health OWLs (Outreach and Wellness Leaders) are trained using the BACCHUS Initiatives of NASPA Certified Peer Educator curriculum as well as trained on ATOD issues.
- K. HPW social norming messages were promoted to influence student behavior on staying sober on the roads. Ads were placed on all 16 KSU shuttles for six months. Postcard size inserts were printed and placed in the napkin dispensers at the Commons, Stingers, and other campus eateries during key programming times. Twosided paper coasters were printed with social norming facts on one side and wise tips for being a designated driver on the other. The coasters were used as educational tools and distributed to students attending alcohol presentations. Yard signs were printed with social norming messages and placed in high traffic areas on campus. The goal is to change what students perceive as the norm.
- L. The Student Activity Budget Advisory Committee (SABAC) provided funding for a fall 2019 event, "Owls Arrive Alive", where Phi Eta Sigma Honors Society, the Peer Health OWLs, and CYAAR collaborated on a simulated drunk driver accident recovery, including life flight, jaws of life, and local emergency response teams.
- M. Language was added to the Registered Student Organization Manual regarding sponsorship by and events held at locations where alcohol is served. Included in the Fundraising Policy is a statement which says, in part: "However, RSOs are not permitted to host percentage nights or similar events if profits come from the sale of alcohol." and "Sponsorship support from tobacco companies is not permitted at KSU. Sponsorship by alcohol companies is subject to additional review and written authorization by the Vice President and Chief Business Officer."
- N. KSU's athletics programs compete in NCAA Division I in the ASUN and Big South Conferences. The Athletics Department has its own Alcohol and Drug Policy for Student-Athletes (SAs). See Appendix C. The policy includes both random and "for cause" drug testing for SAs.
- O. The Athletics Department does mandatory student athlete (SA) drug and alcohol programs funded by grants from the NCAA, ASUN, and the KSU Athletic Department. KSU Athletics educational programming is developed in conjunction with the KSU Center for Young Adult Addiction and Recovery (CYAAR), as well as the campus-wide ATOD Coalition. Programming in 2018-2020 has included guest

speakers, individual team sessions with the AOD Prevention Education Coordinator, sessions with SA leadership committee (Student-Athlete Advisory Committee) and online programs. The Athletics department suspended use of the online program myplaybook.com after the 2018-2019 academic year in favor of increased AOD programming in conjunction with the Center for Young Adult Addiction and Recovery.

- P. During academic years 2018-2019 and 2019-2020, new students attending KSU were required to complete two free, online, and interactive educational programs designed to educate students about consent, sexual assault, dating violence, domestic violence, stalking, healthy relationships, bystander intervention, and alcohol and other drugs. These educational programs, called *Sexual Assault Prevention* and *AlcoholEdu*, include information about how alcohol and drugs are often contributing factors in interpersonal violence and sexual misconduct. New students were asked to complete the courses prior to or during the beginning of their first semester. These programs are managed by the KSU Office of Institutional Equity.
- Q. In partnership with the Medical Association of Georgia, KSU added a prescription drug drop box on the Kennesaw campus in October 2014 and the Marietta campus in May 2016, providing a safe and anonymous resource for disposal of drugs 24 hours a day, 365 days a year. The drop boxes continue to be available for the campus community.
  - During the 2018-2019 academic year, approximately 108 pounds of medication were collected and safely destroyed.
  - During the 2019-2020 academic year, approximately 87 pounds of medication were safely destroyed.
- V. Policy Enforcement
  - A. The Departments of Student Conduct and Academic Integrity (SCAI) and Housing and Residence Life have collaborated to produce a residential code of conduct that is consistent with and fully integrated into the overarching student code of conduct so that AOD violations by residential and commuter students are resolved as consistently as possible in a university student conduct system that is educational in nature.
    - The residential code of conduct is a subsection within the KSU student code of conduct.
    - The SCAI and the Housing and Residence Life Departments use the same software system to keep unified records of disciplinary incidents. This began in August 2006. A new software system was adopted in fall 2011 and historic data from the previous system was transported and integrated into the new system. This enables both departments to ensure that repeat offenders receive appropriate sanctions.
    - KSU conducted a review of cases where students were found responsible for AOD violations and the sanctions imposed during academic years 2018-2019

and 2019-2020 and determined that sanctions were consistently applied. See Appendix H.

- B. The campus student conduct procedure is meant to be educational and developmental in nature for the accused student as well as protective of the overall academic functioning of the community (including the residence halls). Whenever, after a disciplinary hearing, it is determined that a student has violated the code of conduct, the university imposes a sanction. The sanction is tailored to the individual based on the idea of graduated discipline, the level of acceptance of responsibility, the likelihood that the student will violate the code again, and how others in similar circumstances have been sanctioned. The overwhelming majority of KSU students who are referred for discipline for AOD violations are on-campus residents. First time alcohol offenders generally receive educational sanctions such as referral to an educational workshop conducted by the Center for Young Adult Addiction and Recovery, Wise Choices, and a reflective essay. Second time offenders usually receive a referral to a more intensive AOD sanction: counseling for evaluation and possible referral for treatment, while third time offenders are usually removed from housing and prohibited from visiting housing property. Non-residential students receive similar sanctions, with educational sanctions for first time offense and referrals to counseling for evaluation and possible referral for treatment for additional violations. University conduct action is independent and in addition to any offcampus court action that might ensue should a student receive a citation or arrest. See Appendix H for more information.
- C. KSU has its own Public Safety Department and it enforces AOD laws. Upon request, the KSU Police will respond and issue citations or arrest AOD violators. Every known student violator of AOD laws and policies is referred to the university student disciplinary process.
- D. Resident Assistants enforce the residential code of conduct (including those sections dealing with AOD issues). RAs conduct rounds several times a night and are on-call 365 days a year.
- E. There are nine residential communities on two campuses. Each community has professional staff members, Area Coordinators and Residence Directors, living within the community and available to assist RAs and HMs (House Managers) in planning AOD programming and enforcing the residential code of conduct.
- F. Approximately once each month, the SCAI Department reviews all the past month's disciplinary cases (both residential and non-residential) for the purpose of updating the KSU police on incidents that must be included in the university's Annual Security and Fire Safety Report (ASFS Report), in compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act). The ASFS Report includes AOD code of conduct violations that are considered crimes as outlined by the Clery Act. The KSU Public Safety Department produces and publishes this report, available online at <u>police.kennesaw.edu</u>. See Appendix D for latest ASFR Report.

## Summary of AOD Education Programs Strengths and Weaknesses

- I. Strengths
  - A. The university remains compliant with regard to the Drug-Free Schools and Communities Act and has implemented programs to prevent alcohol and other drug misuse and the illegal distribution of illicit drugs by employees and students, as evidenced by the data in this biennial review.
  - B. Alcohol and Other Drug (AOD) policies are reviewed annually and are clear and easily understandable.
  - C. Alcohol on university property is limited and currently there are few offenses beyond the residence halls.
  - D. The CYAAR provides a full continuum of care serving students seeking support and services for alcohol and drug use, misuse, and recovery. The CYAAR provides mutual aid supports, including 12-step recovery meetings, parent/family groups, along with peer recovery supports. The CYAAR has developed several AOD education workshops, which are presented in multiple cross-campus settings. The CYAAR is part of the ATOD coalition and is directly involved in the implementation of online education tools for the entire campus community and the training of peer educators who present about AOD issues in the classroom. In addition, the CYAAR has multiple research projects underway investigating collegiate recovery programs, risk perception, and expanded services for students seeking help and recovery from substance use disorders.
  - E. KSU remains committed to a unified conduct process with a single database integrating all conduct and behavioral response concerns.
  - F. There is recognition by the current university administration of AOD issues/concerns on the campus as evidenced by the funding of a permanent position for an AOD Prevention Education Coordinator. In addition, the adoption of an amnesty policy within the student code of conduct to encourage reporting of AOD concerns for the safety of students supports university recognition of AOD concerns.
  - G. The university's ATOD coalition includes diverse representation from across the university, including students, faculty, staff, and off-campus community members. The full coalition meets a minimum of once a semester. Ad hoc committees of the larger ATOD coalition also meet regularly, and on a more frequent basis than the larger coalition. These Ad hoc committees are formed when the need arises for programming, assessment, grants, research, policy evaluation, and events.
  - H. The American College Health Association-National College Health Assessment II (ACHA- NCHA II) survey was conducted on campus during spring semester 2020 and received 1,028 responses. The survey provides the university with information about current KSU students' attitudes, perceptions, behaviors, and opinions about health topics including ATOD issues. See Appendix G for the executive summary of the ACHA-NCHA II KSU survey.

- I. There is a growing commitment and focus on prevention and education to high-risk populations including all first-time freshmen. First-year programs have included AOD risk management as part of its curriculum in a chapter on emergency preparedness and has supported peer education on risk perception in the classroom through mandatory peer education presentations in first-year seminar classes.
- J. Health Promotion and Wellness has been awarded 13 grants from the Governor's Office of Highway Safety with the first award starting in the 2007-2008 school year. A total of \$186,230 has been awarded. The grant's purpose is to reduce the number of crashes, injuries, and fatalities in young drivers aged 21-34 years on Georgia roadways. These funds are used to educate students on alcohol as they relate to highway safety issues.
- K. KSU provides risk perception education and Naloxone training programs aimed at raising awareness around high-risk behaviors related to AOD and the reduction of addiction in the collegiate population. The CYAAR staff continues to train students who are in recovery as AOD peer educators, utilizing one of the most effective tools in collegiate learning peer education.
- L. Faculty and staff have the option of completing Recovery Ally Training through the Center for Young Adult Addiction and Recovery. Faculty and staff who participate in Recovery Ally Training are better equipped to support students who are presenting with substance use issues, may come to them for help, or are in recovery from substance use disorder. This training influences how faculty and staff handle substance use on campus, have conversations about substance use, as well as influence how policies and procedures affect students who are in or seeking recovery on campus. This has huge implications in substance use prevention, intervention, and harm reduction on campus.
- M. In the fall of 2018, the SCAI department planned out a three-year assessment cycle for the reflection paper, one of the most assigned sanctions. Staff from the CYAAR were invited to participate in the review since many of the reflection papers were assigned in conjunction with the Wise Choices Workshop of the substance use disorder assessment (both provided by CYAAR for specific alcohol and drug policy violations). Professional staff from Housing and Residence Life were also invited to join the review team due to the significant number of AOD code of conduct policy violations in on-campus housing properties.

After the first year, the reflection paper review team determined there was a need for a unique reflection paper to address student learning outcomes from interactions with CYAAR versus students who received a reflection paper sanction for other policy violations. Therefore, in the summer of 2019, when the reflection paper prompt was revised, a separate, but similar, prompt was created to specifically address students' participation with Wise Choices or substance use assessment. A checklist was created for the reflection paper review team to determine if the students were achieving the goals of the assignment.

During the 2019-2020 academic year, the reflection paper review team continued to review submitted papers utilizing the checklist. Checklist data was reviewed in July

2020 to determine if the prompts needed further adjustment and learning outcomes were created for both reflection paper sanctions. During the 2020-2021 academic year, another review of completed reflection papers will take place to determine if these outcomes have been achieved and whether further edits are required.

### II. Weaknesses

- A. There have been difficulties in maintaining consistent departmental representation, and representation among students on the ATOD coalition.
- B. With the rapid growth of the university, particularly in programs and populations that are at higher risk historically (such as fraternities and sororities, student athletes, and traditional-aged residential first-year students), the university needs to assess whether current resources and approaches are sufficient to meet the growing demands.
- C. The KSU 1101 and WELL 1000 classes that were required courses for degreeseeking students at KSU prior to fall 2019 are no longer required. KSU 1101 and WELL 1000 were the primary venue for peer educators from CYAAR and HPW. The number of students receiving AOD peer education in their first year has significantly decreased since these classes are no longer required, leaving a gap in an evidencebased approach to AOD education.
- D. New off-campus student housing continues to be introduced into the local real estate market contiguous to the campuses, but independent from the university, posing challenges in enforcing campus AOD policies and straining resources. This raises concerns about the conduct occurring within these communities and the safety of KSU students.
- E. In the summer of 2018, the decision was made by the Interfraternity Council organizations living in the University Columns to not renew their leases with the Department of Housing and Residence Life. This was a decision made by the organizations and not due to being asked to leave the Columns. The decision to no longer maintain the University Columns as a Greek residential community has unfortunately impacted our ability as a university to track and/or monitor any issues or incidents related to alcohol and other drugs in residential spaces due to each student in our community residing off campus.
- F. Recent turnover and organizational changes within HRL has resulted in lack of available data concerning AOD educational programming.

## **Recommendations for Revisions**

- I. Coordinated research and evaluation of all university AOD efforts should be centralized and supported with university resources, including direct coordination with the Division of Student Affairs Office of Planning and Assessment and the Center for Young Adult Addiction and Recovery.
- II. The ATOD coalition should assess its current participation and representation to ensure all critical sectors of the university and community are actively represented.
- III. Future planning is needed to reach out to all first-time new students in as timely a manner as possible. Efforts should be made to explore the possibility of requiring completion of AOD online education by all new KSU students prior to starting classes at the university.
- IV. Given increased concerns raised within the Fraternity and Sorority community about pre-gaming behaviors, an external audit should be conducted of the entire Greek-letter community to determine what concerns may exist and what proactive approaches can be implemented to prevent unhealthy and unsafe behaviors from occurring.
- V. As part of the assessment of cases involving AOD issues to determine consistency of sanctions, it was discovered that during fall semester 2018 there were 63
  AOD incidents where a student was found responsible. This was compared to fall of 2019 where there were 122 such incidents. This is a significant increase of 93.7%. See Appendix H. The Departments of Student Conduct and Academic Integrity (SCAI) and Housing and Residence Life should collaborate to further analyze this data to determine what trends and/or variables may have impacted this increase. Further, on-going monitoring of current and future trends can help determine if this is a trend, one-time occurrence, or if there is some other explanation for the anomaly.
- VIII. Based on an observed variance in sanctioning between SCAI and Housing and Residence Life, it is proposed that a SCAI coordinator for residential misconduct be created to centralize the administrative responsibilities of residence life conduct case work including case review, charging, hearing officer assignment, and consistency of sanctioning. This position would report to SCAI with a strong collaborative dotted line to Residence Life. Additionally, a sanctioning rubric should be developed to strengthen the consistency of sanctioning. In a consistency review (see Appendix H), 63.19% of AOD-related cases were given comparable sanctions when compared to other cases involving the same set of violations. In particular, there was significant variance between cases sanctioned by SCAI and those sanctioned by Housing and Residence Life.

## Appendix A CYAAR & OTHER AOD Programming Initiatives 2018 – 2020

### AUGUST 2018 (SCHOOL OPENING)

### May 2018 – August 2018

Kennesaw and Marietta Campuses

Throughout first year orientation (Ignition), the Center for Young Adult Addiction and Recovery (CYAAR) hosts an information table. CYAAR also provides an informational video for interested students during the orientation period.

August 6, 2018	4:00pm – 5:00pm	<b>Resident Assistant Naloxone Training</b>
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Kennesaw and Marietta Campuses

Each year, CYAAR trains all Resident Assistants on identification of opioid overdose and how to use Naloxone, the opioid overdose reversal drug, to reverse the overdose. CYAAR provides Naloxone kits to Housing and Residence life to stock all RA on-duty bags.

August 8, 2018 1:00pm – 3:00pm

Temple Sinai, Sandy Springs, GA

CYAAR provided Train-the-Trainer services to two staff members of Helping Atlantans Manage Substance Abuse (HAMSA), a division of Jewish Family and Career Services (JF&CS), in delivering Narcan (Naloxone) training as well as training 30 members of Temple Sinai in identifying and reversing opioid overdoses.

August 15 and 17, 2018 1:00pm – 4:00pm Bazaar on the Bricks

Kennesaw and Marietta Campuses

CYAAR and the Alcohol, Tobacco, and Other Drug Prevention and Education Coalition (ATOD Coalition) each host a table at Bazaar on the Bricks every year in August. Bazaar on the Bricks includes a variety of vendors, as well as organizations and departments on campus, which KSU students can visit to gain information from. The programming committee helps to plan what materials and activities to have at the ATOD table as well as to provide staff and volunteers to host the table. The tables include activities for students to teach them about alcohol/drug use, brochures about resources on campus, and other materials. Students and staff may also sign up to become a member of the ATOD Coalition.

### August 20, 2018 6:00pm – 7:30pm

Temple Beth Tikvah, Roswell, GA

CYAAR provided Train-the-Trainer services to two staff members of Helping Atlantans Manage Substance Abuse (HAMSA), a division of Jewish Family and Career Services (JF&CS), in

Orientation

HAMSA Narcan Training

**HAMSA** Narcan Training

delivering Narcan (Naloxone) training as well as training 25 members of Temple Beth Tikvah in identifying and reversing opioid overdoses.

## August 25, 2018 8:30am – 10:00am

The Perch, Kennesaw Campus

The Run for Recovery 5K is hosted by Health Promotion and Wellness (HPW). Each year during fall semester, the Run for Recovery 5K is held to raise funds to support the efforts of CYAAR, which supports students in recovery from addiction as well as providing AOD education and counseling. Many members of the ATOD Coalition help to support the Run for Recovery by volunteering to help plan, set up, staff, and clean up on event day.

## SEPTEMBER 2018 (NATIONAL RECOVERY MONTH)

## September – November, 2018

Fifth Third Bank Stadium, Kennesaw, GA

CYAAR hosts sober tailgates open to all students, alumni, friends, and family members that want to take part in substance-free tailgating for KSU football home games. Food, drinks, and games are provided at the tailgates.

## September 12, 2018 7:00pm – 9:00pm

University Village Clubhouse, Kennesaw Campus

This campus safety event was a collaboration between Housing and Residence Life, Public Safety, CYAAR, and HPW. This event was intended to promote campus safety in North housing in University Village. All students in North housing were invited to take part in this evening event. Students were able to take part in several activities such as Mario Kart and ping pong while wearing intoxication simulation goggles to highlight the dangers of impaired driving. Students were also able to ask campus partners about safety, laws, campus rules, and campus health and safety resources. HPW provided giveaways that included sexual health safety packs that included condoms and lubricants as well as information about safe and consensual sex. Students were also provided with BAC calculation cards that were customized to their own sex and weight. Food was provided. 126 students attended this event.

