

CURRICULUM VITAE

KATE HARRINGTON, MSN, APRN, FNP-C

WellStar School of Nursing
520 Parliament Garden Way NW
Kennesaw, GA
(470) 578-6061

EDUCATION

- 2014-2017 Master's degree, University of Southern Indiana, Evansville, IN.
Summa Cum Laude
Family Nurse Practitioner
- 2009-2010 Bachelor's degree, Kennesaw State University, Kennesaw, GA.
Summa Cum Laude
Nursing
- 2000-2004 Bachelor's degree, Boston University, Boston, MA.
Magna Cum Laude
Hospitality Administration

CERTIFICATIONS AND LICENSES

- Georgia Board of Nursing; Registered Nurse
- Georgia Board of Nursing; Advanced Practice Nurse Practitioner #
- American Academy of Nurse Practitioners Certification Board; Family Nurse Practitioner. Expires 9/4/2027

PROFESSIONAL EXPERIENCE

- 2023-Present Clinical Lecturer, Kennesaw State University
- Course Coordinator and Lecturer for Clinical Pathophysiology for the undergraduate nursing program
 - Undergraduate nursing health assessment skills instructor
 - Lead 12-hour acute-care pediatric clinical rotations for undergraduate nursing students
- 2022-2023 Part-time Pediatric Clinical Faculty, Kennesaw State University.
- Responsible for guiding and supervising students in acute patient care during undergraduate pediatric clinical rotation
 - Led discussions on current research in pediatrics, oversaw medication administration, and taught nursing interventions during 12-hour shift at Children's Healthcare of Atlanta
- 2017-2023 Family Nurse Practitioner, Lifetime Family Medicine and Sleep Disorders.
- Responsible for diagnosing and treating pediatric through geriatric patients with acute and chronic health disorders including diabetes, cardiovascular disease, depression, ADHD, and sleep disorders

- Performed annual physical exams on pediatric through geriatric patient populations
 - Educated patients on disease state, preventive measures, lifestyle medicine, and treatment options
 - Evaluated treatment outcomes and adjusted therapy as needed
- 2011-2012 Registered Nurse in the Cardiac Intensive Care Unit, Children’s Healthcare of Atlanta
- Responsible for monitoring cardiac function in pediatric patients with acquired heart defects prior to and immediately after cardiac surgery
 - Managed electrolytes, vasoactive medications, chest tubes, and heart lines while educating parents on their child’s heart condition
- 2005-2008 Patient Coordinator and Front Office Manager, Golden Isles Center for Plastic Surgery
- Responsible for supervising and training front office employees
 - Worked with insurance companies to obtain surgery approval and appeals. Created and discussed surgery estimates with patients as the cosmetic surgery patient coordinator
 - Designed and organized the physician’s patient education seminars

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- American Academy of Nurse Practitioners
- Georgia Association of Nursing Education
- National League of Nursing
- Sigma Theta Tau, Mu Phi Chapter

HONORS AND AWARDS

Teaching:

- Faculty Who Made the Biggest Impact for Students During Their Time at KSU 2024
- Pinning Ceremony Presenter for the “Passing of the Flame” 2024
 - Wellstar School of Nursing Spring Graduating Class
- “Expanding the Nest” Innovator
 - Kennesaw State University’s Center for Excellence in Teaching and Learning 2024
- Awarded Affiliate Graduate Faculty Status 2024
 - Kennesaw State University’s Graduate College

Scholarship:

- Primary Care (PCTE-RTPC) HRSA Grant Fund Recipient, Graduate Student 2016 - 2017
 - University of Southern Indiana, Evansville, IN
- Lettie Pate Whitehead Graduate Scholarship Recipient, Full Ride 2014
- Georgie State University, Atlanta, GA
- Sigma Theta Tau Inductee 2010

- Lettie Pate Whitehead Undergraduate Scholarship Recipient 2009 - 2010
 - Kennesaw State University, Kennesaw, GA
- Boston University Academic Conduct Review Board Student Representative 2003
 - Boston University, Boston, MA

COURSES TAUGHT AT KENNESAW STATE UNIVERSITY

Course Number	Course Title	Number of Times Taught
NURS 3318	Parent-Child Nursing (Clinical)	14
NURS 3304	Clinical Pathophysiology for Nurses	3
NURS 3309	Health Assessment Skills Lab	3

PROFESSIONAL SERVICE: TEACHING, SUPERVISION, & MENTORING

Departmental Service:

Co-Chair, Fiscal and Physical Resource Committee	Fall 2024 - Present
Committee Member, Department Faculty Council	Fall 2023 - Present
Committee Member, Fiscal and Physical Resource Committee	Fall 2023- 2024

Guest Lectures:

K. Harrington (2024). *Diagnosing and Treating Pediatric ADHD*. Wellstar School of Nursing, Family Nurse Practitioner Program, Kennesaw, GA.