September 14, 2018 7:30am – 9:00am Collegiate Recovery Scholarship Breakfast

KSU Center, Kennesaw, GA

CYAAR hosts an annual scholarship breakfast to highlight and support the successes of students in recovery from addiction. This annual event is a fundraiser and an opportunity to educate the faculty and staff about addiction and recovery.

September 16, 2018 8:00pm – 9:00pm

Kappa Delta Alcohol Awareness Event

Burress Building, Kennesaw Campus

# Run for Recovery 5K

### **Campus Safety Event**

Sober Tailgates

Kappa Delta sorority requested that Sergeant Charles Dickens from KSU PD and Lindsay Montgomery, AOD Prevention Education Coordinator, speak to their sorority during a chapter meeting. Topics covered included campus health and safety resources and alcohol and other drug safety and education. The event included demonstrations using drunk goggles, a naloxone demonstration, and the opportunity to ask questions concerning alcohol and other drugs. 120 students were in attendance.

September 18, 2018 12:30pm – 1:30pm Nursing Student Naloxone Training

Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

## September 21 and 23, 2018

## Parent & Family Weekend

Embassy Suites, Kennesaw, GA

CYAAR hosted a table during KSU's Parent & Family Weekend at the Embassy Suites. The purpose of the tabling was to educate students and families about recovery support services, assessment, recovery science research opportunities, and AOD peer education opportunities offered through CYAAR.

## September 22, 2018 10:00am – 12:00pm MSW Recovery and Naloxone Education

University Village, CYAAR office, Kennesaw Campus

CYAAR, in collaboration with the Society of Social Workers (SOSW) Masters of Social Work (MSW) club, hosts recovery resource information sessions and Naloxone training specifically designed for graduate students entering the field of social work. Each student receives a Naloxone kit provided by CYAAR after each training session. 26 SOSW students were in attendance.

September 24, 2018 7:30pm – 9:00pm Tau Kappa Epsilon AOD Education

Social Science Building, Kennesaw Campus

CYAAR and the Department of Fraternity and Sorority Life partner to provide AOD education to Greek Letter chapters that have been identified as high risk. These presentations are 1.5 hours in length, and the chapter must pay a fee of \$8/person up to the amount of \$500 from their chapter bank account. This money goes to the CYAAR education revenue account to fund AOD education initiatives on campus. Tau Kappa Epsilon had 9 students (11 in chapter) in attendance for this mandatory education.

## September 26 – 29, 2018

## **Building Communities of Recovery Conference**

Hilton Atlanta, Marietta Hotel and Conference Center, Marietta, GA

CYAAR sponsored and staffed an information table at the Building Communities of Recovery Conference hosted by the Davis Direction Foundation during National Recovery Month. Staff members also presented keynote, panel, and breakout sessions focusing on Kennesaw State University's Collegiate Recovery Program at the conference.

## OCTOBER 2018

**October 8, 2018** 

12:00pm – 1:00pm

**Nursing Naloxone Training** 

Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

October 23, 2018 12:30pm – 1:30pm Wellstar Scholarship Lecture Series

Prillaman Hall, Kennesaw Campus

CYARR Alcohol and Other Drug Prevention Education Coordinator, Lindsay Montgomery, guest lectured with Dr. Lawrence Bryant during the Wellstar Scholarship Lecture Series in a presentation titled *Opioid and Other Substance Abuse Disorders*. The lecture focused on diagnosing substance use disorders, treatment best practice, medically assisted treatment, stigma reduction, and community support programs.

October 24, 2018	8:30am – 4:00pm	McClure Middle School Red Ribbon Week
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McClure Middle School, Kennesaw, GA

Tina Penny, Health Education Teacher at McClure Middle School in Cobb County, requested that students in the KSU CRP come tell their recovery stories to middle school health students during National Red Ribbon Week. CYAAR AOD Prevention Education Coordinator, Lindsay Montgomery, and 3 CRP students presented to 6 health classes (2 sixth grade, 2 seventh grade, and 2 eighth grade) about alcohol and other drug prevention.

October 27, 2018 10:00am – 2:00pm

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DEA Rx Take Back Day
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Joe Mack Wilson Student Center, Marietta Campus

Wellstar Community Education and Outreach partnered with CYAAR to host a National DEA Prescription Take Back Day drop off location. CYAAR partnered with Kennesaw State University Public Safety to provide law enforcement for the event, and Wellstar Student Health Services for sharps collection. The local community was able to drive up directly to the collection area and drop off any unused or expired medications for safe disposal. Each person who dropped off medication received a goodie bag provided by Wellstar Community Education and Outreach that contained safe medication disposal guidelines and DisposeRx medication neutralizing packets. CYAAR contributed marketing materials to the bag to raise awareness of our Collegiate Recovery Program.

## October 30, 2018 4:00pm – 6:00pm

Campus Green, Kennesaw Campus

Health Promotion and Wellness hosts an annual Fall Festival alcohol education event on the Campus Green to teach students about safer drinking and the effects of alcohol. This event is part of the National Collegiate Alcohol Awareness Week. Various tables from different departments are present to teach about safer drinking or about campus resources that relate to safer drinking practices. CYAAR hosts a table each year with AOD trivia, games, giveaways, and information about CYAAR resources.

## NOVEMBER 2018

November 9, 2018 9:00am – 3:00pm

**Riley's Wish Lecture Series** 

Georgia Technical College, Atlanta, GA

CYAAR, with funding from the Riley's Wish Foundation, hosts an annual lecture series focusing on substance use and co-occurring disorders. Riley Sisson was a KSU student who lost his battle with OCD and addiction from an accidental overdose on Sept 1,2014. Each year, CYAAR honors Riley's memory by increasing education around co-occurring substance use and mental health disorders. This lecture series is open to all clinical professionals working with people with co-occurring mental health disorders, students, as well as collegiate recovery professionals. In 2018, The Riley's Wish Lecture Series was held in partnership with the Georgia Tech Collegiate Recovery Program at the Georgia Tech campus and had 32 attendees.

November 27, 2018 12:00pm – 1:00pm Nursing Faculty Naloxone and SUD Training

Prillaman Hall, Kennesaw Campus

CYAAR staff trained 20 Wellstar College of Health and Human Services faculty members by request in the use of Naloxone, as well as providing a substance use disorder overview.

## **JANUARY 2019**

January 6, 2019 7:00pm – 8:30pm Alpha Omicron Pi Chapter Meeting

Social Science Building, Kennesaw Campus

Alpha Omicron Pi sorority requested that Corporal Charles Dickens and AOD Prevention Education Coordinator, Lindsay Montgomery, speak to their sorority as well as other invited Greek letter organizations about alcohol and other drug safety. 148 students were in attendance. Topics covered included campus safety resources, Georgia 911 medical amnesty law, and alcohol and other drug safety and education. The presentation included the opportunity to ask questions concerning AOD issues on campus.

January 13, 20197:00pm - 8:30pmTheta Chi Chapter Meeting

Burruss Building, Kennesaw Campus

Theta Chi fraternity requested that Lindsay Montgomery speak to their fraternity during a chapter meeting about alcohol safety. 41 students were in attendance. Topics covered included campus safety resources, Georgia 911 medical amnesty law, and alcohol and other drug safety and education. The presentation included demonstrations with alcohol impairment simulation goggles and the opportunity to ask questions concerning alcohol and other drugs.

## January 30 & February 1, 2019 1:00pm – 4:00pm Owl Creed Week 2019

Student Centers, Kennesaw and Marietta Campuses

During Creed Week 2019, CYAAR hosted tables over two days with the focus being Stigma Reduction Through the Five Tenets of the Owl Creed. CYAAR demonstrated how each of the tenets of the Owl Creed could be used to reduce stigma surrounding substance use disorder, eating disorders, process addictions, and recovery. The tabling event featured games, giveaways, and a stigma reduction social media campaign. CYAAR also provided students with information about recovery resources on campus and in the surrounding community. 54 students attended the two days of tabling events.

January 31, 2019 7:00pm – 8:30pm Missing PieceZ AOD Awareness Event

Zeta Phi Beta sorority hosted an alcohol and other drug awareness event open to the KSU housing community and invited Lindsay Montgomery, AOD Prevention Education Coordinator, and Jessica Medovich, Collegiate Recovery Program Coordinator, to come speak during the event. Topics covered included campus safety resources, alcohol and other drug safety and education, and information about the Collegiate Recovery Program. The presentation included demonstrations with alcohol impairment simulation goggles and the opportunity to ask questions concerning alcohol and other drugs. 28 students were in attendance.

### FEBRUARY 2019

February 18, 2019 12:00pm – 1:00pm Nursing Student Naloxone Training

Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

### February 25 – March 1, 2019

Love Your Body Week

Kennesaw & Marietta Campuses

Each year during National Eating Disorders Awareness Week, KSU celebrates Love Your Body Week. During LYBW/EDAW, several Division of Student Affairs departments as well as the Wellstar Student Health Clinic participate in hosting events across both campuses. During LYBW/EDAW 2019, CYAAR, HPW, and CPS hosted information tables all five days of the week. CYAAR also hosted an Open Mic Night at the Marietta campus on Thursday, February

28. The focus of the Open Mic Night was a celebration of recovery from addictive disorders and resource awareness.

## **MARCH 2019**

## March 9, 2019 6:00pm – 10:00pm Women's Recovery Night

University Village, CYAAR office, Kennesaw Campus

CYAAR hosted an evening just for those who identify as female to build community or learn about recovery. Attendees included CYAAR staff, current students, alumni, women from the local recovery community, and prospective students. Topics included women's issues in recovery, including substance use disorder recovery, eating disorder recovery, and dual diagnosis recovery.

March 19, 2019	9:00am – 4:00pm	Health Resource Fair
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Student Recreation and Activities Center, Kennesaw Campus

The annual Health Resource Fair offers a variety of free health information and screenings for KSU students. CYAAR hosts a table each year that focuses on alcohol, other drugs, and the effects on college students by having interactive learning activities to reinforce learning.

## March 19, 2019 12:00pm – 1:00pm Nursing Student Naloxone Training

Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 27 nursing students were in attendance.

March 25, 2019 3:30pm – 4:45pm NURS 4422: Women & Health

Prillaman Hall, Kennesaw Campus

Lindsay Montgomery guest lectured in NURS 4422: Women & Health by request of the professor to discuss specific issues surrounding women and substance use. A variety of topics were covered, including health factors, social influence, legal issues, data and statistics, treatment best practice, and SBIRT. The lecture also included a Naloxone training. 26 students were in attendance.

March 28, 20192:00pm - 5:00pmSafe Spring Break

Campus Green, Kennesaw Campus

Safe Spring Break is hosted by HPW every year before KSU's spring break. Multiple Division of Student Affairs departments, as well as the Wellstar Student Health Clinic participate by promoting the event, and participating in interactive, educational tabling. The focus of the event is to promote safe practices during spring break, including alcohol and other drug safety. Students can participate in games, trivia, and take giveaways that promote safety.

## **APRIL 2019**

## April 9, 2019

## 12:30pm – 1:30pm

## Wellstar Scholarship Lecture Series

Prillaman Hall, Kennesaw Campus

CYARR Alcohol and Other Drug Prevention Education Coordinator, Lindsay Montgomery, guest lectured with Dr. Lawrence Bryant during the Wellstar Scholarship Lecture Series in a follow-up to the *Opioid and Other Substance Abuse Disorders* presentation from 2018. The follow-up lecture, titled *The Opioid Epidemic: Issues and Updates*, focused on data and statistic updates concerning the opioid crisis in Georgia, prescription monitoring programs, treatment best practice, medically assisted treatment, stigma reduction, and community support programs.

## April 12, 2019 5:00pm – 6:00pm NCUR Naloxone Training & CRP Education

University Village, CYAAR office, Kennesaw Campus

KSU hosted the 2019 National Conference on Undergraduate Research in which students came to KSU from all over the country. CYAAR hosted a Naloxone training for any students interested in being trained and equipped with Naloxone as well as learning about Collegiate Recovery. 6 students attended this special session to learn about collegiate recovery programs, the use of Naloxone, and bringing collegiate recovery information back to their campuses.

## April 14, 2019 1:00pm – 4:00pm Sigma Nu Alcohol Education

Burruss Building, Kennesaw Campus

Sigma Nu fraternity requested that Lindsay Montgomery, AOD Prevention Education Coordinator, lead the annual new member alcohol education for their chapter. Sigma Nu has developed an outline for new member education called the LEAD Program that ensures all requirements for the Sigma Nu nationals are met. This training took 3 hours to complete and covered alcohol consumption safety, local, state, and federal laws concerning alcohol, medical amnesty, and misperceptions about alcohol and Greek social fraternities.

April 16, 2019 2:00pm – 5:00pm

Alcohol Awareness Month Tabling

University Village, Kennesaw Campus

CYAAR staff members hosted an information table in University Village to acknowledge April as National Alcohol Awareness Month. Staff members educated students on safe drinking practices, campus recovery resources, upcoming alternative events, and the DEA National Rx Take Back Day. Students were able to take giveaways that outlined standard drink size, medical amnesty laws, and other safe drinking practices.

April 20, 2019 6:00pm – 10:00pm 4/20 Movie Night

Carmichael Student Center, Kennesaw Campus

CYAAR provided alternative programming on campus for students on April 20, a day that is nationally known for high consumption of cannabis. CYAAR screened the movie "A Star is Born" because of the portrayal of addiction, and the ability to use the movie as a conversation starter about addiction and recovery. Several health and wellness focused departments on campus were able to table at the event so students could gather information about campus resources and ask questions before and after the movie.

April 27, 2019 10:00am – 2:00pm

**DEA Rx Take Back Day** 

Main Visitor Parking Lot, Kennesaw Campus

Wellstar Community Education and Outreach partnered with CYAAR to host a National DEA Prescription Take Back Day drop off location. CYAAR partnered with Kennesaw State University Public Safety to provide law enforcement for the event, and Wellstar Student Health Services for sharps collection. The local community was able to drive up directly to the collection area and drop off any unused or expired medications for safe disposal. Each person who dropped off medication received a goodie bag provided by Wellstar Community Education and Outreach that contained safe medication disposal guidelines and DisposeRx medication neutralizing packets. CYAAR contributed marketing materials to the bag to raise awareness of our Collegiate Recovery Program. During the spring collection, 15 pounds of pills, 8 pounds of used sharps, and 15 pounds of liquids and inhalers were collected.

## MAY 2019

May 17 – 19, 2019

Southeastern CRC Summit

Georgia Southern University, Savannah, GA

Each year, CYAAR participates in the Southeastern CRC Summit, an annual event that brings together staff and students from collegiate recovery programs and communities across the Southeast. This event is an opportunity for students to participate in leadership training and for staff members to collaborate on work in the field of collegiate recovery. KSU CYAAR staff members presented multiple keynote, breakout, and panels sessions as well as a Naloxone train-the-trainer session throughout the conference. 15 students and staff members attended.

## May 21 – 23, 2019

## Higher Ed AOD and Wellness Summit

University of Georgia, Athens, GA

CYAAR participated in the Higher Education Alcohol and Other Drug and Wellness Summit, an annual event that brings together staff and students from collegiate health and wellness programs across the state. This event is an opportunity for staff members to collaborate on work in the field of alcohol and other drug education, prevention, and collegiate recovery. KSU CYAAR staff members presented multiple keynote, breakout, and panels sessions.

## **JUNE 2019**

### June 19 & 26, 2019

10:00am – 3:00pm

Student Centers, Kennesaw and Marietta Campuses

The first annual Mental Health Resource Fair, hosted and organized by Counseling and Psychological Services, requested CYAAR participate by performing screenings for risk of substance dependence, stress relief techniques, and educating about student mental health resources through CYAAR. CYAAR's licensed clinical social worker, Jeff Earle performed screenings and brief intervention during the event.

## June 29 – July 2, 2019

## **ARHE Conference**

**Mental Health Fair** 

Boston University, Boston, MA

CYAAR participated in the Association of Recovery in Higher Education conference, an annual event that brings together staff and students from collegiate recovery programs and communities across the country. This event is an opportunity for students to participate in leadership training and gain education about working in higher education and collegiate recovery and for staff members to collaborate on work in the field of alcohol and other drug education, prevention, and collegiate recovery. KSU CYAAR staff members presented multiple keynote, breakout, and panels sessions. 11 students and staff members attended.

## JULY 2019

## July 3, 2019

1:00pm – 3:00pm

## Safe Summer Event

Campus Green, Kennesaw Campus

CYAAR, in partnership with Health Promotion and Wellness and the Georgia Prevention Project, held a safe summer event in which students could participate in games and trivia about safe practices concerning alcohol and other drugs. In addition, students participated in a survey to measure perception about drug and alcohol use at Kennesaw State.

## July 10 & 17, 2019 1:00pm – 4:00pm

## **Stigma Reduction Tabling**

Kennesaw and Marietta Campuses

CYAAR hosted an information table with the focus being addiction and recovery stigma reduction. CYAAR educated students how to reduce stigma surrounding substance use disorder, eating disorders, process addictions, and recovery on campus, which in turn leads to students seeking help. The tabling event featured a recovery ally pledge, giveaways, and a stigma reduction social media campaign. CYAAR also provided students with information about recovery resources on campus and in the surrounding community.

## YEAR-ROUND

*Peer Educators*: Health Promotion and Wellness and the Center for Young Adult Addiction and Recovery train Peer Educators to go to classrooms and lead discussions with and/or present to their peers on alcohol, drugs, and other student health issues. All Peer Educators receive training and can be requested by an instructor. CYAAR presents to all KSU 1101 classes as part of the first-year curriculum.

*Naloxone Training:* Faculty, staff, and students from KSU can receive free training about the effects of opioids, how to recognize an opioid overdose, and to administer the opioid overdose reversal drug Naloxone. At the end of training, participants receive a free Naloxone kit. Open Naloxone training sessions are held once a month.

*TiPS Alcohol Training:* Each semester, Fraternity and Sorority Life new members must participate in the New Member Symposium, which includes TiPS Alcohol Training. Faculty and staff are certified each year in a train-the-trainer program to deliver TiPS education to all new FSL members.

CYAAR staff members conduct clinical assessments, Wise Choices, and Prime for Life workshops during the academic year to provide education and intervention for code of conduct violations.

**Recovery Housing:** CYAAR maintains 12 beds in University Village student housing that are designated for students in the Collegiate Recovery Program who meet all requisites for on-campus recovery housing and complete required CRP programming requirements. The living-learning community, The Outfit, is a substance-free, sober living community. Students in The Outfit must also be subject to random drug tests and participate in bi-weekly housing meetings with CYAAR staff.

**Recovery Meetings:** CYAAR hosts multiple weekly or bi-weekly recovery meetings year-round that are open to those in or seeking recovery. These meetings include alcoholics anonymous, eating disorders anonymous, all recovery meetings, Adult Children of Alcoholics meetings, and yoga for 12-step recovery meetings.

Data on addiction and support services for 2018-2019 include:

165 students completed sanctioned CYAAR interventions (counseling, assessment, or Wise Choices), 436 people trained and equipped with Naloxone, 633 Substance Use or related counseling appointments, 4 emergency AOD-related counseling sessions, and 10 referrals to treatment. In addition, CYAAR supported 91 students as part of the Collegiate Recovery Program cohort in 2018-2019.

## AUGUST 2019 (SCHOOL OPENING)

May 2019 – August 2019

Kennesaw and Marietta Campuses

Throughout first year orientation (Ignition), the Center for Young Adult Addiction and Recovery (CYAAR) hosts an information table. In 2019, a new program was introduced to Ignition, a health and wellness panel with representatives from health and wellness departments across campus to answer questions from parents about health and wellness resources at KSU. A staff member of CYAAR participates in each panel. CYAAR also provides an informational video for interested students during the orientation period.

August 26, 2019 8:00am – 9:30am Run for Recovery 5K

The Perch, Kennesaw, GA

The Run for Recovery 5K is hosted by Health Promotion and Wellness. Each year during fall semester, the Run for Recovery 5K is held to raise funds to support the efforts of CYAAR, which supports students in recovery from addiction as well as providing AOD education and counseling. Many members of the ATOD Coalition help to support the Run for Recovery by volunteering to help plan, set up, staff, and clean up on event day.

## **SEPTEMBER 2019 (NATIONAL RECOVERY MONTH)**

## September 14, 2019 10:30am – 12:00pm MSW Recovery and Naloxone Education

University Village, CYAAR office, Kennesaw Campus

CYAAR, in collaboration with the Society of Social Workers (SOSW) Masters of Social Work (MSW) club, hosts recovery resource information sessions and Naloxone training specifically designed for graduate students entering the field of social work. Each student receives a Naloxone kit provided by CYAAR after each training session. 18 SOSW students were in attendance.

September 16 – 19, 2019 1:00pm – 4:00pm Recovery Month Tabling

Kennesaw and Marietta Campuses

In celebration of National Recovery Month, CYAAR hosted information tables across both campuses to educate students about recovery resources on campus, promote recovery allyship, and reduce stigma around substance use, eating disorders, process addictions, and recovery. Students could participate by signing the recovery ally pledge, learning more about recovery allyship, participate in a social media campaign, create recovery month quilt squares with inspiring messages, quotes, drawings, recovery dates, or messages to honor those who lost their battles with addiction, and ask questions about addiction and recovery.

September 20, 2019 7:30am – 9:00am Collegiate Recovery Scholarship Breakfast

Convocation Center, Kennesaw Campus

CYAAR hosts an annual scholarship breakfast to highlight and support the successes of students in recovery from addiction. This annual event is a fundraiser and an opportunity to educate the faculty and staff about addiction and recovery.

### September 22, 2019 5:00pm – 6:30pm

## Alpha Omicron Pi Chapter Meeting

Carmichael Student Center, Kennesaw Campus

Lindsay Montgomery, AOD Prevention Education Coordinator, presented to Alpha Omicron Pi during their chapter meeting by request. Topics included alcohol and other drug safety, medical amnesty, campus health and safety resources, risk perception, and positive social norms. Students were also able to participate in a demonstration using alcohol intoxication simulation goggles. 114 chapter members were present.

## September 24, 2019 6:00pm – 7:00pm Club Sports Officers AOD Education

The Owl's Nest, Kennesaw, GA

Officers for KSU Club Sports were present for a mandatory AOD education session that included KSU AOD policies, laws concerning AOD use, relevant rules when traveling for club sports, safe drinking practices, and medical amnesty laws. 21 student officers were in attendance.

## September 25, 2019 12:00pm – 4:00pm Field Day for Recovery

Campus Green, Kennesaw Campus

During National Recovery Month, CYAAR held a Field Day Festival For Recovery event on the Campus Green that included games, activities, snacks, multiple health and wellness departments information tables, and the unveiling of the recovery month quilt project with quilt squares collected during Recovery Month tabling throughout the first part of the month. Off-campus partner, Georgia Prevention Project participated in the event through event staffing and funding for incentives to participate in a substance use perception survey. 94 students participated in the event.

September 30, 2019 12:00pm – 1:00pm Nursing Student Naloxone Training

Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

## **OCTOBER 2019**

October 3, 2019	4:00pm – 6:00pm	<b>ATOD</b> Coalition Town Hall
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Pinetree Country Club, Kennesaw, GA

The KSU ATOD Coalition was awarded a stipend from the Substance Abuse and Mental Health Services Administration (SAMHSA) to participate in a national initiative to host community town halls to prevent underage drinking. The ATOD Coalition hosted the town hall the week before homecoming festivities in an effort to create more awareness and prevention efforts of underage and high risk drinking during homecoming week. 53 total KSU students, faculty, staff, parents, and local residents were in attendance.

## October 14 & 22, 2019 11:00am – 2:00pm

**NCAAW Tabling** 

Student Centers, Kennesaw and Marietta Campuses

CYAAR hosted information tables on both campuses leading up to and during National Collegiate Alcohol Awareness Week. 38 students attended and were able to participate in education about myths vs. facts about collegiate alcohol use, alcohol trivia, pour demonstrations, and pick up giveaways that listed standard drink size and information about medical amnesty.

## October 23, 2019 3:00pm – 5:00pm

## Fall Festival

Campus Green, Kennesaw Campus

Health Promotion and Wellness hosts an annual Fall Festival alcohol education event on the Campus Green to teach students about safer drinking and the effects of alcohol. This event is part of the National Collegiate Alcohol Awareness Week. Various tables from different departments are present to teach about safer drinking or about campus resources that relate to safer drinking practices. CYAAR hosts a table each year with AOD trivia, games, giveaways, and information about CYAAR resources.

October 24, 2019 12:00pm – 1:30pm Owls Arrive Alive

Campus Green, Kennesaw Campus

CYAAR and the ATOD Coalition supported a student-led initiative with Phi Eta Sigma Honors Society to host Owls Arrive Alive, an alcohol awareness event to inform students on the consequences of impaired driving. The event included a simulated car wreck, police, fire, and ambulance departments, as well as life flight helicopter. Students witnessed a reenactment of a drunk driving accident that was narrated and explained in real time. Mothers Against Drunk Driving (MADD) was also in attendance to provide students with information about impaired driving. 149 students attended the event.

October 26, 2019 10:00am – 2:00pm DEA Rx Take Back Day

Main Visitor Parking Lot, Kennesaw Campus

Wellstar Community Education and Outreach partnered with CYAAR to host a National DEA Prescription Take Back Day drop off location. CYAAR partnered with Kennesaw State University Public Safety to provide law enforcement for the event, and Wellstar Student Health Services for sharps collection. The local community was able to drive up directly to the collection area and drop off any unused or expired medications for safe disposal. Each person who dropped off medication received a goodie bag provided by Wellstar Community Education and Outreach that contained safe medication disposal guidelines and DisposeRx medication neutralizing packets. CYAAR contributed marketing materials to the bag to raise awareness of our Collegiate Recovery Program. During the fall collection, 7 pounds of pills and 13 pounds of used sharps, liquids and inhalers were collected.

## October 29, 2019

## 12:00pm – 1:00pm Nursing Student Naloxone Training

Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 26 nursing students were in attendance.

## October 29 & November 12, 2019 3:30pm – 5:00pm IFC Culture of Alcohol Meetings

Carmichael Student Center, Kennesaw Campus

The Kennesaw State Interfraternity Council completed two sessions with AOD Prevention Education Coordinator, Lindsay Montgomery, during fall semester 2019 to discuss the culture of alcohol within fraternities at KSU, and to create a strategic plan for creating a safer, healthier atmosphere for members of fraternities. The strategic plan included sober events, more intergroup discussion about alcohol safety and perception, increased involvement from campus departments focused on student mental health during chapter meetings, designated sober chapter members at every event, and alumni involvement.

## NOVEMBER 2019

November 1, 2019 9:00am – 10:00am Peer Health Owls Naloxone Training

Student Recreation and Activities Center, Kennesaw Campus

CYAAR trained 9 Peer Health Owls, certified peer educators for Health Promotion and Wellness, in the use of Naloxone. Students also learned about the opioid crisis, recovery resources on campus, how to refer students to CYAAR, and warm hand-offs.

## November 16, 2019 2:00 – 3:30pm NCCPA Naloxone Training and CRP Education

The Hotel at Avalon, Alpharetta, GA

Staff of CYAAR presented to the National Commission on Certification of Physician Assistants board of directors during their national board meeting. 32 board members were trained on Naloxone, medical amnesty and good Samaritan laws, aftercare support, and collegiate recovery. The NCCPA donated \$3000 towards CYAAR education initiatives.

## November 23, 2019 1:00pm – 5:00pm

**Recovery Takes Flight** 

Fifth-Third Bank Stadium, Kennesaw, GA

To raise awareness about recovery at Kennesaw State, CYAAR hosted an event during the last home football game of the regular season on the stage inside of Fifth-Third Bank Stadium. CYAAR provided food, beverages, and giveaways to anyone who purchased tickets to the stage at the stadium. This was an awareness event that brought attention to the Center and recovery resources at KSU to attendees of the football game.

## **DECEMBER 2019**

December 3, 2019 11:00am – 1:00pm

**Health Resource Fair** 

Student Recreation and Activities Center, Kennesaw Campus

The annual Health Resource Fair offers a variety of free health information and screenings for KSU students. CYAAR hosts a table each year that focuses on alcohol, other drugs, and the effects on college students by having interactive learning activities to reinforce learning.

## JANUARY 2020

January 28 & 30, 2020	12:00pm – 3:00pm	Owl Creed Week 2020
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Kennesaw and Marietta Campuses

During Creed Week 2020, CYAAR hosted tables over two days with the focus of Being a Recovery Ally Using the Tenets of The Owl Creed. CYAAR demonstrated how each of the tenets of the Owl Creed could be used to be an effective and supportive recovery ally to those in recovery or seeking recovery from substance use disorders, eating disorders, and process addictions. The tabling event featured educational literature, giveaways, and a stigma reduction social media campaign. CYAAR also provided students with information about recovery resources on campus and in the surrounding community. 33 students attended the two days of tabling events.

## FEBRUARY 2020

<b>February 3, 2020</b>	12:00pm – 1:00pm	Nursing Student Naloxone Train	ing
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Prillaman Hall, Kennesaw Campus

CYAAR, in collaboration with the Student Nursing Association (SNA), hosts Naloxone training specifically designed for nursing students. Each nursing student receives a Naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

## February 24 – 28, 2020

## Love Your Body Week

Kennesaw & Marietta Campuses

Each year during National Eating Disorders Awareness Week, KSU celebrates Love Your Body Week. During LYBW/EDAW, several Division of Student Affairs departments as well as the Wellstar Student Health Clinic participate in hosting events across both campuses. During LYBW/EDAW 2020, CYAAR, HPW, CPS, Wellstar Student Health Services, Cultural and Community Centers, and Sports and Rec hosted information tables all five days of the week. 89 students tapped in throughout the week. In addition to the educational tabling, CYAAR hosted two additional events during LYBW. On February 25 from 2:00pm – 4:00pm, CYAAR hosted a

Smash the Scale event in which students could bring their own bathroom scale, or use one provided by CYAAR, to the campus green and smash the scales using sledgehammers. The focus of this event was to decrease weight stigma and promote body positivity. 42 students participated in the event. Additionally, CYAAR hosted an Open Mic Night with support from HPW and CPS at the Marietta campus on February 26 with 81 participants. The focus of the Open Mic Night was a celebration of recovery from addictive disorders and resource awareness.

## **MARCH 2020**

March 8, 2020

7:00pm – 8:30pm

## **Delta Chi Chapter Meeting**

Burruss Building, Kennesaw Campus

Delta Chi fraternity requested that Lindsay Montgomery, AOD Prevention Education Coordinator, come present to their chapter on alcohol safety and campus health resources. 46 chapter members were in attendance and were able to take part in interactive education about alcohol safety, including standard drink size pour demonstrations and trivia.

## March 10, 2020 7:30pm – 9:00pm Don't Be A Dum-Dum

Hornet Village, Marietta Campus

Housing and Residence Life hosted an Alcohol and Other Drug Spring Break Safety event and asked Kennesaw State Public Safety, CYAAR, and HPW to contribute to the programming. Students who live on the Marietta campus were able to play games like Jenga and Mario Kart while wearing alcohol intoxication simulation goggles to learn the effects of alcohol on coordination, participate in standard drink size pour demonstrations, play drug and alcohol fact trivia, and learn how to make alcohol-free mocktails. Participating departments contributed to goodie bags given to all students that included items like sunscreen, lip balm, sunglasses, and condoms for safety during spring break.

\*\*\*ON MARCH 13, 2020, THE UNIVERSITY SYSTEM OF GEORGIA ANNOUNCED THAT ALL ON-CAMPUS ACTIVITIES WOULD BE SUSPENDED INDEFINTELY DUE TO THE NOVEL CORONAVIRUS: COVID-19 PANDEMIC. ALL COLLEGES AND UNIVERSITIES IN THE USG MOVED TO DISTANCE LEARNING FOR THE REMAINDER OF THE SPRING SEMESTER. ALL STUDENTS WERE ASKED TO LEAVE CAMPUS IMMEDIATELY AND ALL NON-ESSENTIAL STAFF BEGAN WORKING FROM HOME AS OF MARCH 16, 2020. AS OF APRIL 2, 2020, IT WAS ANNOUNCED THAT ALL SUMMER 2020 CLASSES WILL ALSO BE HELD ON ONLINE. NON-ESSENTIAL STAFF CONTINUED WORKING FROM HOME AND FOLLOWING SOCIAL DISTANCING GUIDELINES SET FORTH BY EXECUTIVE ORDER FROM GOVERNOR KEMP.\*\*\*

## **APRIL 2020**

## April 1, 2020

## Health & Well-being Weekly Newsletter

Sent to all students, faculty, and staff through multiple online platforms

The Health and Well-being Weekly Newsletter is published weekly to inform students of health and well-being programs, services, and resources that are virtually available to students from five offices including Health Promotion and Wellness, Center for Young Adult Addiction and Recovery, Department of Sports and Recreation, Counseling and Psychological Services, and CARE Services. This newsletter was launched on April 1, 2020 in response to the COVID-19 pandemic and serves to inform students on a variety of health practices, including AOD education.

## April 15, 20205:00pm"Ask an Expert" IGTV Event

CYAAR utilized Instagram to give a platform for students to ask any questions they have about substance use, addiction, and recovery. Posts were up for four days leading up to a live event on IGTV in which all questions were answered. The IGTV live event stays on CYAAR's Instagram and can be viewed by students or any other followers at any time.

## YEAR-ROUND

*Peer Educators*: Health Promotion and Wellness and the Center for Young Adult Addiction and Recovery train Peer Educators to go to classrooms and lead discussions with and/or present to their peers on alcohol, drugs, and other student health issues. All Peer Educators receive training and can be requested by an instructor. CYAAR presents to all KSU 1101 classes as part of the first-year curriculum.

*Naloxone Training:* Faculty, staff, and students from KSU can receive free training about the effects of opioids, how to recognize an opioid overdose, and to administer the opioid overdose reversal drug Naloxone. At the end of training, participants receive a free Naloxone kit. Open Naloxone training sessions are held once a month. \*\*\*Naloxone trainings continued online utilizing Microsoft Teams after COVID-19 guidelines went into place\*\*\*

*Student-Athlete AOD Education:* Each year, all student-athletes receive ATOD education from CYAAR staff. The education is a 1.5 hour interactive presentation delivered in classroom settings. The groups are divided by athletic teams, with spring sport athletes receiving education in fall semester, and fall sport athletes receiving education in the spring semester.

*TiPS Alcohol Training:* Each semester, Fraternity and Sorority Life new members must participate in the New Member Symposium, which includes TiPS Alcohol Training. Faculty and staff are certified each year in a train-the-trainer program to deliver TiPS education to all new FSL members.

CYAAR staff members conduct clinical assessments, Wise Choices, and Prime for Life workshops during the academic year to provide education and intervention for code of conduct violations.

\*\*\*Wise Choices and Clinical Assessments continued through Microsoft Teams and telemental health practices after COVID-19 guidelines went into place\*\*\*

**Recovery Housing:** CYAAR maintains 12 beds in University Village student housing that are designated for students in the Collegiate Recovery Program who meet all requisites for on-campus recovery housing and complete required CRP programming requirements. The living-learning community, The Outfit, is a substance-free, sober living community. Students in The Outfit must also be subject to random drug tests and participate in bi-weekly housing meetings with CYAAR staff. \*\*\*CYAAR recovery housing was suspended as of summer 2020 due to COVID-19.\*\*\*

**Recovery Ally Training:** All KSU faculty and staff have the opportunity to take Recovery Ally Training, a 3-hour course taught by CYAAR staff and designed to educate KSU employees to support students who are presenting with substance use issues, may come to them for help, or are in recovery from substance use. This training influences how faculty and staff handle substance use on campus, have conversations about substance use, as well as influence how policies and procedures affect students who are in recovery on campus.

\*\*\*All Recovery Ally trainings moved to online platforms after COVID-19 guidelines went into place\*\*\*

**Recovery Meetings:** CYAAR hosts multiple weekly or bi-weekly recovery meetings year-round that are open to those in or seeking recovery. These meetings include alcoholics anonymous, eating disorders anonymous, all recovery meetings, Adult Children of Alcoholics meetings, and yoga for 12-step recovery meetings. \*\*\*All recovery meetings hosted by CYAAR moved to online platforms after COVID-19 guidelines went into place\*\*\*

Data on addiction and support services for 2019-2020 include:

**207** students completed sanctioned CYAAR interventions (counseling, assessment, or Wise Choices), **313** people trained and equipped with Naloxone, **694** Substance Use or related counseling appointments, **1** emergency AOD-related counseling session, and **5** referrals to treatment. In addition, CYAAR supported **93** students as part of the Collegiate Recovery Program cohort in 2018-2019.

## Appendix B Health Promotion and Wellness Review of AOD Programs 2018 – 2020

## August 2018

8/18/18: TIPS for the University training was held for Panhellenic Council members. TIPS for the University is designed to show students why, when, and how to intervene with their peers to prevent alcohol-related problems. (372 students attended).