Undergraduate Student Mentoring:

Faculty Leader, Undergraduate Student Mentoring Group	Spring 2024
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INVITED PRESENTATIONS

Webinar Presentations:

Harrington, K. (2024). *Winning Strategies: Boosting Student Success for Every Brain, ADHD Included*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA. https://mediaspace.kennesaw.edu/media/Winning+Strategies/1_73inno5e

Harrington, K. (2024). *Student Success Toolkit- Critical Reading Skills Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA. https://mediaspace.kennesaw.edu/media/Critical+Reading+Skills+Part+I/1_66uj7tz9

Harrington, K. (2024). *Student Success Toolkit- Critical Reading Skills Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA. https://mediaspace.kennesaw.edu/media/Critical+Reading+Skills+Part+II/1_8ug45n73

Harrington, K. (2024). *Student Success Toolkit- Effective Note Taking Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA. https://mediaspace.kennesaw.edu/media/Effective+Note+Taking+Part+I/1_m6k57p3q

Harrington, K. (2024). *Student Success Toolkit- Effective Note Taking Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Effective+Note+Taking+Part+II/1_5hafma43

Harrington, K. (2024). *Student Success Toolkit- Effective Note Taking Part 3*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Effective+Note+Taking+Part+III/1_kvs6a4hv

Harrington, K. (2024). *Student Success Toolkit- Online Learning Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Online+Learning+Part+I/1_a7pqkwjo

Harrington, K. (2024). *Student Success Toolkit- Online Learning Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Online+Learning+Part+II/1_ap04190t

Harrington, K. (2024). *Student Success Toolkit- Professional Communication Skills Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Professional+Communication+Skills+Part+I/1_aa70g037

Harrington, K. (2024). *Student Success Toolkit- Professional Communication Skills Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Professional+Communication+Skills+Part+I/1_aa70g037

Harrington, K. (2024). *Student Success Toolkit- Organization Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Organization+Part+I/1_a22f04hr

Harrington, K. (2024). *Student Success Toolkit- Organization Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Organization+Part+II/1_hyw8ut2b

Harrington, K. (2024). *Student Success Toolkit- Organization Part 3*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Organization+Part+III/1_lgvtrtdt

Harrington, K. (2024). *Student Success Toolkit- Test Taking Strategies Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Test+Taking+Strategies+Part+I/1_rcfquh56

Harrington, K. (2024). *Student Success Toolkit- Test Taking Strategies Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Test+Taking+Strategies+Part+II/1_odnw2u7e

Harrington, K. (2024). *Student Success Toolkit- Test Taking Strategies Part 3*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Test+Taking+Strategies+Part+III/1_ucjle6pl

Harrington, K. (2024). *Student Success Toolkit- Time Management Part 1*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Time+Management%3A+The+Benefits+and+Time+Management+Personalities/1_l9uqtm4z

Harrington, K. (2024). *Student Success Toolkit- Time Management Part 2*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Time+Management%3A+Getting+Started+and+Prioritizing/1_8hkossfd

Harrington, K. (2024). *Student Success Toolkit- Time Management Part 3: Procrastination*. Wellstar College of Health and Human Services, Kennesaw State University, Kennesaw, GA.
https://mediaspace.kennesaw.edu/media/Time+Management%3A+Procrastination/1_eskvj102

Harrington, K. (2024). *Student Success When You Have ADHD*. Webinar presented for the Trio Program, Skagit Valley Community College, Bellingham, WA.

Harrington, K. (2023). *TRIO Spring Workshops: Surviving College with ADHD*. Webinar presented for Skagit Valley Community College, Bellingham, WA.
<https://www.youtube.com/watch?v=yk7PVM7gfml>

PUBLICATIONS

Harrington, K. (2024). “ADHD Brains Present Unique Challenges, But the Condition is Highly Treatable— a Primary Care Nurse Practitioner with ADHD Explains the Science.” *The Conversation*. <https://theconversation.com/profiles/kate-harrington-1531201/dashboard>

- International audience
- 51,500 reads

PEER REVIEWED PRESENTATIONS

National

Podium Presentations:

Harrington, K. & Hamash, K. (2025). Study Strategies of The Top 25% performers in Clinical Pathophysiology for Student Success. *National Coalition of Nursing Academic Coaches*.