8/29/18: We've Got Your BAC – Kennesaw Campus: Students had the opportunity to wear Fatal Vision Goggles while trying to navigate their way through cones. Students also had the opportunity to participate in Pour Me a Drink, which allows students to see a standard drink size. (3 students attended)

## September 2018

9/6/18: Campus Safety Day - Marietta Campus: Students had the opportunity to wear Fatal Vision Goggles while trying to navigate their way through cones. Students were given BAC cards and alcohol education. (17 students attended; 17 were given BAC cards)

9/16/18: TIPS for the University training was held for the new Interfraternity Council members. TIPS for the University is designed to show students why, when, and how to intervene with their peers to prevent alcohol-related problems. (129 students attended).

9/26/18: We've Got Your BAC – Kennesaw Campus: Students were provided information on the effects of mixing alcohol and caffeine. Students had the opportunity to participate in Pour Me a Drink, which allows students to see a standard drink size, and an alcohol edition of "Fact or Crap." They also had the opportunity to wear Fatal Vision Goggles while trying to navigate their way through cones. (12 students attended; 9 were given BAC cards)

## October 2018

10/9/18: Campus Safety Day (Kennesaw Campus): Students had the opportunity to wear fatal vision goggles and walk the line. They were also given the opportunity to drive a golf cart with Public Safety officers while wearing the goggles. Students were also given BAC cards. (17 students participated; 14 BAC cards distributed).

10/18/18: Health Resource Fair: Students were able to learn about standard drink sizes and practice measuring them. Students were able to wear fatal vision goggles and walk the line. (95 students attended the health fair; 40 BAC cards were distributed).

10/18/18: ATOD classroom presentation. (36 students attended).

10/25/18: The AOD Policy is under review. Items are being added to the policy that were accidentally omitted from the previous version. The revised policy is expected to be approved in the spring semester.

10/30/18: Fall Festival: Students visited various stations on the Campus Green to learn about harm reduction strategies and various campus resources. The stations included: Keep Track of Your BAC (Blood Alcohol Concentration), Mock DUI, Hands Only CPR, Pour Me a Drink, and Trivia Pong. Campus resource tables included Health Promotion and Wellness, Counseling and Psychological Services, and Student Conduct and Academic Integrity. Students learned about safer drinking practices and traffic safety. Students learned to calculate and measure standard drink units, recognize the signs of alcohol poisoning, campus policies regarding alcohol, and campus resources (75 students participated; 24 BAC cards were distributed). A description of the stations are below:

**Mock DUI:** Participants wore Fatal Vision Goggles and drove remote control cars around a set obstacle pathway. This simulated driving under the influence and showed students the impairing effects of alcohol. Students were also given resource books and pamphlets on being a designated driver and never drinking and driving.

**Hands Only CPR:** Participants were trained in hands-only CPR through using the supplies as provided by the American Heart Association. This helped students to learn how to take action in the case of alcohol poisoning.

**Pour Me a Drink:** Participants learned how to pour a standard drink size. They were given a pitcher of water and a wine, beer, and mixed drink glasses. They were told to pour what they thought was a standard drink of each, and then measured to see how accurate they were to the standard drink size. This helped students understand how to keep track of their blood alcohol concentration with each drink.

**Keep Track of your BAC**: It was explained how to use a BAC card in order to calculate their estimated blood alcohol concentration. They received their own BAC cards, as well as a resource sleeve that included tips on how to stay in the green zone and the phone numbers for local taxi services and the university police in case they have been drinking and need a safe ride home.

**Trivia Pong:** Students played Trivia Pong which is an alternative to beer pong. Students were asked questions related to safer drinking practices and learned about the dangers of drinking games.

## November 2018

11/1/18 to 11/4/18: Two peer health educators and advisor attended the BACCHUS General Assembly Conference in Orlando, FL.

11/29/18 and 11/30/18: Seat belt survey was completed (500 cars surveyed; 90% compliance).

Alcohol and other drug presentations given in classrooms:

11/6/18 - 59 students attended

11/6/18 - 30 students attended

11/7/18 - 33 students attended

11/8/18 - 37 students attended

11/8/18 - 32 students attended

11/9/18 - 38 students attended

11/9/18 - 19 students attended

11/9/18 -19 students attended

## **January 2019**

1/2019: BACCHUS Certified Peer Educator training started as part of the PHE 2900 course (15 students enrolled in the course). Exam will be taken in February.

1/25/19: Peer health educators are attending TIPS University Training. Training will conclude on February  $15^{\text{th}}$ . (9 students are attending).

## February 2019

2/15/2019: TIPS University Training concluded for the Peer Health Educators (9 Students took the training).

2/2019: BACCHUS Certified Peer Educator training concluded (15 students passed the exam).

2/20/19: We've Got Your BAC: Students were asked to walk a straight line or drive a remotecontrol car while wearing Fatal Vision goggles. Resources were also handed out, including an alcohol self-assessment and other informational pamphlets on alcohol use. Buttons were given out that read "Be the LIFE of the party. Be a designated driver" and pledge cards where students could pledge to never drive if they have been consuming alcohol. (7 students participated in the event).

## March 2019

3/3/19: TIPS University Training was held for the New Member Symposium for IFC community (Fraternity and Sorority Life) (43 students attended the training).

3/28/19: Safe Spring Break: Students were able to wear fatal vision goggles while navigating through an obstacle course. University Police allowed students to drive a golf cart while wearing goggles on a closed course. Student Health Services and the Center for Young Adult Addiction and Recovery each had tables and provided information to help students have a safe spring break. (106 students attended; 11 BAC cards distributed)

3/19/19: Health Fair: Peer Health Educators provided BAC cards. Students were also able to participate in Pour Me a Drink and walk the line with fatal vision goggles. (296 students attended the health fair; 52 BAC cards distributed).

PHE Recruitment is held at each program/event/presentation.

## <u>April 2019</u>

AOD Classroom Presentations:

4/9/19 x 2 presentations reaching 38 students

4/10/19 x 2 presentations reaching 50 students

4/16 19 x 3 presentations reaching 104 students

4/18/19 x 2 presentations reaching 44 students

4/16/19: We've Got Your BAC – Kennesaw Campus: Students had the opportunity to wear Fatal Vision Goggles while trying to navigate their way through cones. Students also had the opportunity to participate in Pour Me a Drink, which allows students to see a standard drink size. (13 students attended)

PHE Recruitment held at each program/event/presentation.

## June 2019

6/11/19: Dive-in Movie – Kennesaw Campus: Students were provided information on safer drinking practices as well as BAC cards during a screening of Moana. Mocktails were provided. (27 students attended; 10 BAC cards distributed)

6/24/19: AOD Classroom presentation (8 students attended; 2 BAC cards distributed)

## July 2019

7/3/19: Summer Safety Event – Collaborative event with the Center for Young Adult Addiction and Recovery. Students were able to participate in yard games while receiving alcohol and drug education. Students were able to spin the wheel and answer AOD related questions and were given tips on how to stay safe this summer. BAC cards were also provided. (43 students attended; 3 BAC cards were distributed)

7/10/19: REC-tacular Pool Party – Kennesaw Campus: Promoted safer drinking practices as well as BAC cards during a pool party held at the Student Recreation and Activities Center. Mocktails were provided. (51 students attended)

7/30/19-7/31/19: Provided a Peer Educator training to students who serve on the Counseling and Psychological Services Student Advisory Board. 8 students participated in the two-day training and all 8 passed the certifying exam.

## August 2019

8/24/19: TIPS Training for Fraternity and Sorority Life (Total trained 356).

## September 2019

9/5/19: Campus Safety Day – Event hosted by the Office of Emergency Management. Students were able to try on the fatal vision goggles and attempt to walk the line or catch a ball. BAC cards were also provided. (36 students attended; 8 BAC cards were distributed) (Marietta Campus)

9/16/19: ThinkFast Interactive hosted on the Kennesaw Campus. Students were able to form teams of up to 5 fiends to participate in an interactive trivia game. (15 attended the event).

9/17/19: ThinkFast Interactive hosted on the Marietta Campus. Students were able to form teams of up to 5 fiends to participate in an interactive trivia game. (28 attended the event).

9/19/19: Campus Safety Day – Event hosted by the Office of Emergency Management. Students were able to try on the fatal vision goggles and attempt to walk the line or catch a ball. BAC cards were also provided. (22 students attended) (Kennesaw Campus)

9/26/19: ATOD classroom presentation (28 students attended).

## **October 2019**

10/3/19: ATOD Town Hall - Event hosted by the Alcohol, Tobacco, and Other Drug Education and Prevention Coalition. Students, staff, and community members engaged in conversation about alcohol policies on campus and how those policies relate to students living in off campus student housing. (53 total attendees)

10/8/19: Wellness on Wheels: Students were able to participate in Trivia Pong to learn about safer drinking practices. Partnered with the Office of Victims Services to provide information about their office and services. (5 students participated; event was rained out).

10/17/19: Health Resource Fair - Health Resource Fair: Students were able to learn about standard drink sizes and practice measuring them. Students were able to wear fatal vision goggles and walk the line. (101 students visited the PHE table)

10/19/19: TIPS University Training for Fraternity and Sorority Life students. (Total trained 139).

10/23/19: Fall Festival - Students learned about safer drinking practices and traffic safety. Students learned to calculate and measure standard drink units, recognize the signs of alcohol poisoning, campus policies regarding alcohol, and campus resources (107 students participated).

## November 2019

11/8/19: TIPS University Training for Fraternity and Sorority Life students. (Total trained 100).

11/12/19 (11:00 am): ATOD Presentation (10 students attended)

11/12/19 (12:30 pm): ATOD Presentation (16 students attended)

11/18/19: ATOD Presentation (6 students attended)

## December 2019

12/16/19-12/17/19: CPE Training (4 students trained and passed the certification exam).

## February 2020

BACCHUS CPE Training completed (18 students completed; 18 passed).

02/06/20 - Wellness on Wheels: Alcohol Awareness (15 students attended).

02/17/20 - National College Health Assessment launched.

02/15/20 - 02/16/20 GOHS Youth and Young Adult Conference (1 Advisor and 5 peer health educators attended).

## March 2020

Health Fair scheduled for 3.17.20 was cancelled due to coronavirus pandemic.

Safe Spring Break scheduled for 3.26.20 was cancelled due to coronavirus pandemic.

## <u>April 2020</u>

Virtual programming due to coronavirus pandemic:

April 9 - "Driving is Not a Game" post. Encouraged students to drive safely, wear seat belts, and not to speed.

April 16th - "Think Before You Drink" post.

## <u>May 2020</u>

Social Media posts were created and posted to various platforms.

05/27/20: Virtual TIPS University Training held for peer health educator students. (Total trained 3/100% passed).

## June 2020

Social Media posts were created and posted to various platforms.

6/10/20 - Mocktail Wars

6/17/20 - Q & A - Ask the PHEs

6/22/20 - 6/26/20 - Alcohol Awareness Spirit Week

### July 2020

Programming is virtual since KSU is closed for on-campus instruction. Social Media posts were created and posted to various platforms.

- 7/4/20 Have a happy and safe 4th of July KSU!
- 7/9/20 Slow Down Mocktail
- 7/16/20 State the Facts Challenge
- 7/26/20 Reshare of GOHS designated driver post.

## Appendix C Kennesaw State University Athletics Department Drug and Alcohol Program Pages 5 – 14 of the Student-Athlete Handbook

## DRUG AND ALCOHOL PROGRAM

### ELIGIBILITY FOR TESTING

- All active SAs who are listed on the NCAA Squad Lists (not including SAs who have exhausted eligibility), as well as the Spirit Squad members will be eligible for random drug testing and will participate in the drug and alcohol education program.
- All SAs who are listed on the NCAA Squad Lists (including those with exhausted eligibility) are eligible for "cause" testing.

### PROGRAM DESCRIPTION

The KSU Drug and Alcohol Program is administered under the direction of the KSU Athletics Drug and Alcohol Committee (DAC). This committee consists of the Director of Athletics (AD), the Assistant AD for Compliance, the Senior Woman Administrator (SWA), the Director of Sports Medicine and the Team Physician (or their designees).

The Drug and Alcohol Program consists of eight components: drug/alcohol education, reportable offenses, random/probable cause notification, testing, disciplinary actions, Safe Harbor, appeal process, and drug counseling and rehabilitation. The program complies with and augments NCAA and KSU Alcohol and Drug Programs and Policies.

### A. Drug/Alcohol Education

- KSU Athletics will sponsor a drug/alcohol education program that is coordinated by the Sports Medicine and SA Welfare staffs.
- The objective of the program is to deter illegal drug/dietary supplement use and alcohol abuse by educating SAs about the physical, social, psychological, financial and legal problems associated with alcohol abuse and drug use.
- The education program consists of lectures, audio-visual presentations, computer programs and printed materials.

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 All KSU Athletics coaches and SAs will receive educational information throughout the academic year. Special mandatory meetings may be held at the discretion of the KSU Athletics DAC and/or the Head Coach.

### B. Reportable Offenses

- Any SA involved in an alcohol or drug-related incident including, but not limited to: DUI, fighting, domestic violence, trafficking in controlled substances, possession of drug paraphernalia (including hookahs), etc., will be subject to immediate evaluation for possible alcohol or drug abuse.
- The incident will be investigated by KSU Athletics personnel in conjunction with KSU officials.
- The SA will be required to undergo evaluation, counseling and drug testing as determined by the KSU Athletics DAC.
- Conclusions of the investigation and subsequent testing may result in probation, suspension
  and/or termination from the team and can be considered a violation of the Alcohol and Drug
  Policy, as determined by the Director of Athletics.
- Violations of the KSU Residential and/or Student Code of Conduct policies will be sent to the Director of Athletics. The Director of Athletics will determine if these infractions also constitute violations of this drug and alcohol policy subject to evaluation, counseling, testing and disciplinary action.

### C. Notification

### Random Selection

- Each SA will be subject to random testing on multiple occasions throughout the academic year.
- The drug-testing schedule will be determined by the Sports Medicine Staff, with the approval of the Director of Athletics.
- The selection of individuals will be made through a computer-generated blind drawing by the contracted testing company.
- The selection pool may include but is not limited to all SAs across all teams or on a team-byteam basis.
- Testing can occur in the pre-season and post-season, as well as during the regular academic year/season.
- The Sports Medicine Staff will notify the head coaches regarding the selection of his/her SAs.
- Each selected SA will receive verbal notification from the Head Coach (or designee) that he/she must report to the athletic training room to sign a written notification.
- The written notification states that he/she has been selected for testing, the date on which testing will occur and the time and location of testing.
- The selected SAs will be required to sign a statement prepared by the office of the Director of Athletics acknowledging that they understand they have been selected for testing and are aware of the date, time and place of testing.

### **Reasonable Suspicion**

- SAs will be drug-tested and/or evaluated if there is reasonable suspicion to suspect alcohol, drug use or abuse.
- The coaching staff, administrators, academic advisors, athletic trainers or strength coaches
  may receive a report of substance abuse or observe certain signs, symptoms or changes in
  behavior that may cause him/her to suspect substance abuse. These staff members have a



duty to report any suspicions to a member of the KSU Athletics DAC.

- A signed report will be forwarded to all members of the committee. This report includes specific information regarding typical behaviors.
- The KSU Athletics DAC will decide if probable cause exists for testing.
- The Director of Athletics (or designee) will meet with the SA and provide written notification regarding the decision to require drug/alcohol testing based on probable cause.
- As outlined in the Disciplinary Action section, any SA who has a positive drug/alcohol test is subject to a re-entry test and follow-up testing for the remainder of their time as a KSU SA.
- The re-entry and follow-up testing are considered probable cause testing and the SA will
  receive the same written notification.

### D. Testing

• Urinalysis will be the method of choice for drug and/or alcohol testing. Other methods of drug and/or alcohol testing may be utilized.

#### E. Consent Forms

Each SA must sign an NCAA Drug Testing Consent Form, provided by the compliance
office, and a KSU Athletics alcohol-drug testing authorization form, provided by the Sports
Medicine office, each year. These forms will be kept on file in the respective offices. A SA
who does not sign the authorization forms will not be permitted to participate in practice or
competition.

### F. Banned Substances

- The KSU Athletics drug testing will include but is not limited to the substances listed on the NCAA Banned Drug Classes List.
- KSU Athletics may test for cut-off levels lower than that of the NCAA drug testing program.
- **Note:** A student-athlete will be in violation of this policy if he/she tests positive for a prescription drug that has not been prescribed to him/her. Prescription medications must be disclosed prior to testing. Physician documentation will be required.

### G. Collection Methodology

- KSU Athletics has contracted with a drug testing company and certified commercial laboratories to perform the collection and testing of KSU SAs.
- The testing companies' protocols will be followed for collection.
- Direct observation of the SA during collection is required per NCAA testing protocol.
- The SA must provide an acceptable (unadulterated) sample for testing or face disciplinary action.
- Members of the KSU Sports Medicine staff have been trained as sports drug-testing collectors and may perform the collection services.
- The collectors will follow the testing company's procedures, guidelines and chain of custody requirements for the urine sample.

### H. Positive Results

- All drug-testing results are delivered to the Director of Athletics, SWA, the Director of Sports Medicine and the Drug Testing Coordinator.
- The SWA reports the results to the KSU Athletics DAC.
- The committee will determine if a positive test constitutes a violation of this drug and alcohol policy.

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- The KSU Director of Athletics (or designee) will meet with the SA to review the positive test and consequences.
- The SA will then be referred to the SWA (or designee) who will review the established policy and procedures, including the appeal process, appropriate disciplinary actions and explain the program of evaluation, counseling and future testing.
- The respective Head Coach will then be notified and will meet with the SA to inform him/her
  of any disciplinary action over and above the KSU Athletics' required sanctions.
- A contract which states the specific disciplinary actions, including action by the HeadCoach, will be signed by the SA, Head Coach and SWA.

### I. Confidentiality

- Only the Drug Testing Coordinator has the drug-testing rosters, which matches SA names with numbered results.
- Only the KSU Athletics DAC, Head Coach and Substance Abuse Counselor are informed of the identity of the SA with a positive test.
- Other individuals (Assistant Coaches, Strength Staff, Athletic Trainers, Academic Staff, Medical Staff, etc.) will be informed only on a need-to-know basis.
- As part of the treatment program, the SA may be required to participate in group counseling sessions which may affect confidentiality.

### J. NCAA Year-Round Drug Testing

- The KSU Athletics will participate in the NCAA Year-Round Drug Testing Program.
- A copy of the NCAA Year-Round Testing Program is on file in the Athletic Training Roomand Compliance office.
- · A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly.

### K. NCAA Championship Drug Testing

- In the event that a team/individual qualifies for an NCAA Championship event (Regional or National), they are subject to NCAA Championship Drug Testing.
- A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly.

### L. Disciplinary Actions

• All offenses are cumulative throughout the SA's eligibility.

### NCAA Year-Round and Championship Testing Program

- A positive drug test in the NCAA Drug Testing Program will result in sanctions determined by the NCAA.
- KSU has no input in the NCAA's decision-making or control over the sanctions.
- A positive test result in the NCAA program may be considered a positive test result in the KSU program, per the KSU Athletics DAC.
- KSU Athletics disciplinary actions will be in addition to the NCAA's sanctions.

### KSU Athletics Alcohol and Drug Disciplinary Policy

- The team physician may suspend the SA from all athletic participation if medically indicated following a positive drug test result.
- Any student-athlete with a positive drug test or a confirmation of substance use will be required to meet with a substance abuse counselor.
- Any student-athlete with a positive drug test may be
  - Subject to follow-up drug-testing for the remainder of eligibility at KSU.

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- Negative re-entry drug-test prior to reinstatement for games/contests.
- Following the first positive drug test, the SA may be screened again.
  - Since certain drugs can remain in the human body for extended periods of time, the SA will be tested until he/she receives a negative test result.
  - However, each test must show evidence of no increased drug use or it can be considered as another offense.
- Once a negative test is obtained, any subsequent positive test will be treated as an additional offense
- Parent/Guardian may be notified by the Director of Athletics

### **Disciplinary Policy**

Student-athletes are expected to follow the coaches' policies regarding training, practice, discipline and all team matters. The enforcement of NCAA regulations, ASUN or Big South Conference regulations, Department of Athletics policies and team rules fall under the jurisdiction of the Director of Athletics. Student-athletes who violate any of these policies may be subject to disciplinary action.

Student-athletes must acknowledge receipt of and agree to comply with the Code of Conduct in order to participate in athletics. The KSU Athletics Association (KSUAA) reserves the right to make changes to the Code. By signing the consent form, the student-athlete also acknowledges that it is the right of each sport team to develop and administer team-specific policies that may prohibit additional behavior and provide for more severe sanctions than this Code.

All Kennesaw State University students must adhere to the KSU Student Code of Conduct:

https://scai.kennesaw.edu/KSU Codes of Conduct 2019-2020.pdf

Student-athletes residing on-campus or visiting on-campus housing must adhere to policies listed in the Resident Handbook:

https://ksuhousing.kennesaw.edu/resources/documents.php

All student-athletes are subject to the normal KSU student conduct process and may be presented with additional sanctions by the Department of Athletics as necessary.

Each team may be presented with a team handbook with team specific expectations and/or rules at the discretion of the head coach.

### **Reporting of Misconduct**

Student-athletes have the responsibility to report any detainment by a law-enforcement agency; criminal charges filed by any agency; and KSU Student Code of Conduct violations to their coach immediately (within 24-hours of the incident or notification of a violation). The coach, upon receiving a report of misconduct, is required to inform their immediate supervisor (Program Administrator and/or Athletics Director) immediately or within 12 hours after learning of an infraction.

### Student-athletes are subject to the following sanction specifics:

- A student-athlete will face immediate suspension from all athletically related activity following an arrest or charge of a local, state or federal **felony**. Following the immediate suspension, the violation will then be reviewed further by the Director of Athletics or his/her designee, the Faculty Athletics Representative (FAR), Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented. Examples to include:
  - Sports wagering, illegal possession of a firearm, sexual misconduct, sexual violence, theft by taking, etcetera.

- Other serious matters as determined by the Director of Athletics or his/her designee, the FAR, Program Administrator and Head Coach or appropriate campus authorities.
- A student-athlete that is convicted, pleads guilty or submits admission of responsibility for a **felony** will face immediate and permanent suspension from the associated team, including team activities and amenities, and lose all athletically related financial aid.
- Hazing of any kind will not be tolerated. Hazing activities are governed by state and federal law. All reports or findings of hazing activities will be reported to the Department of Student Conduct and Academic Integrity for adjudication. Following the completion of the case's findings, sanctions will be delivered and could include, suspension from practice, multiple games/events, required counseling, loss or reduction of athletically related financial aid and/or dismissal from the team. The violation will then be reviewed further by the Director of Athletics or his/her designee, the FAR, Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented.
- A student-athlete that is arrested, charged or submits an admission of responsibility for a **misdemeanor** will face suspension from athletically related activities, including practice and/or competition. Examples to include:
  - Any violation of local, state or federal law involving alcohol, drugs or violence.
  - Other serious matters as determined by the Director of Athletics or his/her designee, the FAR, Program Administrator and Head Coach.
- A student-athlete that is convicted, pleads guilty or submits admission of responsibility for a **misdemeanor**, in addition to the suspension from athletically related activities, will serve a minimum of 10% suspension from the next immediate competitive season. Additional sanctions extended beyond the 10% competitive suspension may include suspension from practice, multiple games/events, required counseling, loss or reduction of athletically related financial aid, loss of team amenities and/or dismissal from the team. The violation will then be reviewed further by the Director of Athletics or his/her designee, the FAR, Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented.
- A student-athlete with an initial positive drug/alcohol test or finding under the Drug/Alcohol Testing and Treatment program will be notified of the requirement to complete counseling session(s) with the Center for Young Adult Addiction and Recovery. The violation will then be reviewed further by the Director of Athletics or his/her designee, the FAR, Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented. A student-athlete's failure to follow recommendations made under the Drug/Alcohol Testing and Treatment program will face suspension from all activities, including practice and/or competition and could result in loss of athletically related financial aid, loss of team amenities and/or dismissal from the team.
- A student-athlete with a **second positive drug/alcohol test** or finding under the Drug/Alcohol Testing and Treatment program, in addition to sanctions prescribed with the first positive finding, will immediately be suspended for 20% of the next and immediate competitive season, to be applied across dual seasons if necessary. The violation will then be reviewed further by the Director of Athletics or his/her designee, Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented. A student-athlete's failure to follow recommendations made under the Drug/Alcohol Testing and Treatment program will face suspension from all activities, including practice and/or competition and could result in loss of athletically related financial aid, loss of team amenities and/or dismissal from the team.
- A student-athlete with a third positive drug/alcohol test or finding under the Drug/Alcohol Testing and Treatment
  program will face immediate and permanent suspension from the associated team, including team activities and
  team amenities, and lose all athletically related financial aid.

Failure to Report for a Drug Test

- Any SA who does not report for drug-testing at the designated time on the scheduled date, will be reported to the KSU Athletics Drug and Alcohol Committee.
- The SA will be charged with a positive drug test and will be subject to the appropriate disciplinary actions.



#### Contract

- The SA will sign a Disciplinary Action Contract.
- This contract will outline disciplinary actions and procedures the SA must follow as part of the Alcohol and Drug Program.
- Failure to comply with the contract can result in suspension or termination from the team.
   Falsification of Test Results
  - Any attempt to falsify test results by providing false information, altering a urine sample, manipulating test results, or any other conscientious effort to circumvent the drug-testing process will result in an automatic dismissal from participation in Kennesaw State University's athletic program.

Repeat violations or compounding violations of the Student-Athlete Code of Conduct may result in immediate and permanent suspension from the associated team and loss of athletically related financial aid.

In addition to the prescribed sanctions in this policy the Director of Athletics or his/her designee, the FAR, Program Administrator and/or Head Coach will always have discretion to add additional sanctions, within reason and in accordance with case precedence of past student-athlete code of conduct violations. All additional sanctions added must be approved by the Director of Athletics or his/her designee. All sanctions will be documented and agreed upon by using a Disciplinary Action Contract between the student-athlete, Director of Athletics or his/her designee, the Program Administrator and Head Coach. Additionally, all corrective sanctions will be shared and reviewed with the Faculty Athletics Representative to ensure transparency and consistency within the prescribed policy.

These specific examples may not encompass all infractions that could be reviewed under the purview of the KSUAA Disciplinary Policy.

#### Safe Harbor

- The Safe Harbor program is designed to provide student-athletes an opportunity to voluntarily come forward to deal with a drug or alcohol-related problem without affecting their athletic eligibility.
- Student-athletes are encouraged to voluntarily come forward to seek assistance with an
  alcohol or drug-related problem without punitive sanctions.
- Requests should be made to an athletic trainer, team physician or Associate AD/SWA.
- The student-athlete will be given a request form to sign that will be kept in his/her file in the athletic training room.
- Once a student-athlete is notified of selection for a specific random drug testing session, he/she may not request "Safe Harbor."
- A student-athlete will have only one opportunity to request "Safe Harbor" while participating in KSU Athletics.
- Counseling is always available to assist with problems or circumstances that could lead to a
  positive alcohol or drug test result.
- Once a student-athlete declares "Safe Harbor" he/she will:
- Be tested for drugs and/or alcohol immediately.
  - Be evaluated by the Substance Abuse Counselor and/or Team Physician regardless of the test results.
  - Follow and complete the prescribed counseling/treatment plan (within the prescribed time frame).
  - Be drug/alcohol tested at a frequency prescribed by the Counselor or Team Physician.
  - Remain in Safe Harbor until released by the Counselor and/or Team Physician for a

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period of time not to exceed 30 days.

- Not be eligible for randomized drug testing while in Safe Harbor but will remain eligible for drug testing by the NCAA.
- The team physician may suspend the SA from all athletic participation if medically indicated.
- Failure to comply with any aspect of the counseling program or any subsequent positive drug test indicating new or increased use of a banned substance will result in removal from Safe Harbor.
- The SA will then be re-enrolled in the regular testing program and disciplinary action can be enforced according to the KSU Athletics Alcohol and Drug Policy.
- The KSU Athletics DAC, the student-athlete's Head Coach and the team athletictrainer will be informed of the student-athlete's request for Safe Harbor.
- Other university officials may be informed only to the extent necessary for the implementation of this policy.

### **Appeal Process**

- If a SA tests positive for a banned substance, he/she has the right to appeal the test result and/or disciplinary action.
- The KSU Athletics DAC must receive a written request within 2 business days of the notification of the positive test.
- Upon the KSU Athletics DAC's approval of the SA's request to have the results of the drug test appealed, the Drug Testing Coordinator will contact the Drug Testing Company.
- A second drug test can be performed at the certified laboratory using the original sample at the SA's expense.
- Testimony regarding the chain of custody and procedures at the laboratory can be provided for the SA by the laboratory, also at the SA's expense.
- If the SA wishes to appeal a disciplinary decision or procedure, the KSU Athletics DAC must receive the written request for appeal within 48 hours of the SA's notification of the penalty.
- The KSU Athletics DAC may assemble an Appeals Committee to conduct a hearing in a timely manner following receipt of the request by the SA.
- The KSU Athletics DAC will determine participation status of the SA during the appeals process following medical clearance by the Team Physician.
- Once the SA is cleared, the Head Coach will still have the discretion to determine participation in team activities.

#### **Appeals Committee**

- The Appeals Committee will consist of three members of the KSU Athletic Board.
- The three members must include one athletic department staff member and two faculty members.

### **Medical Exceptions**

- A SA may be prescribed a medication that contains a banned substance for a specific medical condition.
- The SA should first check with the physician to see if an alternative treatment is available to avoid using a banned substance.
- If no alternative is available, the SA must obtain documentation from the physician that includes the specific condition, the prescribed medication, the dosage of the medication and results of testing performed to diagnose the condition.



- Prescription medications should be disclosed in the Initial or Interim Health History Forms.
- All documentation should be submitted to the Sports Medicine Department to be stored in the SA's file.
- In the event of a positive drug test, the appropriate prescription medication documentation will be forwarded to the Drug Testing Company for comparison to the drug testing results.
- If the documentation is appropriate and the drug test results match the medication and dosage level, the drug test will be deemed negative.
- If the drug test results are not congruent with the prescribed medication/dosage, the drug test
  will be deemed positive and all disciplinary actions and the appeals process will be in effect.

### **Drug Counseling and Rehabilitation**

- KSU Athletics will require all SAs who test positive on their drug test or who have a selfadmitted drug, alcohol or related problem to go through a comprehensive evaluation, counseling and rehabilitation program to help them overcome the problem.
- The initial step of the program will be to meet with the Team Physician and/or Substance Abuse Counselor (Student Success Services/Center for Young Adult Addiction and Recovery) to evaluate the problem and establish a treatment plan.
- The SA will be required to attend counseling sessions and follow the treatment plan prescribed.
- This plan may include out-patient or in-patient therapy, attendance at Alcoholics Anonymous
   or Narcotics Anonymous meetings, group sessions or other special treatments.
- To deter future drug use, weekly random drug tests may be required following the advice of the Counselor.
- Extensive counseling or in-patient treatment may be recommended and/or required with certain individuals.

### **Financial Responsibilities**

- SAs who abuse drugs or alcohol may require long-term counseling and in-patient comprehensive care to help them deal with their problem.
- Financial responsibilities must be determined prior to any form of long-term counseling (including semester breaks when counseling is to be continued off campus), in-patient therapy or hospitalization.
- The SA or his/her parent(s) or guardian(s) will be responsible for these costs.

### **Tobacco Products**

- In accordance with NCAA legislation, the use of tobacco products is prohibited by SAs and all game personnel (e.g. coaches, athletic trainers, managers and game officials) in all sports during practices and competition.
- KSU Staff and SAs are not permitted to use any tobacco products in KSU Athletics facilities or while conducting KSU Athletics business.
- Hookahs are considered drug paraphernalia by KSU Housing and are banned in the residence halls.
- The possession and/or use of a hookah by a student-athlete is a violation of the KSU Athletics Drug and Alcohol Policy.
- Kennesaw State University is a smoke and tobacco free campus.

### **Dietary Supplements**

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- According to NCAA policy, KSU Athletics can only provide non-ergogenic nutritional supplements provided that they do not contain any NCAA banned substances.
- Permissible supplements include carbohydrate/electrolyte drinks, energy bars, carbohydrate donors, vitamins and minerals.
- Any SA who takes supplements or medications from any other source must complete the Student-Athlete Supplement Disclosure Form.
- SAs should discuss any dietary supplements with the athletic trainer prior to use of the product.
- The athletic trainer has a list of banned drugs and common banned supplements.
- SA must be aware that many legal dietary supplements contain substances banned by the NCAA. Many SA assume if a product is purchased in a health food store, they must be allowed to take it under the NCAA rules. THIS IS NOT TRUE! Reliance on the advice of the clerk at the store, the distributor at the gym, or anyone who is not part of the athletic program, can result in erroneous information about whether the product contains any NCAA-banned substances. False information can result in a positive drug test. Remember that labeling on these products can be misleading and inaccurate because the industry is not regulated.
- SA can improve their strength and performance through proper nutrition, conditioning and rest. According to NCAA policy, KSU Athletics can only provide non-ergogenic nutritional supplements provided that they do not contain any NCAA banned substances. Permissible supplements include carbohydrate/electrolyte drinks, energy bars, carbohydrate boosters, vitamins and minerals.
- Any SA who takes supplements or medications from any other source must complete the Student-Athlete Supplement Disclosure Form. Please make sure you discuss any dietary supplements with the athletic trainer prior to use of the product. The athletic trainer has a list of banned drugs and common banned supplements. Feel free to see the athletic trainer with any questions.
- The National Center for Drug Free Sport website can be utilized to determine if a product contains any NCAA banned substances. The website can be found at <a href="http://www.drugfreesport.com">www.drugfreesport.com</a>. Go to the Resource Exchange Center (REC) on the website and use "ncaa1" as your password.

## STUDENT-ATHLETE GRIEVANCE PROCESS

KSU Athletics is dedicated to the health, safety and welfare of its student-athletes and student workers. The department wants this experience to be a great one for you and will do anything possible to make your stay at KSU the very best that it can be. You will be treated fairly and always shown respect. The *KSU Student-Athlete Handbook* addresses many items that help avoid conflicts.

These procedures are to be followed in regard to any student-athlete and/or student worker who has a complaint/grievance/problem or similar sort of circumstance toward KSU Athletics or any of its employees.

### Some valuable suggestions:

- Attempt to recognize potential conflicts immediately and bring it/them to the attention of your coach and/or supervisor.
- If there is a problem, work through it immediately by defining it and bringing it to the attention of your coach and/or supervisor.
- Have your facts in order and, if possible, document your concerns.
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#### 2019-20 NCAA Banned Substances

It is the student-athlete's responsibility to check with the appropriate or designated athletics staff before using any substance.

### The NCAA bans the following drug classes.

- a. Stimulants
- b. Anabolic agents
- c. Alcohol and beta blockers (banned for rifle only)
- d. Diuretics and masking agents
- e. Narcotics
- f. Cannabinoids
- g. Peptide hormones, growth factors, related substances and mimetics
- h. Hormone and metabolic modulators (anti-estrogens)
- i. Beta-2 agonists

Note: Any substance chemically/pharmacologically related to all classes listed above and with no current approval by any governmental regulatory health authority for human therapeutic use (e.g., drugs under pre-clinical or clinical development or discontinued, designer drugs, substances approved only for veterinary use) is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned-drug class regardless of whether they have been specifically identified. Examples of substances under each class can be found at www.ncaa.org/drugtesting. There is no complete list of banned substances.

#### Substances and Methods Subject to Restrictions:

- Blood and gene doping.
- Local anesthetics (permitted under some conditions).
- Manipulation of urine samples.
- Beta-2 agonists (permitted only by inhalation with prescription).
- Tampering of urine samples.

#### NCAA Nutritional/Dietary Supplements:

Warning: Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff!

- Nutritional/Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
- Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
- Many nutritional/dietary supplements are contaminated with banned substances not listed on the label.
- Any product containing a nutritional/dietary supplement ingredient is taken at your own risk.

Athletics department staff should provide guidance to student-athletes about supplement use, including a directive to have any product checked by qualified staff members before consuming. The NCAA subscribes only to Drug Free Sport AXIS<sup>™</sup> for authoritative review of label ingredients in medications and nutritional/dietary supplements. Contact the Drug Free Sport AXIS at 877-202-0769 or www.dfsaxis.com (password ncaa1, ncaa2 or ncaa3).

### Some Examples of Substances in Each NCAA Banned Drug Class.

#### THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES. DO NOT RELY ON THIS LIST TO RULE OUT ANY LABEL INGREDIENT.

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; methamphetamine; methylphenidate (Ritalin); synephrine (bitter orange); dimethylamylamine (DMAA, methylhexanamine); "bath salts" (mephedrone); Octopamine; hordenine; dimethylbutylamine (DMBA, AMP, 4-amino methylpentane citrate); phenethylamines (PEAs); dimethylhexylamine (DMHA, Octodrine); heptaminol etc. exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione): Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanozolol; stenbolone; trenbolone; SARMS (ostarine, ligandrol, LGD-4033, S-23, RAD140)); DHCMT (oral turanibol) etc.

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Alcohol and Beta Blockers (banned for rifle only):
alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.
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### Diuretics and Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc. exceptions: finasteride is not banned

#### Narcotics:

Buprenorphine; dextromoramide; diamorphine (heroin); fentanyl, and its derivatives; hydrocodone; hydromorphone; methadone; morphine; nicomorphine; oxycodone; oxymorphone; pentazocine; pethidine

#### Cannabinoids:

marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

Peptide Hormones, growth factors, related substances and mimetics growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); IGF-1 (colostrum, deer antler velvet); ibutamoren; etc. *exceptions: insulin, Synthroid are not banned* 

Hormone and metabolic modulators (anti-estrogens) :

anastrozole; tamoxifen; formestane; ATD; SERMS (clomiphene, nolvadex); Arimidex; clomid; evista; fulvestrant; aromatase inhibitors (Androst-3,5-dien-7,17-dione), letrozole; GW1516; cardarine; etc.

### Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; higenamine; norcoclaurine; etc.

Any substance that is chemically related to one of the above classes, <u>even if it is not listed as an example, is also banned</u>!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by **contacting Drug Free Sport AXIS, 877-202-0769 or** <u>www.dfsaxis.com</u> **password ncaa1, ncaa2 or ncaa3.** 

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

## Appendix D Clery Totals for AOD Incidents

## Extracted from KSU Annual Security and Fire Safety Report (ASFR) Full Report Available Online: <u>https://hr.kennesaw.edu/docs/2019\_fire\_safety\_report.pdf</u>

## **KENNESAW CAMPUS**

### NUMBER OF ARRESTS FOR SELECTED OFFENSES (THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2016	25	14	0	0	25
Violations	2017	11	4	0	0	11
	2018	7	6	0	0	7
Drug	2016	112	50	0	27	139
Violations	2017	34	12	0	5	39
	2018	48	13	0	14	62

## NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor Law	2016	257	253	0	0	257
Violations	2017	158	156	4	0	162
	2018	191	184	4	0	191
Drug	2016	1	1	0	0	1
Violations	2017	4	4	0	0	4
	2018	7	5	0	0	7

## **MARIETTA CAMPUS**

## NUMBER OF ARRESTS FOR SELECTED OFFENSES (THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor	2016	1	0	0	0	1
Law	2017	3	0	0	0	3
Violations	2018	0	0	0	0	0
Drug	2016	25	7	0	8	33
Violations	2017	29	22	0	4	33
	2018	9	6	0	7	16

## NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor Law	2016	14	14	0	0	14
Violations	2017	61	56	0	0	61
	2018	12	12	0	0	12
Drug	2016	0	0	0	0	0
Violations	2017	1	1	0	0	1
	2018	2	2	0	0	2

## **PAULDING CAMPUS**

## NUMBER OF ARRESTS FOR SELECTED OFFENSES

(THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor Law	2017	0	0	0	0	0
Violations	2018	0	0	0	0	0
Drug	2017	0	0	0	0	0
Violations	2018	0	0	0	0	0

## NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor Law	2017	0	0	0	0	0
Violations	2018	0	0	0	0	0
Drug	2017	0	0	0	0	0
Violations	2018	0	0	0	0	0

## Appendix E Department of Public Safety Drug and Alcohol Awareness Programming 2018 – 2020



# Kennesaw State University Department of Public Safety

Drug and Alcohol Awareness Programing By KSU POLICE

The Kennesaw State University Department of Public Safety has taken on the initiative to become a teaching police department. We have set out to educate our community about the services that our department provides to the KSU Community. We are currently facilitating trainings and presentations on many subjects such as sexual assault victim services, drug and alcohol awareness, community policing, emergency management, and active shooter response.

The KSU DPS Office of Victim Services is led by Director Tanya Smith who has spearheaded the initiative to train all our campus police officers on how to use the lifesaving drug known as Naloxone. Naloxone is a drug that can be used to stabilize a person who is in the overdose crisis phase of (Heroin) Opioid misuse. This training not only provides instruction on how to use the drug, but it also provides good information about the growing Heroin problem that has resurfaced in The State of Georgia. This type of training for our staff has proven to be priceless. On multiple occasions, KSU Police Officers were able to deploy Naloxone to save the life of a citizen in our community. Director Tanya Smith has been commissioned to facilitate this same training for other universities and agencies in Georgia.

The KSU DPS Community Outreach, Recruitment, and Engagement Unit (C.O.R.E.), consisting of Sergeant Charles Dickens, and Corporal Miranda McDaniel provides trainings and instructional presentations to many departments and student organizations of the KSU Community, upon request, as well as community programming.

The Kennesaw State University Department of Public Safety is dedicated to providing a safe and secure community conducive to the free exchange of ideas within an academic setting. To accomplish this mission, we strive to focus on collaborative partnerships and the provision of professional services in the areas of crime prevention, law enforcement, security, and emergency preparedness.

### List of Drug and Alcohol Programming hosted by KSU DPS

### November 27, 2018

Drug Awareness: Naloxone Opiate Overdose Response 1hr Training for KSU Employees: Sworn Police

### April 5, 2019

Drug Awareness: Naloxone Opiate Overdose Response 1hr Training for KSU Employees: Sworn Police

### October 3, 2019

Drug Awareness: Naloxone Opiate Overdose Response 1hr Training for KSU Employees: Sworn Police

# August 2018:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 2 – Freshman 1101

# September 2018:

Drug and Alcohol Awareness Educational opportunity for KSU Students: African American Student Association Drug and Alcohol Awareness Educational opportunity for KSU Students: 9 – Freshman 1101 Drug and Alcohol Awareness Educational opportunity for KSU Students: Kappa Delta Members Drug and Alcohol Awareness Educational opportunity for KSU Students: Cultural Awareness Resource Center

# October 2018:

Drug and Alcohol Awareness Educational opportunity for KSU Students: Cultural Awareness Resource Center Drug and Alcohol Awareness Educational opportunity for KSU Students: 4-Campus Safety Drug and Alcohol Awareness Educational opportunity for KSU Students: Global Village

# November 2018:

Drug and Alcohol Awareness

Educational opportunity for KSU Students: 5 – Freshman 1101

# January 2019:

Drug and Alcohol Awareness Educational opportunity for KSU Students: Global Village Drug and Alcohol Awareness Educational opportunity for KSU Students: Campus Connection LGBTQ Student Resource Center Drug and Alcohol Awareness Educational opportunity for KSU Students: Alpha Omicron Pi Members Drug and Alcohol Awareness Educational opportunity for KSU Students: Freshman 1101

# March 2019:

Drug and Alcohol Awareness Educational opportunity for KSU Students: Safe Spring Break Attendees

# July 2019:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 1 – Freshman 1101

# August 2019:

Drug and Alcohol Awareness Educational opportunity for KSU Students: Cobb Inclusive Learning Students

# September 2019:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 7 – Freshman 1101 classes Drug and Alcohol Awareness Educational opportunity for KSU Students: Alpha Omicron Pi

# October 2019:

Drug and Alcohol Awareness Educational opportunity for Community Members: ATOD Townhall Pinetree Country Club

Drug and Alcohol Awareness Educational opportunity for KSU Students: Freshman 1101 Drug and Alcohol Awareness Educational opportunity for KSU Students: Delta Phi Epsilon

# November 2019:

Drug and Alcohol Awareness Educational opportunity for KSU Students: 4 - Freshman 1101

## January

Drug and Alcohol Awareness Educational opportunity for KSU Students: General Campus Safety (Global Village)

### March 2020:

Drug and Alcohol Awareness Educational opportunity for KSU Students: Housing/Res Life Tabling Event (Safe Spring Break)

### Readily Available Training for Officers:

<u>The University System of Georgia's Board of Regents</u> Alcohol and Drug Addiction Awareness 1 hour

### <u>Georgia Peace Officer Standards and Training</u> Fentanyl Informational Briefing

Peace Officer's Guide to Low THC Oil Registry

## Appendix F Housing and Residence Life AOD Programming 2018 – 2020\*

### Date

### **Program Title**

1. 9/12/2018	Who You Gonna Call
2. 3/21/2019	Campfire
3. 1/21/2020	Health & Wellness Townhall
4. 3/5/2020	Music & Mocktails

\* The Department has shifted program models resulting in a change in approach. As of Fall 2020, Housing and Residence Life is implementing a robust residential curriculum, entitled the Residential Experience Model. The learning goals and outcomes are as follows: LEARNING OUTCOMES

### Learning Goal- Self-Discovery:

- Identify personal goals
- List resources that can aid in their growth
- Articulate their values
- Examine who they are, includes:
  - o Identities
  - Lifestyle preferences
  - Intrinsic characteristics

### Learning Goal- Life Skills:

- Identify their own role in a situation
- List resources to solve a problem/difficult situation
- Describe potential solutions to a problem/difficult situation
- Distinguish how potential choices impact others
- Explain reasoning behind decisions
- Demonstrate skills needed to be able to live independently
  - Financial: the need to budget and pay for the cost of living
  - Wellbeing: balancing the multiple facets of life (healthy eating, cleanliness, managing time)
  - Safety: acquiring skills to safely navigate life in a residential setting

### Learning Goal- Community:

- Be an active member of their community
- Identify their potential impact on a community
- Describe healthy relationships
- Uphold community expectations
- Address conflict in their community

### Learning Goal- Social Awareness:

- Describe the meaning of social equity
- Identify challenges faced by individuals from diverse backgrounds
- Demonstrate ability to advocate for others
- Utilize KSU and community resources

# Appendix G

# KENNESAW STATE UNIVERSITY Executive Summary

# Spring 2020

# American College Health Association National College Health Assessment III

# ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



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ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha.org/NCHA.

Suggested citation for this document:

American College Health Association. American College Health Association-National College Health Assessment III: Kennesaw State University Executive Summary Spring 2020. Silver Spring, MD: American College Health Association; 2020.

### **Introduction and Notes**

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the Spring 2008 data collection period. A revised survey, the ACHA-NCHA-II, was in use from Fall 2008 - Spring 2019 data collection periods. The survey was redesigned again, and data collection with the ACHA-NCHA III began in Fall 2019.

Please note that it is not appropriate to compare trends between versions of the survey. Directly comparing data points between the Original ACHA-NCHA, the ACHA-NCHA II, and the ACHA-NCHA III can lead to an erroneous conclusions and is not recommended.

#### Notes about this report:

1. Missing values have been excluded from analysis and only valid percents are included in this document, unless otherwise noted.

2. The ACHA-NCHA III is programmed differently than earlier versions of the survey. Rather than asking the respondents to answer every question (and offering a "not applicable" option), display logic was used throughout the survey to determine whether, based on their response to an earlier question, the student saw a follow-up question. This makes the valid percents of certain questions impossible to apply to the entire sample, as the denominator used was limited to only the number of students that saw the question. When appropriate, results are also presented using the entire sample as the denominator to show the proportion of the overall sample that experienced a particular issue. These differences in presentation are carefully noted throughout the document and will often explain differences observed between this document and the full data report. Please look carefully at descriptions of the data presented in each table, as well as any footnotes included.

3. About the use of sex and gender in this report: Survey responses are reported by sex based on the responses to questions 67A, 67B, and 67C. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either *male* or *female*. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as *non-binary*. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as *male* or *female*. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as *non-binary*. A respondent that skips any of the three questions is designated as *unknown*. Totals displayed in this report include non-binary and unknown responses.

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), Christine Kukich, MS (ckukich@acha.org), or visit www.acha-ncha.org.

This Executive Summary highlights results of the ACHA-NCHA III Spring 2020 survey for Kennesaw State University consisting of 1028 respondents.

The response rate was 9.9%.

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### Findings

#### A. General Health and Campus Climate

■ 52.5 % of college students surveyed ( 57.0 % male and 51.6 % female) described their health as *very good or excellent* 

■ 89.6 % of college students surveyed (92.1 % male and 89.1 % female) described their health as *good, very good or excellent*.

#### Proportion of college students who reported they agree or strongly agree that:

Percent (%)	Male	Female	Total
I feel that I belong at my college/university	64.6	67.8	65.7
I feel that students' health and well-being is a priority at my college/university	46.8	49.8	48.0
At my college/university, I feel that the campus climate encourages free and open			
discussion of students' health and well-being.	56.0	57.0	56.0
At my college/university, we are a campus where we look out for each other	40.4	40.7	39.7

#### B. Nutrition, BMI, Physical Activity, and Food Security

College students reported:			
Percent (%)	Male	Female	Total
Drinking 0 sugar-sweetened beverages (per day), on average, in the last 7 days	33.2	27.5	29.7
Drinking 1 or more sugar-sweetened beverages (per day), on average, in the last 7 days	66.8	72.5	70.3
Drinking energy drinks or shots on 0 of the past 30 days	69.4	81.7	77.6
Drinking energy drinks or shots on 1-4 of the past 30 days	18.1	12.9	14.8
Drinking energy drinks or shots on 5 or more of the past 30 days	12.5	5.4	7.6
Eating 3 or more servings of fruits (per day), on average, in the last 7 days	19.3	18.4	18.4
Eating 3 or more servings of vegetables (per day), on average, in the last 7 days	30.2	28.6	29.4

**Estimated Body Mass Index (BMI):** This figure incorporates reported height and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

BMI Percent (%)	Male	Female	Total
<18.5 Underweight	7.8	4.9	6.1
18.5-24.9 Healthy Weight	50.8	54.4	52.4
25-29.9 Overweight	26.5	25.2	25.7
30-34.9 Class I Obesity	9.7	8.4	9.2
35-39.9 Class II Obesity	3.1	4.6	4.2
≥40 Class III Obesity	2.2	2.6	2.5
	Accelerate de la		
Mean	25.11	25.14	25.17
Median	24.27	23.82	23.94
Std Dev	6.01	5.85	5.92

#### Students meeting the recommended guidelines for physical activity

Based on: US Dept of Health and Human Services. *Physical Activities Guidelines for Americans*, 2nd edition. Washington, DC: US Dept of Health and Human Services, 2018

Definitions:

- Recommendation for **aerobic activity**: 150 minutes or more of moderate-intensity physical activity per week or 75 minutes of vigorous-intensity physical activity or the equivalent combination
- Recommendation for strength training: 2 or more days a week of moderate or greater intensity activities that involve all major muscle groups
- Active Adults meet the recommendation for strength training AND aerobic activity
- Highly Active Adults meet the recommendation for strength training and TWICE the recommendation for aerobic activity (300 minutes or more of moderate-intensity physical activity per week or 150 minutes of vigorous-intensity physical activity or the equivalent combination)

Percent (%	Male	Female	Total
Guidelines met for aerobic exercise only	69.3	63.9	64.9
Guidelines met for Active Adults	49.8	38.4	41.2
Guidelines met for Highly Active Adults	36.8	26.6	29.2

#### Food Security

Based on responses to the US Household Food Security Survey Module: Six-Item Short Form (2012) from the USDA Economic Research Service.

~	Percent (%)	Male	Female	Total
High or marginal food security (score 0-1)		53.6	48.8	49.9
Low food security (score 2-4)		23.7	26.0	25.7
Very low food security (score 5-6)		22.7	25.2	24.4
Any food insecurity (low or very low food security)		46.4	51.2	50.1

#### C. Health Care Utilization

#### College students reported:

Percent (%)	Male	Female	Total
iving psychological or mental health services within the last 12 months	20.3	33.3	30.
*The services were provided by:			
My current campus health and/or counseling center	38.9	47.0	44.
A mental health provider in the local community near my campus	24.5	22.8	23.
A mental health provider in my home town	35.2	48.0	46
A mental health provider not described above	11.8	7.9	8
*Only students who reported receiving care in the last 12 months were asked these questions			
Percent (%)	Male	Female	Total

ting a medical provider within the last 12 months		77.7	70.8
*The services were provided by:			
My current campus health center	23.5	33.4	31.0
A medical service provider in the local community near my campus	21.7	31.8	29.1
A mental service provider in my home town	76.6	74.4	74.8
A mental service provider not described above	8.6	5.0	6.1

\*Only students who reported receiving care in the last 12 months were asked these questions

#### College students reported:

Percent (%)	Male	Female	Total
Flu vaccine within the last 12 month	40.4	44.1	42.6
Not starting the HPV vaccine series	23.2	20.9	21.6
Starting, but not completing HPV vaccine series	4.6	8.8	7.3
Completing HPV vaccine series	36.2	50.4	45.8
Not knowing their HPV vaccine status	35.9	19.9	25.2
Ever having a GYN visit or exam (females only)		56.4	
Having a dental exam in the last 12 months	70.8	72.3	71.6
Being tested for HIV within the last 12 months	9.0	24.2	19.3
Being tested for HIV more than 12 months ago	11.1	10.9	10.8
Wearing sunscreen usually or always when outdoors	14.2	35.9	28.2
Spending time outdoors with the intention of tanning at least once in the last 12 months	33.3	54.3	46.7

#### **D. Impediments to Academic Performance**

Respondents are asked in numerous places throughout the survey about issues that might have negatively impacted their academic performance within the last 12 months. This is defined as negatively impacting their performance in a class or delaying progress towards their degree. Both types of negative impacts are represented in the figures below. Please refer to the corresponding Data Report for specific figures on each type of impact. Figures in the left columns use all students in the sample as the denominator. Figures in the right columns use only the students that experienced that issue (e.g. students who used cannabis, reported a problem or challenge with finances, or experienced a particular health issue) in the denominator. (items are listed in the order in which they appear in the survey)

		Negatively impacted academic performanc				atively impa emic perform		
		among <u>all students in the</u> sample			1000 C 200 C	among <u>only students</u> experienced the iss		
	Percent (%)	Male	Female	Total	Male	Female	Total	
Alcohol use		1.5	1.5	1.5	2.3	3 2.1	2.1	
Cannabis/marijuana use		3.1	1.5	2.0	12.8	3 5.3	7.5	

#### Problems or challenges in the last 12 months

1 robicins of chancinges in the last 12 months					
Career	12.6	13.6	13.5	41.8	
Finances	14.2	18.6	17.4	33.8	Γ
Procrastination	54.5	49.8	51.8	73.4	Γ
Faculty	5.5	4.8	5.3	62.1	Γ
Family	6.5	12.0	10.2	28.0	
Intimate Relationships	9.2	12.7	11.7	24.8	Γ
Roommate/housemate	2.8	6.7	5.6	14.5	Γ
Peers	2.5	5.3	4.6	14.3	Γ
Personal appearance	2.2	8.2	6.5	6.3	Γ
Health of someone close to me	6.8	10.0	9.3	24.4	Γ
Death of a family member, friend, or someone close to					Γ
me	6.8	10.0	8.8	33.8	
Bullying	0.6	1.5	1.5	28.6	Γ
Cyberbullying	0.0	0.6	0.4	0.0	Γ
Hazing	0.0	0.0	0.0	0.0	Γ
Microaggression	0.3	2.9	2.2	3.8	Γ
Sexual Harassment	0.3	1.5	1.1	33.3	Γ
Discrimination	1.2	2.7	2.4	14.3	Γ

2		
41.8	40.5	41.7
33.8	36.9	36.5
73.4	64.9	68.0
62.1	48.5	52.4
28.0	30.6	30.3
24.8	30.9	29.5
14.5	20.8	20.3
14.3	25.2	22.7
6.3	16.0	14.2
24.4	27.2	27.4
33.8	43.1	40.4
28.6	37.0	38.5
0.0	21.1	16.7
0.0	0.0	0.0
3.8	22.1	18.3
33.3	14.1	14.5
14.3	27.3	23.6

4

	0	tively imp nic perfor	
		all student	
Percent (%)	Male	<u>sample</u> Female	Total

Neg	atively impa	acted
acade	mic perform	nance
among	only stude	nts that
expe	rienced the	issue
Male	Female	Total

Acute Diagnoses in the last 12 months			
Bronchitis	0.6	3.8	2.6
Chlamydia	0.0	0.5	0.3
Chicken Pox (Varicella)	0.0	0.0	0.0
Cold/Virus or other respiratory illness	10.8	17.5	15.2
Concussion	0.9	2.1	1.7
Gonomhea	0.0	0.2	0.1
Flu (influenza or flu-like illness)	3.1	6.2	5.2
Mumps	0.0	0.0	0.0
Mononucleosis (mono)	0.0	1.4	0.9
Orthopedic injury	1.8	3.9	3.3
Pelvic Inflammatory Disease	0.0	0.0	0.0
Pneumonia	0.3	1.2	0.9
Shingles	0.0	0.2	0.1
Stomach or GI virus or bug, food poisoning or gastritis	2.8	5.1	4.4
Urinary tract infection	0.0	3.2	2.2

25.0	47.2	43.5
0.0	25.0	23.1
0.0	0.0	0.0
39.3	39.7	39.5
60.0	77.8	73.9
0.0	33.3	25.0
50.0	48.8	49.5
0.0	0.0	0.0
0.0	69.2	64.3
30.0	32.9	33.0
0.0	0.0	0.0
50.0	61.5	56.3
0.0	50.0	33.3
45.0	44.2	43.7
0.0	19.3	20.2

Percent (%)	Male	Female	Total
Any ongoing or chronic medical conditions			
diagnosed or treated in the last 12 months	17.2	30.7	26.4

Male	Female	Total
26.2	39.5	35.6

#### Other impediments to academic performance

Assault (physical)	0.0	1.1	0.7	0.0	36.8	24.1
Assault (sexual)	0.3	2.0	1.5	33.3	26.0	27.3
Allergies	1.5	3.0	2.4	5.3	8.4	7.2
Anxiety	20.6	33.9	29.7	44.1	49.7	48.1
ADHD or ADD	8.0	9.1	8.7	51.0	61.2	57.4
Concussion or TBI	1.2	1.7	1.5	44.4	40.7	40.5
Depression	19.1	29.2	26.3	53.0	61.9	59.1
Eating disorder/problem	0.6	2.9	2.1	14.3	26.8	24.7
Headaches/migraines	6.5	14.4	11.6	22.8	33.3	30.5
Influenza or influenza-like illness (the flu)	2.5	5.1	4.1	28.6	35.8	33.3
Injury	2.8	3.0	2.8	29.0	24.1	25.0
PMS	0.0	14.2	9.3	0.0	24.6	23.9
PTSD	0.9	3.6	2.8	60.0	40.0	41.4
Short-term illness	2.2	7.1	5.4	16.7	37.3	31.4
Upper respiratory illness	5.2	10.4	8.6	24.6	27.0	26.1
Sleep difficulties	21.2	25.0	24.3	44.2	45.6	46.0
Stress	32.6	43.3	40.5	47.5	52.8	52.1

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### E. Violence, Abusive Relationships, and Personal Safety

#### Within the last 12 months, college students reported experiencing:

Percent (%)	Male	Female	Total
A physical fight	3.4	1.2	2.0
A physical assault (not sexual assault)	1.2	0.6	0.8
A verbal threat	9.6	8.5	9.1
Sexual touching without their consent	0.9	8.6	6.0
Sexual penetration attempt without their consent	0.0	3.3	2.3
Sexual penetration without their consent	0.3	2.3	1.8
Being a victim of stalking	1.6	5.9	4.5
A partner called me names, insulted me, or put me down to make me feel bad	10.2	12.0	11.4
A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends	5.0	6.4	6.3
A partner pushed, grabbed, shoved, slapped, kicked, bit, choked or hit me without my consent	1.6	2.7	2.3
A partner forced me into unwanted sexual contact by holding me down or hurting me in some way	0.9	1.8	1.6
A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs	2.2	4.0	3.5

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College students reported feeling very safe :

Conege students reported reening very saje.			
Percent (%)	Male	Female	Total
On their campus (daytime)	78.1	67.9	70.6
On their campus (nighttime)	47.1	12.9	23.9
In the community surrounding their campus (daytime)	43.8	40.3	41.1
In the community surrounding their campus (nighttime)	25.1	10.5	15.1

### F. Tobacco, Alcohol, and Other Drug Use

	Ever Used			Ever Used	*Used i	months	
Percent (%)	Male	Female	Total		Male	Female	Total
Tobacco or nicotine delivery products (cigarettes, e- cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	33.4	32.4	32.6		23.7	20.1	21.2
Alcoholic beverages (beer, wine, liquor, etc.)	61.1	68.5	66.0		55.1	61.3	58.9
	01.1	08.3	00.0			01.3	38.9
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	32.7	39.9	38.0		20.3	24.5	23.4
Cocaine (coke, crack, etc.)	6.5	5.2	5.6		2.5	1.7	1.9
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) <i>[Please report nonmedical</i>							
use only.]	8.4	8.5	8.3		2.5	3.6	3.1
Methamphetamine (speed, crystal meth, ice, etc.)	0.9	1.1	1.0		0.0	0.0	0.0
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	4.6	1.2	2.4		0.6	0.5	0.6
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	5.2	6.8	6.2		0.9	2.6	1.9
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	12.7	7.3	9.1		4.6	2.7	3.4
Heroin	0.9	0.8	0.8		0.0	0.2	0.1
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone],							
etc.) [Please report nonmedical use only.]	4.0	4.9	4.6		0.6	1.7	1.3

\*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

#### Substance Specific Involvement Scores (SSIS) from the ASSIST

	*Moderate risk use of the substance			*E	ligh risk use substance	of the
Percent (%)	Male	Female	Total	Male	Female	Total
Tobacco or nicotine delivery products	17.2	11.8	13.5	1	.2 1.7	1.5
Alcoholic beverages	10.5	9.1	9.5	0	.6 0.8	0.8
Cannabis (nonmedical use)	15.7	16.3	16.4	0	.3 0.3	0.3
Cocaine	0.6	1.8	1.5	0	.0 0.2	0.1
Prescription stimulants (nonmedical use)	2.2	2.6	2.4	0	.0 0.0	0.0
Methamphetamine	0.0	0.5	0.3	0	.0 0.0	0.0
Inhalants	0.6	0.6	0.6	0	.0 0.0	0.0
Sedatives or Sleeping Pills (nonmedical use)	0.9	2.6	2.0	0	.0 0.3	0.2
Hallucinogens	2.8	1.8	2.1	0	.0 0.2	0.1
Heroin	0.0	0.6	0.4	0	.0 0.2	0.1
Prescription opioids (nonmedical use)	0.0	1.5	1.1	0	.0 0.2	0.1

\*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

#### 7

#### Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months:

	Percent (%)	Male	Female	Total
Prescription stimulants		2.2	3.5	2.9
Prescription sedatives or sleeping pills		0.9	2.1	1.7
Prescription opioids		0.6	1.4	1.1

#### \*Tobacco or nicotine delivery products used in the last 3 months

Percent (%)	Male	Female	Total
Cigarettes	9.8	4.8	6.6
E-cigarettes or other vape products (for example: Juul,			
etc.)	17.2	15.4	15.8
Water pipe or hookah	4.0	3.3	3.5
Chewing or smokeless tobacco	3.4	0.3	1.3
Cigars or little cigars	8.9	1.2	3.8
Other	0.0	0.6	0.4

\*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

#### **Students in Recovery**

■ 3.0 % of college students surveyed ( 3.0 % male and from alcohol or other drug use.

2.7 % female) indicated they were in recovery

#### When, if ever, was the last time you:

when, if ever, was the last time you:	Dr	ank Alco	hol	*	Used C	annabis/Ma	arijuana
Percent (%)	Male	Female	Total		Male	Female	Total
Never	26.8	22.2	24.0		60.4	54.3	56.0
Within the last 2 weeks	34.8	46.4	42.0		12.1	15.2	14.4
More than 2 weeks ago but within the last 30 days	9.2	9.2	9.3		2.8	4.4	3.9
More than 30 days ago but within the last 3 months	12.0	9.8	10.6		3.4	4.2	3.9
More than 3 months ago but within the last 12 months	11.1	8.0	9.3		7.1	6.4	6.7
More than 12 months ago	6.2	4.2	5.0		14.2	15.5	15.1

\*Students were instructed to include medical and non-medical use of cannabis.

#### Driving under the influence

■ 14.6 % of college students reported driving after having *any alcohol* in the last 30 days.\* \*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.

41.1 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.\* \*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC	Percent (%)	Male	Female	Total
<.08		85.7	83.6	84.3
<.10		89.0	87.4	88.0
Mean		0.03	0.04	0.04
Median		0.01	0.02	0.02
Std Dev		0.05	0.06	0.06

#### \*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks	Percent (%)	Male	Female	Total
4 or fewer		69.2	84.0	79.7
5		9.9	8.1	8.7
6		8.2	3.7	4.9
7 or more		12.6	4.2	6.7
Mean		3.5	2.7	2.9
Median		2.0	2.0	2.0
Std Dev		3.0	2.1	2.4

\*Only students who reported drinking alcohol in the last three months were asked this question.

# Reported number of times college students consumed <u>five or more drinks</u> in a sitting within the last two weeks:

		ng <u>all</u> stue surveyed	dents	drinking	those who g alcohol wi st two week	thin the
Percent (%)	Male	Female	Total	Male	Female	Total
Did not drink alcohol in the last two weeks (includes						
non-drinkers)	65.2	53.6	58.0			
None	16.9	28.0	23.9	48.7	60.3	56.8
1-2 times	13.8	15.9	15.1	 39.8	34.2	36.0
3-5 times	3.4	2.1	2.5	9.7	4.6	6.0
6 or more times	0.6	0.5	0.5	1.8	1.0	1.2

\*Only students who reported drinking alcohol in the last two weeks were asked this question.

# \*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

Percent (%)	Male	Female	Total
Did something I later regretted	12.4	16.1	15.1
Blackout (forgot where I was or what I did for a large period of time and cannot			
remember, even when someone reminds me)	7.3	12.0	10.6
Brownout (forgot where I was or what I did for short periods of time, but can			
remember once someone reminds me)	12.0	19.2	16.9
Got in trouble with the police	1.8	0.4	0.8
Got in trouble with college/university authorities	0.5	1.0	0.8
Someone had sex with me without my consent	0.5	2.1	1.5
Had sex with someone without their consent	0.0	0.4	0.3
Had unprotected sex	6.9	14.3	11.7
Physically injured myself	2.3	6.6	5.1
Physically injured another person	0.0	0.6	0.4
Seriously considered suicide	3.7	2.7	3.2
Needed medical help	0.5	0.6	0.7
Reported one or more of the above	14.5	22.7	20.1

\*Only students who reported drinking alcohol in the last 12 months were asked these questions.

#### G. Sexual Behavior

When, if ever, was the last time you had:		<b>Oral sex</b>		
Percent (%)	Male	Female	Total	Ν
Never	41.8	32.9	36.3	
Within the last 2 weeks	28.8	38.8	35.4	
More than 2 weeks ago but within the last 30 days	4.6	7.9	6.6	
More than 30 days ago but within the last 3 months	4.3	8.2	6.7	
More than 3 months ago but within the last 12 months	8.7	7.3	7.8	
More than 12 months ago	11.8	4.9	7.1	

Vaginal intercourse					
Male	Female	Total			
48.9	33.7	39.6			
25.7	45.0	37.9			
3.1	4.9	4.3			
2.5	6.4	5.0			
8.7	6.1	6.8			
11.1	4.0	6.5			

	Ana	al intercou	irse
Percent (%)	Male	Female	Total
Never	78.9	80.9	80.2
Within the last 2 weeks	2.5	2.3	2.3
More than 2 weeks ago but within the last 30 days	0.9	1.4	1.3
More than 30 days ago but within the last 3 months	1.9	2.4	2.3
More than 3 months ago but within the last 12 months	4.7	3.9	4.1
More than 12 months ago	11.2	9.1	9.7

\*College students who reported having oral sex, or vaginal or anal intercourse within the last 12 months reported having the following number of sexual partners:

Percent (%)	Male	Female	Total
	0.6	0.0	0.2
	69.2	68.9	68.1
	13.2	13.6	14.0
	7.5	8.2	8.2
	9.4	9.3	9.5
	1.8	1.9	1.9
	1.0	1.0	1.0
	2.4	2.3	2.3
	Percent (%)	0.6 69.2 13.2 7.5 9.4 1.8 1.0	0.6         0.0           69.2         68.9           13.2         13.6           7.5         8.2           9.4         9.3           1.8         1.9           1.0         1.0

\*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

College students who reported having oral sex, or vaginal or anal intercourse within the last 30 days who reported using a condom or another protective barrier *most of the time* or *always*:

	Percent (%)	Male	Female	Total
Oral sex		6.5	4.6	5.1
Vaginal intercourse		40.0	37.8	38.1
Anal intercourse		18.2	16.7	16.7
*0 1 1 1 1 1 1 1 1 1			1 1 1 20 1	Constantly Conce

\*Only students who reported having oral sex, or vaginal or anal intercourse in the last 30 days were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used any method to prevent pregnancy the <u>last time</u> they had vaginal intercourse:

	Percent (%)	Male	Female	Total
Yes, used a method of contraception		85.0	83.3	83.9
No, did not want to prevent pregnancy		2.4	2.0	2.0
No, did not use any method		10.2	12.5	11.9
Don't know		2.4	2.2	2.2

\*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

	Fercent (%)	TAL	remate	Totai
Birth control pills (monthly or extended cycle)		51.9	56.0	54.8
Birth control shots		2.8	3.2	3.5
Birth control implants		9.3	10.0	10.0
Birth control patch		1.9	0.3	0.7
The ring		0.9	1.8	1.5
Emergency contraception ("morning after pill" or "Plan B")		7.4	6.8	6.8
Intrauterine device		10.2	8.6	8.7
Male (external) condom		50.9	47.2	48.0
Female (internal) condom		0.0	0.3	0.2
Diaphragm or cervical cap		0.0	0.0	0.0
Contraceptive sponge		0.0	0.3	0.2
Withdrawal		25.9	27.1	26.2
Fertility awareness (calendar, mucous, basal body temperature)		2.8	4.1	3.7
Sterilization (hysterectomy, tubes tied, vasectomy)		3.7	1.5	2.2
Other method		1.9	0.6	0.9
Male condom use plus another method		38.0	36.9	37.1
Any two or more methods (excluding male condoms)		26.9	28.0	27.1

\*Those students who reported using a contraceptive use the last time they had vaginal intercourse, reported they (or their partner) used the following methods:

 Percent (%)
 Male
 Female
 Total

\*Only students who reported they or their partner used a method the last time they had vaginal intercourse were asked these questions.

 College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used emergency contraception ("morning after pill" or "Plan B") in the last 12 months:

 Yes
 (male:
 13.3 %; female:
 19.3 %).

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they experienced an unintentional pregnancy or got someone pregnant within the last 12 months:

Yes (male: 0.8 %; female: 1.5 %).

#### H. Mental Health and Wellbeing

#### Kessler 6 (K6) Non-Specific Psychological Distress Score (Range is 0-24)

	Percent (%)	Male	Female	Total
No or low psychological distress (0-8)		68.8	58.0	60.9
Moderate psychological distress (9-12)		17.0	21.0	19.8
Serious psychological distress (13-24)		14.2	21.0	19.4
L				
Mean		6.95	8.24	7.91
Median		6.00	8.00	7.00
Std Dev		4.98	5.46	5.34

#### UCLA Loneliness Scale (ULS3) Score (Range is 3-9)

	Percent (%)	Male	Female	Total
Negative for loneliness (3-5)		52.6	48.7	49.6
Positive for loneliness (6-9)		47.4	51.3	50.4
Mean		5.47	5.56	5.55
Median		5.00	6.00	6.00
Std Dev		1.97	1 93	1 95

#### Diener Flourishing Scale - Psychological Well-Being (PWB) Score (Range is 8-56) (higher scores reflect a higher level of psychological well-being)

	Male	Female	Total
Mean	44.08	45.65	45.01
Median	46.00	47.00	47.00
Std Dev	9.09	8.59	8.87

#### The Connor-Davison Resilience Scale (CD-RISC2) Score (Range is 0-8) (higher scores reflect greater resilience)

	Male	Female	Total
Mean	6.29	6.02	6.08
Median	6.00	6.00	6.00
Std Dev	1.35	1.48	1.46

Self injury 8.9 % of college students surveyed ( 7.8 % male and 9.1 % female) indicated they had intentionally cut, burned, bruised, or otherwise injured themselves within the last 12 months.

#### Within the last 12 months, have you had problems or challenges with any of the following:

Percent (%)	Male	Female	Total
Academics	53.5	48.9	50.9
Career	30.2	33.8	32.7
Finances	42.6	50.6	48.2
Procrastination	75.0	77.0	76.7
Faculty	8.9	10.0	10.1
Family	23.1	39.2	33.8
Intimate relationships	37.5	41.5	40.0
Roommate/housemate	19.1	32.3	28.0
Peers	17.3	21.1	20.2
Personal appearance	34.2	51.7	46.6
Health of someone close to me	27.7	37.3	34.6
Death of a family member, friend, or someone close to me	20.7	23.5	22.3
Bullying	2.2	4.1	3.8
Cyberbullying	1.5	2.9	2.3
Hazing	0.6	0.2	0.4
Microaggression	8.0	13.2	12.5
Sexual Harassment	0.9	10.8	7.6
Discrimination	8.6	10.2	10.5

### \*Of those reporting this issue, it caused moderate or

h	igh distress	
Male	Female	Total
78.6	88.5	85.0
69.1	68.6	69.2
64.2	73.9	70.7
62.4	64.2	63.7
48.3	48.5	51.5
57.5	66.3	64.8
57.9	62.0	60.5
43.5	50.2	49.5
42.9	49.6	49.0
44.5	61.6	57.6
55.6	63.0	61.9
66.7	79.4	75.8
28.6	55.6	56.4
40.0	38.9	39.1
50.0	0.0	25.0
15.4	35.6	34.4
66.7	57.7	57.1
25.0	56.7	47.2
	Male           78.6           69.1           64.2           62.4           48.3           57.5           57.9           43.5           42.9           44.5           55.6           66.7           28.6           40.0           50.0           15.4           66.7	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

Students reporting none of the above	11.4	8.2	8.9
Students reporting only one of the above	6.8	7.6	7.2
Students reporting 2 of the above	12.3	9.2	10.0
Students reporting 3 or more of the above	69.5	75.0	73.9

#### Suicide Behavior Questionnaire-Revised (SBQR) Screening Score (Range is 3-18)

	Percent (%)	Male	Female	Total
Negative suicidal screening (3-6)		70.4	71.7	70.2
Positive suicidal screening (7-18)		29.6	28.3	29.8
Mean		5.52	5.38	5.51
Mean Median		5.52 4.00	10000	5.51 4.00

#### Suicide attempt

• 2 % of college students surveyed ( 2.2 % male and attempted suicide within the last 12 months.

2 % female) indicated they had

#### Within the last 12 months, how would you rate the overall level of stress experienced:

	Percent (%)	Male	Female	Total
No stress		5.2	1.5	2.6
Low		30.6	20.1	23.5
Moderate		46.6	49.1	47.9
High		17.6	29.3	26.0

#### **I. Acute Conditions**

#### College students reported being diagnosed by a healthcare professional within the last 12 months with:

Percent (%)	Male	Female	Total
Bronchitis	2.8	8.4	6.4
Chlamydia	0.0	1.8	1.3
Chicken Pox (Varicella)	0.3	0.2	0.2
Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis,			
pharyngitis, or laryngitis)	28.5	45.4	39.7
Concussion	1.5	2.9	2.3
Gonorrhea	0.3	0.5	0.4
Flu (influenza) or flu-like illness	6.5	13.1	10.8
Mumps	0.0	0.0	0.0
Mononucleosis (mono)	0.6	2.2	1.6
Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)	6.2	12.0	10.1
Pelvic Inflammatory Disease	0.0	0.2	0.1
Pneumonia	0.6	2.1	1.7
Shingles	0.3	0.3	0.3
Stomach or GI virus or bug, food poisoning or gastritis	6.5	11.9	10.3
Urinary tract infection	0.3	17.0	11.5

### J. Ongoing or Chronic Conditions

The questions for the *ongoing or chronic conditions* are presented differently in this report than the order they appear in the survey. In the survey, all items appear in a single list, ordered alphabetically. In this report, the conditions are presented in groups to ease burden on the reader. The findings are divided into mental health conditions, STIs and other chronic infections, and other ongoing or chronic conditions in this report.

Mental Health	repoi diagi	lege stude ted <u>ever</u> nosed wit following	being h the		those rep hea	se ever dia oorting con lthcare or l onal within months	tact with MH
Percent (%)	Male	Female	Total	L	Male	Female	Total
ADD/ADHD - Attention Deficit/Hyperactivity							
Disorder	14.3	12.1	13.1	L	58.8	72.2	67.3
Alcohol or Other Drug-Related Abuse or Addiction	1.2	2.0	1.8	L	75.0	76.9	77.8
Anxiety (for example: Generalized Anxiety, Social							
Anxiety, Panic Disorder, Specific Phobia)	12.4	33.1	26.9	L	55.0	74.9	73.2
Autism Spectrum	3.7	0.6	1.8	L	37.5	25.0	42.9
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)	1.2	2.9	2.5		75.0	84.2	84.0
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder	0.6	1.8	1.5		50.0	58.3	60.0
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)	13.4	25.3	22.5		55.8	74.5	71.9
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)	0.6	3.6	2.8		50.0	54.2	50.0
Gambling Disorder	0.3	0.2	0.3		0.0	0.0	33.3
Insomnia	2.8	8.7	6.9		50.0	52.7	53.7
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)	1.2	5.5	4.5		50.0	52.8	52.2
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition	0.9	6.4	4.8		66.7	76.2	75.5
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)	0.6	0.5	0.6		50.0	0.0	16.7
Tourette's or other neurodevelopmental condition not already listed	0.0	0.2	0.4		0.0	0.0	75.0
Traumatic brain injury (TBI)	1.6	0.3	0.7		80.0	100.0	85.7

\*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Percent (%)	Male	Female	Total	

Percent (%)	Male	remaie	Total
Students reporting none of the above	68.8	56.8	59.6
Students reporting only one of the above	17.0	13.8	15.1
Students reporting both Depression and Anxiety	7.4	22.0	18.1
Students reporting any two or more of the above (excluding the combination of Depression and			
Anxiety)	6.8	7.4	7.2

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repoi diag	rted <u>ever</u> nosed wit	being h the	had o	cont IH ]	tact with he professiona	althcare l within
Male	Female	Total	Ma	e	Female	Total
0.3	1.7	1.3		0.0	60.0	50.0
0.0	0.3	0.2		0.0	50.0	50.0
0.0	0.0	0.0		0.0	0.0	0.0
0.3	3.5	2.4		0.0	54.5	52.2
	repor diag Male 0.3 0.0 0.0	reported         ever diagnosed with following:           Male         Female           0.3         1.7           0.0         0.3           0.0         0.0	0.3         1.7         1.3           0.0         0.3         0.2           0.0         0.0         0.0	reported ever being diagnosed with the following:     had o or M       Male     Female     Total     Mal       0.3     1.7     1.3       0.0     0.3     0.2       0.0     0.0     0.0	reported ever being diagnosed with the following:         had com or MH           Male         Female         Total           0.3         1.7         1.3           0.0         0.3         0.2           0.0         0.0         0.0	reported ever being diagnosed with the following:     had contact with he or MH professional last 12 month       Male     Female     Total     Male     Female       0.3     1.7     1.3     0.0     60.0       0.0     0.3     0.2     0.0     50.0       0.0     0.0     0.0     0.0     0.0

\*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

**College students** 

reported <u>ever</u> being

\*Of those ever diagnosed,

had contact with healthcare

	0	nosed wit			or MH professional within			
Other Chronic /Ongoing Medical Conditions		following				st 12 montl	15	
Percent (%)	Male	Female	Total		Male	Female	Total	
Acne	22.1	28.8	27.0		36.6	43.6	41.8	
Allergies - food allergy	9.3	14.1	12.4		26.7	33.7	33.3	
Allergies - animals/pets	11.1	13.6	13.1		13.9	29.5	25.0	
Allergies - environmental (for example: pollen, grass,								
dust, mold)	25.2	29.2	28.5		19.8	36.3	31.5	
Asthma	14.6	16.3	15.9		17.0	47.7	38.3	
Cancer	0.3	0.6	0.5		0.0	50.0	40.0	
Celiac disease	0.3	1.1	0.8		0.0	33.3	28.6	
Chronic pain (for example: back or joint pain,								
arthritis, nerve pain)	3.7	8.2	6.8		66.7	77.4	73.5	
Diabetes or pre-diabetes/insulin resistance	1.9	3.0	2.6		83.3	65.0	70.4	
Endometriosis	0.0	4.7	3.2		0.0	61.3	60.6	
Gastroesophageal Reflux Disease (GERD) or acid								
reflux	2.2	5.3	4.4		42.9	67.6	59.1	
Heart & vascular disorders (for example: atrial								
fibrillation or other cardiac arrhythmia, mitral valve								
prolapse or other valvular heart disease, congenital								
heart condition)	1.2	2.7	2.3		50.0	55.6	56.5	
High blood pressure (hypertension)	4.0	3.2	3.5		61.5	47.6	52.8	
High cholesterol (hyperlipidemia)	3.4	4.3	3.8		45.5	63.0	57.9	
Irritable bowel syndrome (spastic colon or spastic								
bowel)	1.5	5.0	3.8		40.0	62.5	60.5	
Migraine headaches	5.9	14.3	11.5		42.1	56.4	53.4	
Polycystic Ovarian Syndrome (PCOS)	0.3	3.9	2.9		0.0	73.1	69.0	
Sleep Apnea	0.6	1.7	1.5		50.0	45.5	53.3	
Thyroid condition or disorder	0.9	3.0	2.4		33.3	80.0	75.0	
Urinary system disorder (for example: bladder or								
kidney disease, urinary reflux, interstitial cystitis)	1.2	1.5	1.7		50.0	40.0	35.3	
*Only students who reported ever heing diagnosed were asked about	contact wit	h a haalthaa	RA OR MANTO	Ihaal	th profactions	d within the las	t 17 months	

\*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

#### Students who reported being diagnosed with diabetes or pre-diabetes/insulin resistance, indicated they had:

	Percent (%)	Male	Female	Total
Type I Diabetes		40.0	25.0	28.6
Type II Diabetes		25.0	17.6	19.0
Pre-diabetes or insulin resistance		60.0	77.8	75.0
Gestational Diabetes		0.0	5.9	4.8

### K. Sleep

Reported amount of time to usually fall asleep at night (sleep onset latency):

	Percent (%)	Male	Female	Total
Less than 15 minutes		49.4	39.4	42.5
16 to 30 minutes		21.9	29.0	26.5
31 minutes or more		28.7	31.6	31.0

# Over the last 2 weeks, students reported the following average amount of sleep (excluding naps):

		On weeknights				
	Percent (%)	Male	Female	Total		
Less than 7 hours		52.8	50.7	51.2		
7 to 9 hours		46.3	47.7	47.5		
10 or more hours		0.9	1.7	1.4		

On weekend nights					
Male	Female	Total			
23.1	24.2	23.7			
67.6	65.2	66.3			
9.3	10.6	10.0			

Students reported the following on 3 or more of the last 7 days:

		Felt tired or sleepy during the day					
	Percent (%)	Male	Female	Total			
0 days		6.5	2.9	4.0			
1-2 days		28.6	16.3	19.8			
3-5 days		44.9	44.1	44.7			
6-7 days		20.0	36.7	31.5			

# Got enough sleep so that they felt rested

Ten resteu					
Male	Female	Total			
13.3	22.4	19.5			
39.5	40.5	40.1			
35.8	32.0	33.0			
11.4	5.2	7.4			

# **Demographics and Sample Characteristics**

Age			Students describe themselves as	
18 - 20 years:		52.8 %	Straight/Heterosexual:	79.1 %
21 - 24 years:		32.9 %	Asexual:	0.3 %
25 - 29 years:		6.9 %	Bisexual:	12.0 %
30+ years:		7.5 %	Gay:	1.4 %
Mean age: 22	2.0 years		Lesbian:	1.6 %
0	0.0 years		Pansexual:	2.0 %
U	-		Queer:	1.0 %
Gender*			Questioning:	2.1 %
Female:		64.3 %	Identity not listed above:	0.7 %
Male:		31.6 %	5	
Non-binary:		3.7 %		
* See note on page 2 regardin	ng gender categories			
Student status			Housing	
1 st year undergraduate:		28.6 %	Campus or university housing:	29.0 %
2nd year undergraduate		20.1 %	Fraternity or sorority residence:	0.2 %
3rd year undergraduate		19.4 %	Parent/guardian/other family:	31.3 %
4th year undergraduate:		13.7 %	Off-campus:	37.6 %
5th year or more underg		10.2 %	Temporary or "couch surfing":	0.7 %
Master's (MA, MS, MF		6.7 %	Don't have a place to live:	0.1 %
Doctorate (PhD, EdD, 1		0.3 %	Other:	1.2 %
Not seeking a degree:		0.0 %		
Other:		1.0 %		
o ului.		1.0 /0	Students describe themselves as	
Full-time student:		88.6 %	American Indian or Native Alaskan	1.6 %
Part-time student:		10.9 %	Asian or Asian American	8.4 %
Other student:		0.6 %	Black or African American	18.7 %
o dier stadent.		0.0 /0	Hispanic or Latino/a/x	9.8 %
			Middle Eastern/North African (MENA)	2.0 /0
■ Visa to work or stud	v in the US	7.7 %	or Arab Origin:	1.2 %
- visa to work or stud	y in the O.S.	1.1 70	Native Hawaiian or Other	1.2 /0
Relationship status			Pacific Islander Native:	0.5 %
Not in a relationship:		52.3 %	White:	63.3 %
In a relationship but not	t morriad/partnarad	40.8 %	Biracial or Multiracial:	5.4 %
Married/partnered:	i married/partitered.	6.9 %	Identity not listed above:	1.8 %
Married partiered.		0.9 /0	Identity not fisted above.	1.8 /0
Primary Source of E	Iealth Insurance		If Hispanic or Latino/a/x, are you	
College/university spor	isored SHIP plan:	2.6 %	Mexican, Mexican American, Chicano:	42.6 %
Parent or guardian's pla	in:	72.5 %	Puerto Rican:	17.8 %
Employer (mine or my	spouse/partners):	7.2 %	Cuban:	3.0 %
Medicaid, Medicare, SO	CHIP, or VA:	2.9 %	Another Hispanic, Latino/a/x, or	
Bought a plan on my ov	wn:	4.2 %	Spanish Origin:	42.6 %
Don't have health insura	ance:	7.9 %		
Don't know if I have he	alth insurance:	1.5 %	If Asian or Asian American, are you	
Have insurance, but do	n't know source:	1.2 %	East Asian:	32.6 %
			Southeast Asian:	29.1 %
Student Veteran:		2.6 %	South Asian:	31.4 %
		and the second sec	Other Asian:	7.0 %

First generation students	38.5 %	Participated in organized college athletics:	
(Proportion of students for whom no		Varsity:	1.1 %
parent/guardian have completed a		Club sports:	5.5 %
bachelor's degree)		Intramurals:	6.8 %
Do you have any of the following?		Member of a <u>social</u> fraternity or sorority:	
Attention Deficit/Hyperactivity Disorder		Greek member:	7.2 %
(ADD or ADHD):	13.8 %		
Autism Spectrum Disorder:	2.1 %		
Deaf/Hearing loss:	2.8 %		
Learning disability:	3.8 %		
Mobility/Dexterity disability:	0.9 %		
Blind/low vision:	3.3 %		
Speech or language disorder:	0.7 %		

## Appendix H Student Conduct and Academic Integrity Summary of AOD Cases 2018 – 2020

Between August 1, 2018 and July 31, 2020 SCAI recorded 296 incidents regarding 286 students who were charged with a substance-related violation. Demographically, students found in violation of campus policy were mostly males (57.34%) from the freshman class (75.52%). Students ranged from 17-27 in age, with an average age of 18.77. Most students in violation were between 18 and 20 years of age (89.53%). No other demographic information was available. Analysis by gender, age, and academic class found that age and academic class were significantly negatively correlated with the number of charges per incident, and only age was significantly positively correlated with sanctions per incident. There were an average 3.30 charges per incident, and an average 2.84 sanctions per incident.

55.41% of all incidents involved alcohol and 51.35% involved other drugs, with 6.76% of incidents including both. The most common charge was "The use or possession of alcohol by anyone under the legal drinking age of 21", with 48.31% of cases receiving that as at least one of the charges. 38.18% were charged with "Being present where a alcohol related violation is occurring, regardless of whether the resident/guest is using or possessing alcohol"; 30.07% "The use or possession of alcohol by any resident or guest, regardless of age, in a substance-free community"; and 27.7% with "Selling, possessing, distributing, or manufacturing any substance currently classified as a dangerous drug by the Georgia Controlled Substance Act or classified as illegal by state or federal law."

The top five sanctions were Wise Choices (81.42%), CYAAR reflection paper (45.61%), other educational or developmental remedy (38.51%), disciplinary probation (37.5%), and written reprimand (30.74%). CYAAR services (Wise Choices, Wise Choices group sanction, Meeting with CYAAR staff, and CYAAR clinical assessment) were sanctioned in 86.15% of cases. Analysis indicated students with charges involving illegal substances received more sanctions on average, and more severe sanctions. The Alcohol Consistency group on average received significantly more charges per incident and significantly less sanctions per incident when compared to the Drug Consistency group.

In fall 2018, there were 63 incidents, which increased by 93.7% in fall 2019 (122 incidents). There was also a significant increase in the average number of charges per incident between fall 2018 (3.08) and fall 2019 (3.75).

Of the 286 students, 10 were charged with a second offense and one with a third, a recidivism rate of 3.5%, with males more likely to re-offend.

In a consistency review, 63.19% of cases were given comparable sanctions when compared to other cases involving the same set of violations. In particular, there was significant variance between cases sanctioned by SCAI and those sanctioned by Housing and Residence Life.

# Kennesaw State University

# Drug-Free Schools and Communities Act (DFSCA) Biennial Review

Academic Years 2018-2019 & 2019-2020 Published: December 2020

# Presidential Acknowledgement

I, Pamela S. Whitten, Ph.D., President of Kennesaw State University, have reviewed and approve this Biennial Review report prepared by the Alcohol, Tobacco, and Other Drug (ATOD) Education and Prevention Coalition for the Academic Years 2018-2020 in compliance with the Drug-Free Schools and Communities Act.

Signed this <u>day of December</u>, 2020.



—DocuSigned by: Pamela Whitten